9/11/23, 8:23 AM Monthly Menu

KENNEDY HS (PREP) PREP Grades 6-12 Breakfast (Subject to Change) - Sep, 2023



				I UNIFIED
Monday	Tuesday	Wednesday	Thursday	Friday
				CALIFORNIA ADMISSION DAY California Admission Day - Holiday
HAPPY LABOR DAY Labor Day	Cinnamon Swirl IW Deluxe Cereal Bowl Yogurt 4 oz Food and Nutrition Crackers Orange Fruit Juice Breakfast Milk Options Milk Low Fat Milk NonFat Milk Lactose Free	BEEF & CHEESE MINI BAGEL (PREP) Deluxe Cereal Bowl Yogurt 4 oz Food and Nutrition Crackers Fresh Apple Slices Fruit Juice Breakfast Milk Options Milk Low Fat Milk NonFat Milk Lactose Free	Fiesta Bean and Cheese Burrito Deluxe Cereal Bowl Yogurt 4 oz Food and Nutrition Crackers Fresh Banana Fruit Juice Breakfast Milk Options Milk Low Fat Milk NonFat Milk Lactose Free	Cafe LA Coffee Cake Deluxe Cereal Bowl Yogurt 4 oz Food and Nutrition Crackers Pear Fruit Juice Breakfast Milk Options Milk Low Fat Milk NonFat Milk Lactose Free
Maple Waffle FRESH APPLE CINNAMON TOPPING Prep Yogurt 4 oz Food and Nutrition Crackers Fresh Apple Fruit Juice Breakfast Milk Options Milk Low Fat Milk NonFat Milk Lactose Free	Morning Beef Sausage Sandwich Deluxe Cereal Bowl Yogurt 4 oz Food and Nutrition Crackers Orange Fruit Juice Breakfast Milk Options Milk Low Fat Milk NonFat Milk Lactose Free	YOGURT FRESH FRUIT MIX PARFAITCRACKERS Prep Fresh Apple Slices Fruit Juice Breakfast Milk Options Milk Low Fat Milk NonFat Milk Lactose Free	Egg and Cheese Croissant Sandwich Deluxe Cereal Bowl Yogurt 4 oz Food and Nutrition Crackers Fresh Banana Fruit Juice Breakfast Milk Options Milk Low Fat Milk NonFat Milk Lactose Free	Cafe LA Coffee Cake Deluxe Cereal Bowl Yogurt 4 oz Food and Nutrition Crackers Fresh Fruit Fruit Juice Breakfast Milk Options Milk Low Fat Milk NonFat Milk Lactose Free

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Cinnamon French Toast 1	8 BEEF & CHEESE MINI BAGEL 19	Cinnamon Pan Dulce	Fiesta Bean and Cheese 2	Cafe LA Coffee Cake
FRESH APPLE CINNAMON	(PREP)	Deluxe Cereal Bowl	Burrito	Deluxe Cereal Bowl
TOPPING Prep	Deluxe Cereal Bowl	Yogurt 4 oz	FRESH SALSA Prep	Yogurt 4 oz
Deluxe Cereal Bowl	Yogurt 4 oz	Food and Nutrition Crackers	Yogurt 4 oz	Food and Nutrition Crackers
Yogurt 4 oz	Food and Nutrition Crackers	Fresh Apple Slices	Food and Nutrition Crackers	Pear
Food and Nutrition Crackers	Orange	Fruit Juice	Fresh Banana	Fruit Juice
Fresh Apple	Fruit Juice	Breakfast Milk Options	Fruit Juice	Breakfast Milk Options
Fruit Juice	Breakfast Milk Options	Milk Low Fat	Breakfast Milk Options	Milk Low Fat
Breakfast Milk Options	Milk Low Fat	Milk NonFat	Milk Low Fat	Milk NonFat
Milk Low Fat	Milk NonFat	Milk Lactose Free	Milk NonFat	Milk Lactose Free
Milk NonFat	Milk Lactose Free		Milk Lactose Free	
Milk Lactose Free				
2	5 26	2	27	3

Menus are Subject to Change
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