

COMMUNITY MEALS/FOOD DELIVERY/FOOD RESOURCES

EOC Soup Kitchen	581-8233	Presbyterian Church 24 Circular St. Mon-Sat 11:45-1:00 Sun 3-4
Ballston Spa United Methodist Church	885-6886	Free Lunch Last Saturday/Month September - June
Salvation Army Breakfast	584-1640	Breakfast 7-9 Mon-Fri
Ballston Spa Thanksgiving Meal	885-7121	Union Fire House, 319 Milton Avenue
EOC Thanksgiving Meal	581-8233	Presbyterian Church 24 Circular St. Saratoga/Home Delivery Available
EOC Christmas Meal	581-8233	Presbyterian Church 24 Circular St. Saratoga
Free Summer Meals for Kids		Located throughout Saratoga County - Check with EOC and CAPTAIN for details
Free/Low Cost Meals for Seniors	884-4100	Located throughout Saratoga County - Check with Office for the Aging for details
Meals on Wheels	884-4100	Mid-day Meal delivered to home
EOC Thanksgiving Baskets		Must sign up ahead of time. Pick up week of Thanksgiving

Saratoga County Department of Social Services Temporary/Emergency Assistance 884-4144**APPLICATION FOR COUNTY ASSISTANCE IS REQUIRED IN THE FOLLOWING SITUATIONS:**

- *Loss of all or majority of income with none expected in next 2 weeks *Court-ordered eviction *homelessness
- *3 or more months back rent *all utility-related requests October - April *Sufficient income to qualify for county loan

YOU HAVE THE RIGHT TO APPLY EVEN IF YOU MIGHT NOT QUALIFY**WHEN YOU APPLY, ASK FOR AN "IMMEDIATE NEEDS NOTICE" (ALSO CALLED THE 1-2-3 FORM) AS PROOF OF YOUR APPLICATION****PROVIDE A COPY OF THIS FORM WHEN APPLYING WITH OTHER AGENCIES OR CHURCHES****OTHER AGENCY OR CHURCH FINANCIAL ASSISTANCE**

St. Clement's Outreach	581-9805	Medical or other unavoidable crisis. Saratoga County North of Ballston Spa
Catholic Charities	587-5000	Saratoga County
St. Peter's	306-5243	Saratoga County
Our Lady of Grace Ballston Lake	384-0109	Burnt Hills-Ballston Lake priority; others if funds available
CAPTAIN Family Assistance	371-1185	Southern Saratoga County (represents churches in Clifton Park)
St. Mary's Ballston Spa	885-7411	Ballston Spa School District only
Ballston Area Clergy Association	885-5583	Ballston Spa School District only
Pine Knolls Alliance Church	793-7101	South Glens Falls School District only
Mechanicville Community Center	664-8322	Mechanicville/Stillwater
Presbyterian/New England Congregational Church	518-584-6091	24 Circular Street, Saratoga Springs NY 12866
Bethesda Episcopal Church	584-5980	Saratoga Springs only

Check with churches closest to your home first. Even those without an assistance program sometimes receive donations for those in need.**Eligibility and amount of funding varies for each program. Application process usually takes a minimum of two weeks.****Maximum assistance for most programs is \$100 - apply with more than one source if necessary to fill need.****DISABILITIES**

SAIL	792-3537	All Disabilities: Help with paperwork, advocacy, Traumatic Brain Injury Program
AIM Services	587-3208	Development Disabilities: Residential homes, day programs, and respite care
Saratoga Bridges	664-5066	Development Disabilities: Residential homes, day programs, and respite care
Newmeadow	899-9235	Preschool for disabled and non-disabled children
Helping Hands	587-0723	Preschool for disabled and non-disabled children
Unlimited Potential	587-2851	Mental Health Disabilities: vocational training/work
CDTA Star	482-8822	All Disabilities 1/2 Price bus fare and other services for elderly/disabled
AccessVR	473-8097	All Disabilities: Vocational education/training
Early Childhood Direction Center	464-6356	Young Children: Referrals to community and support resources
Transitional Services Association	587-6193	Mental Health Disabilities: case management, treatment, housing
Northeast Parent & Child	346-1284	Families: case management, treatment, supportive services
DSS Adult Services	884-4159	Advocacy, Referral, SSI, Medical Transportation, Adult Care Assistance

