



SANTA FE SOUTH CHARTER SCHOOLS Counselor Corner

| NOVEMBER 2022 |

Thanksgiving Break - NO SCHOOL

November 21-25

Why is it important to be thankful?

Improves physical and mental health
Helps with sleep

Might help provide hop e, patience and self-control

How to show gratitude

Practice good manners like saying "thank you"

Notice and celebrate the small things

Provide praise "thank you for picking up your toys"

Be patient – it takes time to notice things, identify gratitude and show appreciation



Look what's happening at school...

Penn Elementary

Annual Food Drive

November 14-18. This is a great opportunity to teach students the value of giving back to the community.

Ms. McCracken is providing wholegroup lessons on gratitude, respect and kindness.

Coming event - December 8

4th grade concert. You don't want to miss it.

Hills Elementary

Coffee with principal *November* 30.

Ms. Berry is providing wholegroup lessons on friendship skills.

Healthy Kid TIP: Read to your child 20 minutes a day to expand vocabulary, improve emotional intelligence and more.



Spero Lower Elementary

We recently held our Trunk-or-Treat event which was a huge success! Our community really turned out to let the kids enjoy a math or literacy activity, play games, and Trunk-or-Treat in costume! This was also a fund-raising opportunity to help a Spero family in need, and our school raised \$426.50 to go towards that support.

I-Care Cat continues to visit and teach students how to be civil with one another, and we recently celebrated 18 of these students at lunch time with Happy Meals! They do a great job of showing they care about others around them! We will celebrate 18 more students at the end of the second quarter!

Finally, our staff all works so hard to go above and beyond when serving our families, but these two staff members were selected for just that little extra! Congratulations to Allison Lea and Kenia Velasco for being our Above and Beyond staff members!

Spero Upper Elementary

Spero has been off to a great year.

- In September we held data meetings with a large family presence. At our Student of the Month we honored 8 students, two from each grade.
- We handed out bags of food from the food bank to 22 families. We celebrated Hispanic heritage week followed by a family gathering festival.
- We had a family picnic and it was attended by about 150 families.
- 27 families received food from the regional food bank.
- 42 students were recognized for perfect attendance for the first quarter.
- Trunk or Treat was held the last week in October and was attended by many families.

Ms. Stapleton has met with 122 individual students, 10 small groups and 53 parent contacts in the first quarter.

Santa Fe South High School

Seniors applying to colleges and scholarships. Students are thrilled to receive acceptance letters and put college stickers on the Senior Bio letter wall.

Seniors have been visited recently by Armed Forces recruiters, and recruiters from the Oklahoma City Fire Department.

Upperclassmen participated in the Build My Future event on October 26th at the Oklahoma City Fairgrounds. The event focused on increasing student exposure to skilled trade jobs. Students got to network with home builders, electricians, plumbers, roofing companies and more during the event. Plus one lucky SFS HS student won a \$50 gift card driving a toy forklift!

Sophomores are anxiously awaiting test scores from the October 28th, Pre-ACT. 10th graders visited SWOSU on November 8th and 15th in Weatherford. The student union lunch buffet was a highlight for many!

Metro Tech has been visiting our 10th grade TEAMs, giving presentations and signing up students for the Open House on Wednesday November 16th.

In December our focus will turn to credits, grades, and helping students finish the 1st semester on a positive note. The first semester has flown by.

IMPORTANT DATES:

- Tuesday 11/15: 10th grade Campus Visit to SWOSU in Weatherford (All Day)
- Wednesday 11/16: 10th grade to Metro Tech Springlake Open House Event (11:30 AM- 2:00 PM)
- Monday 11/21-11/25: Thanksgiving Break
- Saturday 12/10: National ACT Test Day
- Friday 12/16: Last day for SENIORS to submit missing OK Promise information