



Monday September 11, 2023			Dining Hall Hours
Breakfast Grill	Cage Free Scramble Eggs, Breakfast Potatoes, Applewood Smoked Bacon, Sausage	\$4.95	Breakfast - 7:00-8:00 am Snack - 9:25-9:40 am Lunch - Both Lunches After School Treats - 2:40-3:00 pm
Meatless Monday!!	Cajun Alfredo Pasta: Bloomsdale Spinach, Sautéed Dweley Farms Bell Peppers, Gilroy Garlic Bread	\$7.95	
Kitchen Table	Grass-fed Beef Meatloaf: Wild Mushroom Gravy, Garlic Mashed Potatoes, Roasted Boggatio Broccoli	\$7.95	
Market Grill	Grilled Grass-fed Burgers w/ Housemade Chips	\$7.95	
Stone Hearth Oven	Assorted Pizza: Cheese, Pepperoni, Combination	\$7.95	
Take Away	Assorted Gourmet Sandwiches and Salads	6.50 - 6.95	
After School Treats	Fresh Fruit Smoothies	4.50-4.95	
Tuesday September 12, 2023			Breakfast Boosters
Breakfast Grill	Cage Free Scramble Eggs, Breakfast Potatoes, Applewood Smoked Bacon, Sausage	\$4.95	Organic yogurt, house made granola and assorted organic fruits
Platillos Latinos	Taco Tuesday!!! Birria Street Tacos w/ Slow Cooked Black Beans, Spanish Rice, Housemade Salsa	\$7.95	
Platillos Latinos	Burrito Bowl Hatch Green Chile Chicken, Black Beans, Spanish Rice	\$7.95	
Market Grill	Grilled Grass-fed Burger w/ Housemade Chips	\$6.95	
Stone Hearth Oven	Assorted Pizza: Cheese, Pepperoni, Combination	\$6.95	
Take Away	Assorted Gourmet Sandwiches and Salads	6.50 - 6.95	
After School Treats	Housemade Macaroni and Cheese	4.50 - 4.95	
Wednesday September 13, 2023			Offered Daily
Breakfast Grill	Cage Free Scramble Eggs, Breakfast Potatoes, Applewood Smoked Bacon, Sausage	\$4.95	Fresh Garden Salad Bar with organic vegetables, assorted toppings and house made dressing!
American BBQ Series	Amarillo, TX: Coca Cola BBQ Brisket: Cheesy Potato Caserole, Slow Braised Ratto Ranch Collard Green	\$7.95	
Global Adventure	Free Range Chicken Teriyaki: Jasmine Rice, Fitz Farm Bok Choy, Baby Carrot Stir Fry Medley	\$7.95	
Market Grill	Grilled Grass-fed Burger w/ Housemade Chips	\$6.95	
Stone Hearth Oven	Assorted Pizza: Cheese, Pepperoni, Combination	\$6.95	
Take Away	Assorted Gourmet Sandwiches and Salads	6.50 - 6.95	
After School Treats	Carne Asada Nachos	4.50 - 4.95	
Thursday September 14, 2023			
Breakfast Grill	Cage Free Scramble Eggs, Breakfast Potatoes, Applewood Smoked Bacon, Sausage	\$4.95	
Market Grill	Maneet's Indian Taco Bowls: Steamed Basmati Rice, Curry Free Range Chicken, Tomato, Lettuce, Clo	\$7.95	
Kitchen Table	Housemade Bolognese Lasagna, Seasonal Roasted Vegetables, Gilroy Garlic Bread	\$7.95	
Market Grill	Grilled Grass-fed Burger w/ Housemade Chips	\$6.95	
Stone Hearth Oven	Assorted Pizza: Cheese, Pepperoni, Combination	\$6.95	
Take Away	Assorted Gourmet Sandwiches and Salads	6.50 - 6.95	
After School Treats	Free Range Buffalo Chicken Wraps w/ Housemade Chips	4.50 - 4.95	
Friday September 15, 2023			
Breakfast Grill	Cage Free Scramble Eggs, Breakfast Potatoes, Applewood Smoked Bacon, Sausage	\$4.95	
American BBQ Series	Santa Maria BBQ Grilled Tri-Tip, Piquito Beans, Corn on the Cob	\$7.95	
American BBQ Series	Grilled Santa Maria Free Range Chicken, Piquito Beans, Corn on the Cob	\$7.95	
Market Grill	Grilled Grass-fed Burger w/ Housemade Chips	\$6.95	
Stone Hearth Oven	Assorted Pizza: Cheese, Pepperoni, Combination	\$6.95	
Take Away	Assorted Gourmet Sandwiches and Salads	6.50 - 6.95	
After School Treats	Chili Cheese Fries	4.50 - 4.95	

Menu Key



It is important that an athlete's diet provide the right amount of energy, nutrients and fluids that the body needs. No single supplement can do this. It takes a variety of foods every day! Epicurean Group strives to provide student athlete's with the most nutrient dense and delicious food possible every single day!

Epicurean Group at Moreau Catholic High School

Chef / Manager:
Shirnea Grant

Sous Chef:
Tom Huxley