

# SANTA FE SOUTH CHARTER SCHOOLS

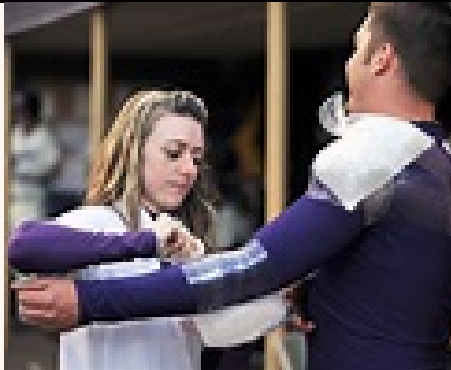


## Athletic Training

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### What is an Athletic Trainer?

- specialize in the management, prevention, and recovery of injured athletes.
- are the first medical professionals on the scene after an injury.
- collaborate with doctors to provide emergency and follow-up care
- develop injury prevention and treatment programs for injured athletes.



### Job Skills

- Provide emergency & follow-up care of injuries
- Apply tape, bandages, & braces to protect or prevent injuries
- Evaluate injuries & provide first aid
- Implement rehabilitation programs for injured athletes
- Develop injury prevention programs
- Promote wellness and nutrition education
- Liaison with orthopedic physicians

### When am I available?

- Mon-Fri during 7th period until the end of practice in Alpha (sports complex)
- Lunch treatments in A. Salgado's classroom

### How to see the doctor?

- Work with SSM-Health Oklahoma Sports & Orthopedic Institute (OSOI) to get athletes seen by sports medicine doctor with in 48 hours after injury
  - Will receive x-rays, comprehensive exam by orthopedic doctor, and treatment plan



For more information please contact me a  
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