HEALTH CARE

Saratoga Community Health	886-5600	Medical, Dental, Behavioral Health Care
Hudson Headwaters Health	761-0300	Primary Care & Prescription assistance
Seton Health Family Practice:	373-4500	Medical, Behavioral Health, Prescription Assistance
Gianna Center	779-5225	Women's Health Issues
Mary's Haven	584-9397	Hospice
Eye Glasses		Please contact the Health Office for the Lions Club Application
Community Hospice	581-0800	Hospice

NOTE: ALWAYS ASK OTHER PROVIDERS, ESPECIALLY HOSPITALS, ABOUT "CHARITY CARE" FOR SPECIAL CIRCUMSTANCES**HEALTH INSURANCE**

Fidelis Care Navigators	888-343-3547	Helps determine eligibility, choose & enroll in Medicaid or low-cost insurance
Saratoga Care Navigators	888-242-1418	Helps determine eligibility, choose & enroll in Medicaid or low-cost insurance
Saratoga County Medicaid	884-4148	Help determine eligibility and enroll in Medicaid only

MENTAL HEALTH

Saratoga Center for Family	587-8008	Adult & Child Counseling, Support Groups, Classes
Saratoga County Mental Health	584-9030	Adult & Child Counseling, Support Groups, Classes
Catholic Charities	587-5000	Adult & Family Counseling, Support Groups, Classes
Saratoga Community Health Center	see health services	Adult Counseling
Clifton Park Family Practice	see health services	Adult Counseling
Four Winds Hospital Saratoga	584-3600	Adult & Child Counseling, Support Groups, Classes, accepts some Medicaid
Saratoga Hospital - emergencies	911	
Transitional Services Association	587-6193	Mental Health case management, treatment, housing, support services
Northern Rivers	518-292-5433 (Malta)	Northeast Parent & Child Society, Parsons Child & Family Center
National Suicide Prevention Lifeline	800-273-8255.	24-7 emergency hotline
Adirondack Samaritan Counseling Center	747-2994	Individual and Family Counseling
Behavioral Health Services, Glens Falls Hospital	926-3210	A clinic of The Glens Falls Hospital serving adults with a range of outpatient mental health services.
Caleo Counseling Services, WWAMH	747-8243	A clinic of Warren-Washington Association for Mental Health serving children, adolescents and adults.
Center for Children and Families	926-7100	A clinic of The Glens Falls Hospital serving children and adolescents and their families.
Child and Adolescent Outpatient Program	549-6000	A program of Capital District Psychiatric Center.
Hudson Headwaters Health Network	792-2223	Offers a range of psychological health services.

Intensive Day Treatment Program	926-1160	A program of The Glens Falls Hospital that provides a structured outpatient day program for adults with severe mental illness.
Saratoga Psychological Associates	761-9889	Offers a range of psychological health services.
St. Anne's Institute	747-7561	Outpatient mental health services focused on treatment of sexual abuse and sexual offending.
St. Peter's Addiction Recovery Center (SPARC)	885-6884	Programs for adolescents (ages 13-18) with alcohol and substance abuse problems.
Capital District Psychiatric Center	447-9611	Acute and intermediate inpatient care for adults 18 years or older
Ellis Hospital	243-4411	Acute inpatient services for adolescents aged 11-18 years of age
Pinefield Children and Youth Services	315-738-4436	Mohawk Valley Psychiatric Center - Acute and intermediate inpatient care for children and adolescents 6-17 years old

ABUSE		
Wellspring (formerly DVRC)	584-8188	Domestic violence services; shelter
Mechanicville Domestic Violence	664-4008	Domestic violence services; shelter
Saratoga County Child Protective	884-4151	Child abuse investigation
Saratoga County Adult Protective	884-4159	Elder abuse or endangered investigation
Saratoga County Domestic Violence	884-4159	Abuse of anyone over 16

