



Early Learning Center

September 2023

Breakfast, Snack and Lunch Menus

Monday	Tuesday	Wednesday	Thursday	Friday
	12	13	14	15
No Preschool	Cereal* String Cheese Peaches and Milk Pretzels* Sunbutter Beef Taquitos* Corn Pineapple and Milk	English Muffin* String Cheese Mandarin Oranges and Milk Graham Crackers* 100% Fruit Juice Chicken Strips* Cucumbers Pears and Milk	Cereal* String Cheese Pears and Milk Animal Crackers* Milk Spaghetti* w/ Meat Sauce Cauliflower Peaches and Milk	Cheese Omelette Toast* Oranges and Milk Trail Mix 100% Fruit Juice Pizza* Broccoli Pears and Milk
	19	20	21	22
No Preschool	Scrambled Eggs Toast* Oranges and Milk Pretzels* Sunbutter Sweet & Sour Meatballs over Brown Rice* Broccoli, Applesauce and Milk	Cereal* Yogurt Banana and Milk Goldfish Crackers* 100% Fruit Juice Chicken Burgers* Peas Mandarin Oranges and Milk	Muffin Squares* String Cheese Dried Fruit and Milk Crackers* Dried Fruit Soft Pretzel* w/ Cheese Cauliflower Pears and Milk	Yogurt Graham Crackers* Applesauce and Milk Orange Slices String Cheese Corndog* Cucumber Fruit Mix and Milk
	26	27	28	29
No Preschool	Breakfast on a Stick* Orange Slices Milk Pretzels* 100% Fruit Juice Mozzarella Breadsticks* Cauliflower Apple and Milk	Bagel* Yogurt Pineapple and Milk Graham Crackers* Milk Chicken Noodle Soup* Crackers* String Cheese, Pears and Milk	Cereal* String Cheese Orange Slices and Milk Trail Mix* 100% Fruit Juice Bean & Cheese Burritos Broccoli Fruit Mix and Milk	French Toast* Yogurt Fruit Mix and Milk Crackers* String Cheese Chicken Nuggets* Corn Pineapple and Milk

Welcome back!

At least one item per day will be a *Whole Grain Rich Item

Milk served is Whole Milk for ages 1-2; 1% to ages 2 and older with Lactose-Free options

Fresh fruits and vegetables will be served as often as possible!

Water always available.

Menu is subject to change without notice.

This institution is an equal opportunity provider.

