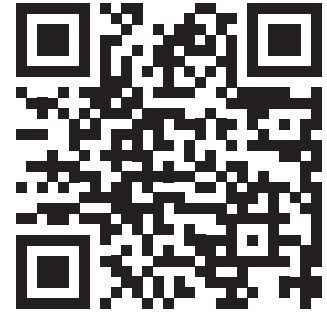


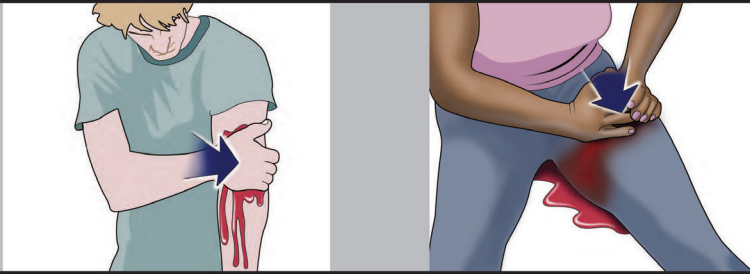
ABCs of Bleeding

- **A** **ALERT**
Call 9-1-1
- **B** **BLEEDING**
Find the bleeding injury
- **C** **COMPRESS**
Apply pressure to stop the bleeding by:

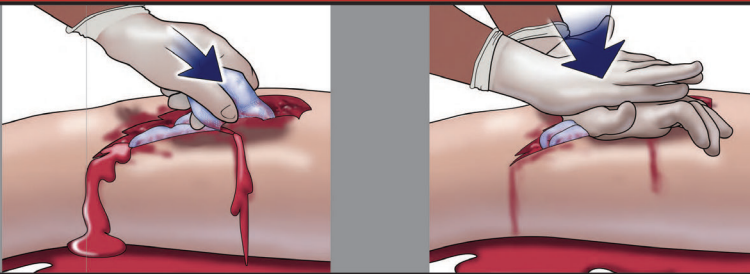


SCAN
FOR VIDEO INSTRUCTIONS

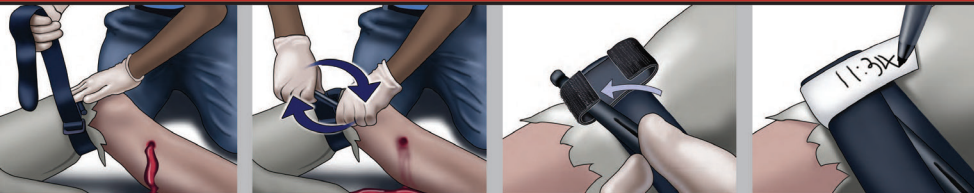
1 APPLY PRESSURE WITH HANDS



2 APPLY DRESSING AND PRESS



3 APPLY TOURNIQUET



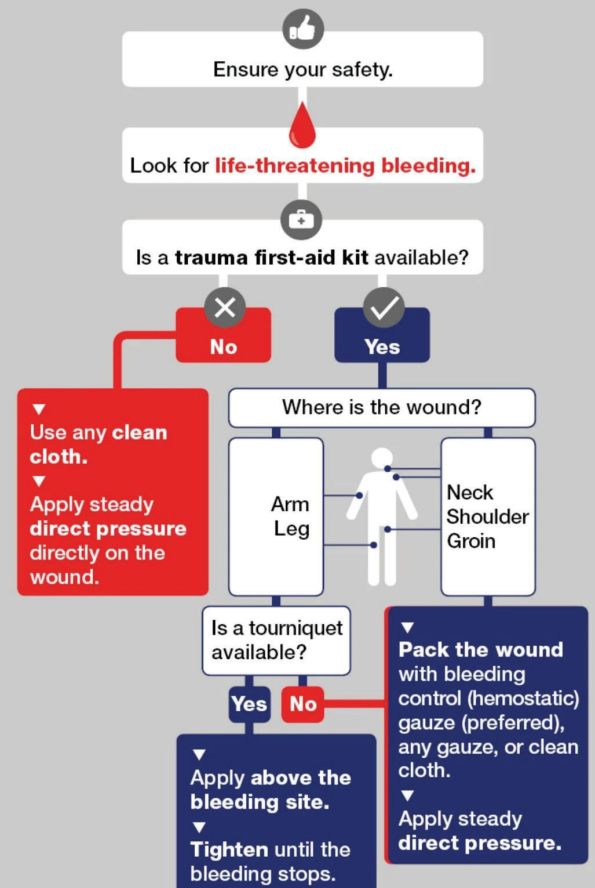
WRAP

WIND

SECURE

TIME

What everyone should know to stop bleeding after an injury



CONTROL
THE BLEED

DCH
Health System®