SUPPORT GROUPS		
Al-Anon/Alateen	744-9231	For loved ones of those with drinking problems
AA	463-0906	Persons with drinking problem
Narcotics Anonymous	(888) 399-5519	Persons with drug addiction
Nar-Anon	nar-anon.org	Loved ones of those with drug addiction
Overeaters Anonymous	292-0666	Persons with eating disorders
New York State Smokers' Quitline	866-NY-QUITS	Smokers
Gamblers Anonymous	888-424-3577	Persons with gambling problems
NAMI	306-6073	For loved ones of those with mental illness
St. Clement's Grief Ministry	584-6122	Individual and group support for Adults
Community Hospice	581-0800	Individual and group support for adults, teens, and children
St. Clement's Caregiver Respite	584-6122	For caregivers of relatives with dementia

PREGNANCY/INFANT SUPPORT		
Birthright Ballston Spa	885-4117	Pregnancy tests, layette, diapers, clothes
Alpha Pregnancy Center Schenectady	462-2188	Pregnancy tests, classes, food, diapers, layette, clothes
St. Clements-Elizabeth Ministry	581-9805	Baby Blessing Baskets, Equipment, Diapers, Wipes, Clothes
WIC	288-3232	Food & Formula Vouchers
Cornell Cooperative Extension	885-8995	Baby Car Seats

SUBSIDIZED HOUSING		
Mechanicville Housing Authority	584-6600	Section 8 and site-based housing
Saratoga County Rural Preservation	885-0091	Section 8
Franklin Community Center	587-9826	Subsidized studio apartments
Joseph E. Mastrianni Inc	372-4739	Section 8
Saratoga Springs Housing Authority	664-9897	Section 8 and site-based housing
YWCA of NENY	374-3394	Schenectady women's long term housing
Sisson Reserve	480-4416	Site based affordable housing Section 8
Veterans Housing Assistance	885-0091	Veterans affordable housing
SCRAP Community Development Grant	587-3550	Rent subsidy for homeless mentally ill. Must be referred by provider
Shelters of Saratoga	581-9017	Subsidized studio apartments
Wellspring New View	584-8188	2 Year subsidy for clients of Wellspring only
Senior Citizen Housing	884-4100	Check with Office of the Aging for current list

EMERGENCY HOUSING		
DSS Temporary Assistance	884-4140	Motels for homeless families/married couples. Single adults referred to shelters
Mother Anderson Emergency Shelter	584-3122	Saratoga Springs shelter - Women and children
Shelters of Saratoga	581-1097	Saratoga Springs shelter - Adult men and women
CAPTAIN Youth Shelter	369-9928	Clifton Park shelter - youth 13-17
WAIT House	798-4384	Glens Falls shelter - young adults 18-22
Wellspring	584-8188	Domestic Violence shelter - Women and children
Capital City Rescue Mission	462-0459	Albany shelter - Adult men and women
St. Joseph's House	272-2544	Troy shelter - Adult men and women, families
St. Paul's Center	434-2910	Rensselaer shelter - Families
Homeless and Travelers Aid Society	463-2124	Referrals
Code Blue Saratoga	812-6886	Saratoga Springs Cold Weather Shelter - Adult men and women
The Vet House	885-0091	Male Adult Veterans
The Guardian House	885-0091	Female Adult Veterans

HOUSING GRANTS FOR HOMELESS/AT RISK OF HOMELESS		
CAPTAIN	371-1185	STEHP Grant to avoid eviction or obtain housing. Must have income
VETHELP	885-0091	Veteran Grant to avoid eviction or obtain housing.

OTHER RESOURCES FOR HOMELESS		
Saratoga Drop-In Center	581-1097	Tue & Thur 11am-3pm 20 Walworth St. Shower, Rest, Food, Laundry
Salvation Army	584-1640	Showers, clothes, meals
SOS Mobile Van	581-1097	Congress Park Mon, Wed, Fri mornings. Visits motels on rotating basis.
CAPTAIN Street Outreach	469-7897	crisis interventions, referral, food, other needs for homeless youth.
Saratoga Schools Homeless Liaison	583-4700x11439	Support for homeless students & families

Every School District has a liaison for homeless students and families to help them remain in the same school & help with resources.

