

GO AMHERST COMETS!

OCTOBER AJH Lunch Menu

Menu subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 CHICKEN NUGGETS SMILES CALZONE SALAD LUNCH FRUIT/VEG CHOICES MILK	3 BEEFY CHEESY NACHOS RICE/ REFRIED BEANS AJH PIZZA SALAD LUNCH FRUIT/VEG CHOICES MILK	4 CHICKEN PATTY W/ BAKED WAFFLE FRIES AJH PIZZA SALAD LUNCH FRUIT/VEG CHOICES MILK	5 MOZZARELLA STICKS w. MARINARA SAUCE AJH PIZZA SALAD LUNCH FRUIT/VEG CHOICES TREAT /MILK	6 HOT DOG w chips PIZZA CRUNCHERS SALAD LUNCH FRUIT/VEG CHOICES BAKED BEANS/MILK
9 FIESTADAS FRENCH BREAD PIZZA SALAD LUNCH REFRIED BEANS/FIESTA RICE FRUIT/VEG CHOICES MILK	10 CHICKEN TENDERS BAKED SMILES AJH PIZZA SALAD LUNCH FRUIT/VEG CHOICES MILK	11 CHICKEN PATTY W/ BAKED TOTS AJH PIZZA SALAD LUNCH FRUIT/VEG CHOICES MILK	12 Toasted cheese Sandwich or BBQ RIBLET SANDWICH SALAD LUNCH AJH PIZZA FRUIT/VEG CHOICES MILK	13 NO SCHOOL
NATIONAL SCHOOL LUNCH WEEK - WILD ABOUT SCHOOL LUNCH				
16 TACO SALAD or STROMBOLI FRENCH BREAD PIZZA SALAD LUNCH REFRIED BEANS/FIESTA RICE FRUIT/VEG CHOICES MILK	17 POPCORN CHICKEN BOWL w/ mashed potatoes & corn AJH PIZZA FRUIT/VEG CHOICES MILK	18 CHICKEN PATTY W/ BAKED SMILES AJH PIZZA FRUIT/VEG CHOICES MILK	19 BOSCO STICKS w/marinara AJH PIZZA FRUIT/VEGS CHOICES MILK TREAT	20 NO SCHOOL CHEESEBURGER w/ BAKED CHIPS PIZZA CRUNCHERS FRUIT/VEG CHOICES BAKED BEANS MILK
23 WALKING TACO SALAD LUNCH FRENCH BREAD PIZZA Rice and refried beans FRUIT/VEG CHOICES MILK	24 POPCORN CHICKEN W/ TRI TATERS AJH PIZZA SALAD LUNCH FRUIT/VEG CHOICES MILK	25 CHICKEN PATTY W/ BAKED SMILES AJH PIZZA SALAD LUNCH FRUIT/VEG CHOICES MILK	26 MACARONI and CHEESE w/a soft pretzel AJH PIZZA SALAD LUNCH FRUIT/VEG CHOICES MILK	27 SP. CHICKEN PATTY OR Grilled chicken w/ chips PIZZA CRUNCHERS SALAD LUNCH FRUIT/VEG CHOICES BAKED BEANS/MILK
30 FIESTADAS OR BUFFALO CHICKEN DIP w/CHIPS FRENCH BREAD PIZZA SALAD LUNCH FRUIT/VEG CHOICES	31 BONELESS WINGS W/ TRI TATERS AJH PIZZA SALAD LUNCH FRUIT/VEG CHOICES	<p>National School Lunch Week Show us your favorite School Lunches on Twitter! #NSLW21 / #SchoolLunch Tag @SNS_Amherst</p>		<p>Important update: Due to manufacturer supply shortages, we may need to change the menu items without notice. We will do our best to have a similar item, but cannot guarantee it is the same as</p>
			<p>Cost for Breakfast \$2.35 Cost Lunch \$3.60 Reduced cost Breakfast \$.30 Lunch \$.40 Milk by itself costs \$.50. Please visit www.payschoolscentral.com</p>	