

Santa Fe South Charter School Athletics Emergency Action Plans



INTRODUCTION

Emergency situations may arise at any time during athletic events. Expedient action must be taken in order to provide the best possible care to the athletes of emergency and/or life threatening conditions. The development and implementation of an emergency plan will help ensure that the best care will be provided.

Santa Fe South has a duty to develop an emergency plan that may be implemented immediately when necessary and to provide appropriate standards of health care to all sports participants. As athletic injuries may occur at any time during any activity, the sports medicine team must be prepared. The preparation involves formulation of an emergency plan, proper coverage of events, maintenance of appropriate emergency equipment and supplies, utilization of appropriate emergency medical personnel, and continuing education in the area of emergency medicine. Hopefully, through careful pre-participation physical screenings, adequate medical coverage, safe practices and training techniques and other safety avenues, some potential emergencies may be averted. However, accidents and injuries are inherent with sports participation and proper preparation on the part of the sports medicine team will enable each emergency situation to be managed appropriately.

Components of the Emergency Plan

There are three basic components of this plan:

- Emergency Personnel**
- Emergency communication**
- Emergency equipment**

Emergency Plan Personnel

With practice and competition at Santa Fe South, the first responder to any emergency is typically a member of the sport medicine staff, most commonly a certified athletic trainer. A team physician may not always be present at every organized practice or competition. The type and degree of sports medicine coverage for an athletic event may vary widely, based on such factors as sport or activity, setting, and the type of training or competition. The first responder in some instances may be a coach or other institutional personnel. Certification in cardiopulmonary resuscitation (CPR), first aid, prevention of disease transmission, and emergency plan review is required for all athletics personnel associated with practices, competitions, skills instruction, and strength and conditioning.

The development of any emergency plan cannot be complete without the formation of an emergency team. The emergency team may consist of a number of healthcare providers including physicians, emergency medical technicians, certified athletic trainers, work/study student aids(SW SA), coaches, and managers. Roles of these individuals within the emergency team may vary depending on various factors such as the number of members of the team, the athletic venue itself, or the preference of the head athletic trainer. There are four basic roles within the emergency team. The first and most important role is the immediate care of the athlete. Acute care in an emergency situation should be provided by the most qualified individual on the scene. Individuals with lower credentials should yield to those with more appropriate training. The second role, equipment retrieval, may be done by anyone on the emergency team who is familiar with these types and location of the specific equipment needed. Athletic training students, managers, and coaches are good choices for this role. The third role, EMS activation, may be necessary in situations where emergency transportation is not already present at the sporting event. This should be done as soon as the situation is deemed an emergency or a life-threatening event. Time is the most critical factor under emergency conditions. This person should also be familiar with the location and address of the sporting event. After EMS has been activated, the fourth role in the emergency team should be performed, that of directing EMS to the scene. One member of the team should be responsible for meeting the emergency medical personnel as they arrived at the site of contest. Depending on ease of access, this person should have keys to any locked gates or doors that may slow the arrival of medical personnel. An athletic training student, manager, or coach may be appropriate for this role.

ROLES WITHIN THE EMERGENCY TEAM

- Immediate care of the athlete
- Emergency equipment retrieval
- Activation of the Emergency Medical System
- Direction of EMS

ACTIVATING THE EMS SYSTEM

Making the Call:

- 911

- Telephone numbers for local police, fire department, and ambulance service

Providing Information:

- Name, address, telephone number of caller

- number of athletes

- condition of athlete(s)

- First aid treatment initiated by first responder

- Specific directions as need to locate the emergency scene

- Other information as requested by dispatcher

When forming the emergency team, it is important to adapt the team to each situation or sport. It may also be advantageous to have more than one individual assigned to each role. This allows the emergency team to function even though certain members may not always be present.

EMERGENCY COMMUNICATION

Communication is the key to quick delivery of emergency care in athletic trauma situations. Athletic trainers and emergency medical personnel must work together to provide the best possible care to injured athletes. Communication prior to the event is a good way to establish boundaries and to build rapport between both groups of professionals. If emergency medical transporting is not available on site during a particular sporting event then direct communication with emergency medical system at the time of injury or illness is necessary.

Access to working telephone or other telecommunications device, whether fixed or mobile, should be assured. The communications systems should be checked prior to each practice or competition to ensure proper working order. A back-up communication plan should be in effect should there be failure of primary communication system. The most common method of communication is a public telephone. However, a cellular phone is preferred if available. At any athletic venue, whether home or away, it is important to know the location of a workable telephone. Pre-arranged access to the phone should be established if it is not easily accessible.

EMERGENCY EQUIPMENT

All necessary emergency equipment should be at the site and quickly accessible. Personnel should be familiar with the function and operation of each type of emergency equipment. Equipment should be in good operation condition, and personnel must be trained in advance to use it properly. Emergency equipment should be checked on a regular basis and use rehearsed by emergency personnel. The emergency equipment available should be appropriate for the level of training for the emergency medical providers.

It is important to know the proper way to care for and store the equipment as well. Equipment should be stored in a clean and environmentally controlled area. It should be readily available when emergency situations arise.