HOME LOANS: PURCHASE/REPAIR/UPGRADE		
Rebuilding Together Saratoga County	587-3315	Upgrades and repairs for disabled, seniors, vets
USDA Rural Development	692-9940	Home mortgage loans, home repair loans, grants
EOC Weatherization	885-0091	Energy saving repairs, upgrades for renters and homeowners
Habitat for Humanity	793-7484	Home mortgages, "sweat equity" programs

EMPower NY	800-263-0960	Energy saving upgrades for renters and homeowners
HERR	884-4146	Furnace repair/replacement for homeowners
Saratoga Community Development	587-3550X 2575	Housing Rehab grants and loans

HEAP		
HEAP	884-4146	Automatic Heat help in Nov. for Food Stamp eligible; higher incomes must reapply each year
HEAP Emergency Grant	884-4146	HEAP 2nd grant after 1/1 with disconnect or low fuel notice.
HEAP Electric Grant	884-4146	May apply if electric needed to run furnace; must have disconnect notice.

OTHER HEAT ASSISTANCE		
Heartshare	855-852-2736.	After 2 HEAP grants; must have disconnect notice
Saratoga County Emergency Assistance	884-4144	Emergency utility loans or grants outside of winter heating season
Corinth Share the Warmth	886-8285	Supplemental heating assistance for Corinth residents
Catholic Charities	584-5000	When funds available-maximum \$100 per year per household

FURNACE REPAIR/REPLACEMENT		
HERR	884-4146	Furnace Repair/replacement - homeowners. MUST GET APPROVAL FIRST.
EMPower NY	800-263-0960	After HERR funds run out - usually Jan or Feb through May

ENERGY UPGRADES/AUDITS		
EOC Weatherization	885-0091	Energy saving audits, repairs, upgrades for renters and homeowners
EMPower NY	800-263-0960	Energy saving audits, upgrades for renters and homeowners - NO WAIT LIST!

ELECTRIC COMPANY ADVOCATES NOT FINANCIAL ASSISTANCE TRY CUSTOMER SERVICE FIRST		
National Grid Consumer Advocate	761-5942	Joann Zales
NYSEG Consumer Advocate	356-4384 ext 837	Rebecca Jarrett

CHILD CARE SUBSIDIES		
Saratoga County Day Care	884-4144	Income based assistance for parents working or looking for work

CHILD CARE REFERRALS		
Saratoga County Day Care	884-4144	List of providers who accept county subsidies
Capital District Child Care Council	288-3206	List of certified providers in capital district
Early Childhood Direction Center	464-6356	Referrals to community and support resources

PRESCHOOL/BEFORE/AFTER SCHOOL/SUMMER PROGRAMS - Scholarships Available		
Head Start Infant & Preschool Region 1	884-7270	B-Spa, C-Park, Galway, Waterford, Mechanicville, Stillwater, B-Hills, B-Lake
Head Start Infant & Preschool Region 2	583-2584	Corinth, Greenfield, S-Springs, Schuylerville, SG-Falls
Saratoga YMCA	583-9622	Before/after school/summer
Corinth YMCA	583-9697	After school
Malta YMCA	583-9623	Infant - school age year round
Southern Saratoga YMCA	371-2139	Infant - school age year round
Ballston Area Community Center	885-3261	Before/after school/summer
Moreau Community Center	792-6007	Before/after school/summer
Mechanicville Community Center	664-8322	Before/after school/summer
Saratoga Springs Community Center	587-3550	School Age - summer
Town of Halfmoon	371-7410	School Age - summer
Stillwater Community Center	664-2515	Preschool, School Age - before/after school/summer

AFTER SCHOOL PROGRAMS - Free		
Cheryl's Lodge (CAPTAIN)	371-1185	After School
Project Lift	587-9826	After school
Salvation Army	584-1640	After school

FAMILY ENRICHMENT - Free, Low Cost, or Scholarships Available		
Saratoga Mentoring	581-1487	School age once per week one on one
4-H	885-8995	All ages; variety of programs
American Heritage Girls	584-6122	School age, teen Christian girls scouting
Saratoga Springs Library	584-7860	All ages; variety of programs
Ballston Spa Library	885-5022	All ages; variety of programs
Clifton Park/Halfmoon Library	371-8622	All ages; variety of programs
Literacy NY	583-1232	Reading assistance for Adults
SACD Parent University	583-4700	Presentation: Monthly topics for parents
CAPTAIN Getting Ahead	371-1185	Class: Adult Goal Setting, Skill Building - transportation, babysitting provided
Wellspring Hope & Power	584-8188	Class: Women's Financial Literacy - babysitting, financial incentive provided
SCF Strengthening Families	587-8008	Class & Activities: Entire Family - dinner provided
CAPTAIN Family Development	371-1185	Adult Mentoring - one-to-one
For other libraries see county website		

