

September

Berkshire Early Childhood Center 2023



Themes and Activities

We are continuing to explore community helpers. We are making our own "Sweet Treat Food Truck" and props to go with it to explore our "food helpers". Other helpers we are learning about include the following: (1) builders and fixers, (2) safety helpers. (3) health helpers, (4) transportation helpers, and (5) identifying helpers in our community. We are also working on exploring math, science, and reading through the theme of APPLES! YUM!

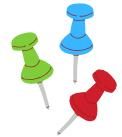


Dates to Remember



- Fridays are Show-n-Tell Days- Try to bring something that represents a community helper or the letters "P" or "B"
- October 26th- Conferences 6:00 p.m. Sign up for 15 min. slots coming soon.
- October 31st- Fall Party. Costumes, treats, and fun fall activities.

Reminders and Announcements



We are working on learning about the Zones of Regulation. Pre-K kiddos have a lot of big feelings that we can identify as being in four zones. In our calming corner, students discuss what zone they are in based on his/her feelings and what he/she can do to get to the GREEN (GO) zone. Green is for happy, calm, kind/respectful, focused, and helpful. We are super proud of the progress everyone had made in this area! Way to go!

