



2	3	4	5	6
Popcorn Chicken Bowl Mashed Potatoes, Gravy, Corn, Chees Dinner Roll Salad Bar Fruit Bar Milk	English Muffin Breakfast Sandwich (Sausage, Egg and Cheese) Hash Brown Coins Salad Bar Fruit bar Milk	Cherry Blossom Chicken Brown Rice Sesame Broccoli Fortune Cookie Salad Bar Fruit Bar Milk	WG Chicken Parmesan with a side of Penne Pasta Seasoned Green Beans Salad Bar Fruit Bar Milk	WG Toasted Cheese Sandwich Tomato Soup Multi Colored Tater Tots Salad Bar Fruit Bar Milk
9	10	11	12	13
WG Chicken Nuggets Mashed Potatoes and gravy Carrot Coins WG Dinner Roll Salad Bar Fruit Bar Milk	Beefy Cheesy Nachos or Taco Salad Bowl Shredded lettuce and toppings Refried Beans Salad Bar Fruit Bar Milk	Fiestada Corn Salad Bar Fruit Bar Milk	WG Chicken Alfredo w/Fettuccine Noodles Sicilian Vegetables Salad Bar Fruit Bar Milk	NEOEA Day 
16	17	18	19	20
WG Chicken Tenders Mashed Potatoes and gravy Dinner Roll Salad Bar Fruit Bar Milk	Chipotle Chicken Wrap Rice and Beans Lettuce and Cheese Salad Bar Fruit Bar Milk	Cherry Blossom Chicken Brown Rice Sesame Broccoli Fortune cookie Salad Bar Fruit Bar Milk	Spaghetti with Meatballs Italian Green Beans WG Dinner Roll Salad Bar Fruit Bar Milk	Staff Professional Development 
23	24	25	26	27
Two Chicken Tender Wraps Baked Potato Smiles Salad Bar Fruit Bar Milk	Beefy Cheesy Nachos or Taco Salad Bowl Shredded lettuce and toppings Refried beans Salad Bar Fruit Bar Milk	Meatball Dunkers Bosco Cheese Sticks Salad Bar Fruit Bar Milk	Penne Pasta with Meatsauce Sicilian Vegetables Dinner Roll Salad Bar Fruit Bar Milk	Mac and Cheese Dinner Roll Steamed Broccoli Salad Bar Fruit Bar Milk
30	31			
Popcorn Chicken Bowl Mashed Potatoes, Gravy, Corn, Chees Dinner Roll Salad Bar Fruit Bar Milk	English Muffin Breakfast Sandwich (Sausage, Egg and Cheese) Hash Brown Coins Salad Bar Fruit bar Milk		Important update: Due to manufacturer supply shortages, we may need to change the menu items without notice. We will do our best to have a similar item, but cannot guarantee it is the same as what the students usually get.	<i>Lunch price of \$3.60 includes 5 components: Protein, Grain, Fruit, Vegetable &amp; Milk. Students must choose 3-5 components, one being a fruit or vegetable.</i>

Email Deanne Kelbley, RD, LD, SNS with any questions about the National School Breakfast & Lunch Programs: [deanne\\_kelbley@amherstk12.org](mailto:deanne_kelbley@amherstk12.org)

Menu subject to change based upon food availability

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