CHILD RECREATION - Low Cost or Scholarships Available		
Saratoga Springs YMCA	583-9622	All ages, variety of programs
Corinth YMCA	583-9697	All ages, variety of programs
Malta YMCA	583-9623	All ages, variety of programs
Southern Saratoga YMCA	371-2139	All ages, variety of programs
Ballston Area Community Center	885-3261	All ages, variety of programs
Moreau Community Center	792-6007	All ages, variety of programs
Mechanicville Community Center	664-8322	All ages, variety of programs
Saratoga Springs Recreation	587-3550	All ages, variety of programs
Town of Greenfield	893-7432	School age
Town of Wilton	587-1939	School age

Town of Northumberland	792-9179	School age
Town of Halfmoon	371-7410	Preschool, school age
Saratoga Youth Boxing	587-9828	School age, teen
Stillwater Community Center	664-2515	Preschool, school age, teen
Greater Schuylerville Youth Program	695-6100	School age, teen

All other sports teams, recreation programs, camps - Ask about scholarships

SPANISH SPEAKING

EOC Latino Advocacy	288-3206	Advocacy, referral, translation, English classes year round
St. Clement's Latino Ministry	584-6122	Mass/Classes, Food Pantry 3 rd Sunday/month, Backstretch Mass, Meal, Lunch
Back Stretch Services (BEST)	516-488-3434x100	Medical care, transportation, translation, store, recreation

VETERANS

VETHELP	885-0091	Homeless shelters; housing, financial, job, education help
Saratoga County Veterans Office	884-4115	Many veterans resources
Peer-to-Peer Mentoring	884-4115	Veterans supporting other veterans
Saratoga War Horse	744-3600	Equine Therapy for PTSD

LEGAL SERVICES

Legal Aid	587-5188	Tenant Rights, Homeowner Rights
Mediation Matters	584-6361	Lower Cost Conflict Resolution
Saratoga County Public Defender	884-4795	Criminal Defense
Wellspring	584-8188	Consultations for victims of Domestic Abuse
The Legal Project	435-1779	Low Income Services

CLOTHING/HOUSEHOLD

Treasures	580-4200	Adult clothing; some children's clothing, accessories, & household items
Scottie's Closet	884-7150	Clothing; These events are held twice a year. Please contact the Guidance Office with questions.
Noah's Attic	885-9455	Clothing & Household
Birthright	885-4117	Pregnancy tests, infant needs through first year if 1st visit occurs before birth
Franklin Community Center	587-9826	Clothing & Household
CAPTAIN'S Treasures	371-1185	Clothing & Household
Harvest Church	371-2997	Furniture - agency referral only
St. Clement's Elizabeth Ministry	581-9805	Baby needs; apply through food pantry
Sleep in Heavenly Peace	884-432-BEDS	Request a free Twin Bunk Bed www.shpbeds.org/request-bed
The Way 17 Ferry St Schuylerville	none	Adult Clothes \$2, Children Clothes \$1 Fri 2-7, Sat 9-1

EMPLOYMENT AND TRAINING

One-Stop Career Center	884-4170	Training, grants, listings, youth work, disability work, online courses
CAPTAIN	371-1185	Youth employment and training
Job Corp	800-733-5627	Young adult employment and training
Access V-R	800-222-5627	Education/training for those with disabilities
BOCES	746-3600	Vocational training
Unlimited Potential	587-2851	Mental Health Disabilities: vocational training/work

WARREN/WASHINGTON COUNTY

County Department of Social Services	761-6300	
Catholic Charities	793-6212	
Community Action	793-0636	
North Country Ministries	623-2829	
Salvation Army	792-1960	
Washington County EOC	746-2390	
Glens Falls Community Development	761-3833	
Washington Cnty Housing Assistance	747-6481	
Glens Falls Housing Authority	793-2583	
Family Service Assoc of Glens Falls	793-0797	

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