TRANSPORTATION

Emphasis is placed at having an ambulance on site at high risk sporting events. EMS response time is additionally factored when determining on site ambulance coverage. Santa Fe South coordinates on site

ambulances for completion if deemed necessary. Ambulances may be coordinated on site for other special events/sports, such as major tournaments. In the event that an ambulance is on site, there should be a designated location with rapid access to the site and a cleared route for entering/exiting the venue.

In the emergency evaluation, the primary survey assists the emergency care provider in identifying emergencies requiring critical intervention and in determining transport decisions. In an emergency situation, the athlete should be transported by ambulance, where the necessary staff and equipment is available to deliver appropriate care. Emergency care providers should refrain from transporting unstable athletes in inappropriate vehicles. Care must be taken to ensure that the activity areas are supervised should the emergency care provider leave the site in transporting the athlete.

CONCLUSION

The importance of being properly prepared when athletic emergencies arise cannot be stressed enough. An athlete's survival may hinge on how well trained and prepared athletic healthcare providers are. It is prudent to invest athletic department "ownership" in the emergency plan by involving the athletic administration and sport coaches as well as sports medicine personnel. The emergency plan should be reviewed at least once a year with all athletic personnel, along with CPR and first aid refresher training. Though devolvement and implementation of the emergency plan, Santa Fe South helps ensure that athlete will have the best care provided when an emergency situation does arise.

Emergency Action Plan for Santa Fe South Sports Complex (Basketball, weight room, volleyball, wrestling, indoor facility)

Emergency Personnel: Certified Athletic Trainer site for practices and competition (if available); ambulance available by phone 911.

Emergency Communication: Personal cell phone.

Emergency Equipment: Supplies (Med kit, splint bag) maintained on the sidelines during competition or in the Athletic Training Facility in the field house. An AED is also located on the wall on east side entrance just past the first door.



Roles of first Responders:

- Immediate care of the injured or ill student-athlete
- Emergency equipment retrieval
- Activation of emergency Medical system (EMS)
- Call 911
 - Provide name
 - Address **5000 S Santa Fe Ave, Oklahoma City, OK 73109**
 - Telephone Number **personal cell**
 - Number of individuals injured
 - Condition of injured
 - First aid treatment
 - Specific directions (see below)
 - Other information as requested
- Direction of EMS to scene
- Open appropriate gates
- Designate individual to “flag down” EMS and direct to scene (*corner of Santa Fe or corner of Shields*)
- Scene control
- Limit scene to first aid providers and move bystanders away from area

Venue Directions: is located 1/2 mile south of Santa Fe South Elementary School on the in between S Santa Fe Ave, and Shields Blvd. there are two entrances to access the facility.

1. Primary entrance: The front of the workout facility on the east side of S Santa Fe Ave.
2. Secondary entrance: A back entrance on the west side of Shields Blvd.

GPS Coordinates (In the event of the need for a medical helicopter transport): 35.415512, -97.510605

Emergency Action Plan for Spero Upper Elementary (Basketball, volleyball)

Emergency Personnel: Certified Athletic Trainer site for practices and competition (if available); ambulance available by phone 911.

Emergency Communication: Personal cell phone.

Emergency Equipment: Supplies (Med kit, splint bag) maintained on the sidelines during competition or in the Athletic Training Facility in the field house. An AED is also located on the west wall (left hand side) when entering the main doors

Roles of first Responders:

- Immediate care of the injured or ill student-athlete
- Emergency equipment retrieval
- Activation of emergency Medical system (EMS)
- Call 911
 - Provide name
 - Address: **4712 S Santa Fe Ave, Oklahoma City, OK 73109**
 - Telephone Number **personal cell**
 - Number of individuals injured
 - Condition of injured
 - First aid treatment
 - Specific directions (see below)
 - Other information as requested
- Direction of EMS to scene
- Open appropriate gates
- Designate individual to “flag down” EMS and direct to scene (*corner of Santa Fe at facility entrance*)
- Scene control
- Limit scene to first aid providers and move bystanders away from area

Venue Directions: is located 0.2 miles south of 44th St on the east side of South Santa Fe Ave. The entrance is located directly south of the white elementary school but north of the brick building.

1. Basketball/Volleyball: Entrance into elementary school and straight into the gymnasium
2. Soccer practice field: Entrance on south side of elementary school under elevated breezeway connected to brick building and white metal building (locker room) or just east of the locker room where EMS can drive onto field.

GPS Coordinates (In the event of the need for a medical helicopter transport):

Gym: 35.418268, -97.512035

Practice Field: 35.417254, -97.511998



Emergency Action Plan for Game Field (Soccer)

Emergency Personnel: Certified Athletic Trainer site for practices and competition (if available); ambulance available by phone 911.

Emergency Communication: Personal cell phone.

