

Rawlins Middle School

September Lunch

2023

Monday	Tuesday	Wednesday	Thursday	Friday
	Service Times 6th grade 11:18 am - 11:48 am M-Th 10:57 am - 11:27 am Friday 7th Grade 12:04 pm - 12:34 pm M-Th 11:27 am - 11:56 am Friday 8th Grade 12:50 pm - 1:20 pm M-Th 11:56 am - 12:25 pm Friday			1 Cheese Pizza Marinara Cup Salad Bar Fresh Fruit Yogurt Cup Chocolate Milk White Milk
4 No School Today 	5 Fish Sticks Dinner Roll Salad Bar Fresh Fruit Yogurt Cup Chocolate Milk White Milk	6 Yogurt Parfait Sunflower Seeds Craisins Fresh Celery Cheese Stick Chocolate Milk White Milk	7 Chicken Nuggets Salad Bar Carrot Sticks Goldfish Cracker Fresh Fruit Chocolate Milk White Milk	8 Personal Pan Pizza Marinara Cup Salad Bar Chilled Pears Yogurt Cup Chocolate Milk White Milk
11 BBQ Riblet Sandwich Crinkle Fries Salad Bar Fresh Fruit Chocolate Milk White Milk	12 Red Chili Cinnamon Roll Cheese Stick Salad Bar Fresh Veggie Chilled Fruit Chocolate Milk White Milk	13 General Tso's Chicken Rice Sugar Snap Peas Salad Bar Chilled Fruit Yogurt Cup Chocolate Milk White Milk	14 Breaded Chicken Sandwich Bun Salad Bar Baked Beans Canned Fruit Chocolate Milk White Milk	15 Cheese Pizza Salad Bar Fresh Fruit Marinara Cup Chocolate Milk White Milk
18 No School Today Professional Development	19 Nachos Salad Bar Refried Beans Fresh Veggie Fresh Fruit Chocolate Milk White Milk	20 Mandarin Orange Chicken Rice Salad Bar Canned Fruit Yogurt Cup Chocolate Milk White Milk	21 Breakfast for Lunch Hashbrown Patty Cheese Stick Salad Bar Graham Snack Juice Chocolate Milk White Milk	22 Personal Pan Pizza Marinara Cup Salad Bar Chilled Pears Yogurt Cup Chocolate Milk White Milk
25 Tomato Soup Cheesy Breadstick Salad Bar Fresh Veggie Fresh Pear Yogurt Cup Chocolate Milk White Milk	26 Tamales Refried Beans Veggie Chips & Salsa Salad Bar Fresh Fruit Chocolate Milk White Milk	27 Teriyaki Chicken Rice Salad Bar Variety Fresh Veggie Tangerine Whole Chocolate Milk White Milk	28 Cheese Burger Crinkle Fries Salad Bar Fresh Fruit Chocolate Milk White Milk	29 Pizza Salad Bar Fresh Fruit Marinara Cup Chocolate Milk White Milk

This institution is an equal opportunity provider.

MENU SUBJECT TO CHANGE WITHOUT NOTICE

A variety of condiments available where applicable.