Emergency Equipment: Supplies (Med kit, splint bag) maintained on the sidelines during competition or in the Athletic Training Facility in the field house. An AED is also located on the west wall (left hand side) when entering the main doors

Roles of first Responders:

- Immediate care of the injured or ill student-athlete
- Emergency equipment retrieval
- Activation of emergency Medical system (EMS)
- Call 911
 - Provide name
 - Address : **4712 S Santa Fe Ave, Oklahoma City, OK 73109**
 - Telephone Number **personal cell**
 - Number of individuals injured
 - Condition of injured
 - First aid treatment
 - Specific directions (see below)
 - Other information as requested
- Direction of EMS to scene
- Open appropriate gates
- Designate individual to “flag down” EMS and direct to scene (*corner of Santa Fe at facility entrance*)
- Scene control
- Limit scene to first aid providers and move bystanders away from area

Venue Directions: is located on the east side of Santa Fe South Elementary School (On the southeast part of intersection of S Santa Fe Ave and SE 46th St). There are three entrances to access the Game Field.

1. Primary entrance: The front of the elementary school on the east side of S Santa Fe Ave.
2. Secondary entrance: north Side of the elementary school on the south side of SE 46th St.
3. Tertiary entrance: A church parking lot on the east side of the Game field on the south side of SE 46th street

GPS Coordinates (In the event of the need for a medical helicopter transport): 35.418164, -97.510810 (GAME FIELD)



Emergency Action Plan for Baseball/Softball Complex (Baseball, Softball)

Emergency Personnel: Certified Athletic Trainer site for practices and competition (if available); ambulance available by phone 911.

Emergency Communication:
Personal cell phone.

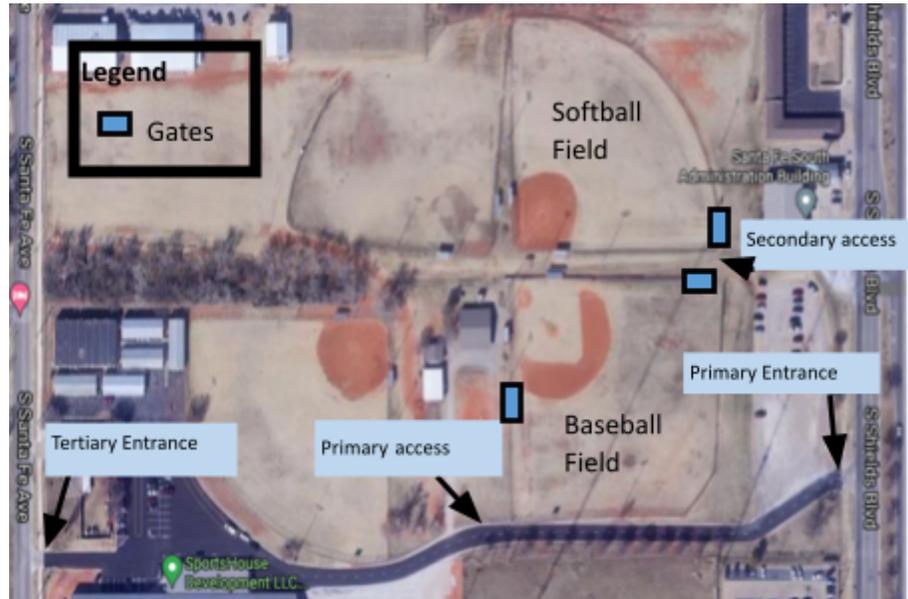
Emergency Equipment: Supplies (Med kit, splint bag) maintained on the sidelines during competition or in the Athletic Training Facility in sports complex. An AED is also located on the west wall (left hand side) when entering the main doors

Roles of first Responders:

- Immediate care of the injured or ill student-athlete
- Emergency equipment retrieval
- Activation of emergency Medical system (EMS)
- Call 911

- Provide name
- Address : **4825 S Shields Blvd, Oklahoma City, OK 73129**
- Telephone Number **personal cell**
- Number of individuals injured
- Condition of injured
- First aid treatment
- Specific directions (see below)
- Other information as requested

- Direction of EMS to scene
- Open appropriate gates
- Designate individual to “flag down” EMS and direct to scene (*corner of Santa Fe at facility entrance*)
- Scene control
- Limit scene to first aid providers and move bystanders away from area



GPS Coordinates (In the event of the need for a medical helicopter transport) (GAME FIELD)
Baseball: 35.416606, -97.509828
Softball: 35.416968, -97.509788

Venue Directions: baseball and softball fields are located off the west side of Shields Blvd, 0.2 miles from the intersection of 44th St.

1. Primary entrance: Entrance is just south of the SFS administration building, but before The Car Store. Able to see baseball field from entrance along the paved road leading to the sports complex. Entrance to fields will be on the north side past the wooden ticket booth.
 - a. Baseball: There is ambulance access on the east side of the baseball field along the first base line.
 - b. Softball: Drive up to concession stand, and there are stairs leading down to softball field. Accessible via dugouts.
2. Secondary entrance:
 - a. Baseball: Left field foul pole on the north side there is an open area by the portable batting cage accessible from parking lot just off Shields Blvd.
 - b. Softball: Right field foul pole gate accessible from parking lot just off Shields Blvd.
3. Tertiary entrance: Off of Santa Fe Ave.