

# News Update



**THE BAIRD**  
PRIMARY  
ACADEMY

TERM 1 – 8TH SEPTEMBER 2023

## Dates for the Diary

11.09.23	Reception open to pupils AM and PM sessions
22.09.23	Macmillan Coffee Morning Cake Sale
02.10.23	Individual Pupil Photographs
09.10.23	Harvest Festival Donations all this week
13.10.23	Harvest Festival Assembly 2:30pm
13.10.23	Cake Sale 3:00pm
16.10.23	Nursery, EYFS, KS1 Parent Consultations 2-6:00pm
17.10.23	KS2 Parent Consultations 2:00-6:00pm

## Facebook Parent Questions

The academy no longer has access to the Facebook Parent Page so we would ask, if parents/carers require clarification on any aspect of academy life, you direct your questions to either the academy Facebook page or the main office is contacted by phone or email. This will ensure the information provided is correct and up-to-date.

Thank you



**Gold Award  
Winners**



**Robins: Ema**  
**Kingfishers: Amelia-Mae**  
**Lapwings: Oscar & Sofii**  
**Sand martins: Phoebe**  
**Cranes: Florence**  
**Hérons: Ella**  
**Curlews: Harry**  
**Skylarks: Reggie**

## Welcome Back

Welcome back to a new academic year at The Baird. It was lovely to see every pupil looking smart in their academy uniform and everyone has settled in really well to make it a great start to the year.

Please ensure your child's ParentPay details are up to date in order to receive all academy notifications and updates. Please advise the office as soon as possible of any changes to contact details or collection arrangements.

If you have any concerns or issues with regard to your child we would ask that you initially discuss these with your child's class teacher who will be available at the start and end of each day.

The Key Stage Leads are:-

EYFS - Mrs Fields

Lower KS2 - Mrs A Jarvis (nee Miles)

KS1 - Miss Nijhuis

Upper KS2 - Mrs Peacock

The leadership team can be reached via email at [office@thebairdprimaryacademy.org.uk](mailto:office@thebairdprimaryacademy.org.uk)

Attendance will be monitored closely this year. Medical appointment evidence will be required for all such absences. If you are reporting a child's absence you must call 01424425670 Option 1.

Holiday requests during term time **will not** be authorised. Please be aware that any unauthorised holidays taken may incur a fine.

## School Meals

All pupils in Reception Year 1 and Year 2 receive free school meals. If you are in receipt of any benefits please register online as soon as your child starts school as this may allocate additional funding to the school and your child will then already be set-up for free school meals when they move into Year 3. Please paste the below link to East Sussex County Council's website into your browser and follow the on screen instructions.

<https://www.eastsussex.gov.uk/education-learning/schools/school-life/school-meals/free-school-meals>

Please be reminded the cost of school meals is now £2.85 and meals must be booked on ParentPay no later than 8am on the day lunch is required.

## School Uniform

Please ensure every item of your child's uniform is labelled.

Please speak to Mrs S Jarvis if you are having issues with providing a full uniform for your child.

For full details of the academy uniform requirements, please visit

[BAI UniformPolicy 22.pdf \(finalsite.net\)](#)

## Water Bottles

Water bottles will be provided for every child by the academy. An additional drink can be provided in packed lunches but children will drink from their allocated bottle during school time.

Bottles will be washed daily in soap and water and with Milton in a dishwasher once per week.

## Safeguarding

If you have any concerns or wish to report or discuss any issues, please email [safeguarding@thebairdprimaryacademy.org.uk](mailto:safeguarding@thebairdprimaryacademy.org.uk)



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## WHAT YOU NEED TO KNOW ABOUT HEAD LICE



### WHAT ARE HEAD LICE?

Head lice are tiny wingless insects that live on the scalp. They do not carry any diseases so are not a public health risk. Anyone can get head lice.

#### NITS

- Nits are eggs that are laid by a female louse and are firmly attached to the hair shaft.
- They are about the size of a pinhead and are often found along the forehead, back of the head and behind the ears and are within 1 cm of the scalp.
- The nits are grayish-white, tan or yellow. Some can be the same colour as hair, making them difficult to see.
- Nits hatch in 6-10 days.



#### ADULT LICE

- Lice are the size of a sesame seed and are tan to grayish-white in colour. They may look darker in people with dark hair.
- They need blood to survive and can live up to 30 days on the head but will die within 1-2 days if they fall off the head.



### HOW IS HEAD LICE SPREAD?

- Head lice are spread mainly through direct head-to-head contact. When heads are close together lice crawl very quickly from one head to another. Lice cannot fly or jump.
- They may also be spread by sharing items such as combs and hats but this is less common.
- Head lice do not live on animals.



### WHAT DO I LOOK FOR?

#### WATCH FOR

- Frequent itching and sores on the scalp from scratching.



There may be no symptoms. Check all family members for lice by:

- Using good lighting. Daylight is best, so try sitting by a window.
- Looking throughout the hair for lice. They can be difficult to see because they are small, hide within the hair and move very quickly.
- Using a magnifying glass and fine toothed comb can help.
- Looking for nits firmly attached to the hair shaft and within 1cm of the scalp. Part the hair into small sections and move from one side of the head to the other. Nits can be confused with dandruff or hair spray droplets-they will not fall off if touched.
- Nits will only come off if they are pulled off with your finger nails or nit comb.



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## TREATING HEAD LICE

Treat only the person who has head lice with a product that kills live lice. Treatment is available from your pharmacy (no prescription needed). Your pharmacist can help you choose a head lice product.

REMEMBER

### Always remember to:

- Follow the label directions carefully.
- Avoid use of conditioning shampoo or conditioner before or 48 hours after using head lice treatment.
- Contact your health care provider or a pharmacist before using head lice treatment if you are pregnant, breastfeeding, have allergies or for a child under 2 years old.
- Treatment must be repeated again 7-10 days after the first treatment.



REMOVE

### Remove all head lice and nits from hair:

- Use your fingernails to pull off the nits from the hair or use a head lice comb (metal ones work better than plastic). Repeat daily until there are no nits.
- Separate hair into sections then pick up a few strands at a time to remove nits.
- Check each section of the head closely before moving on (pay attention to behind ears, nape of the neck, and close to the scalp).



HOME

### Treating the Home:

- Wash clothing and bedding used in the last 3 days by the affected person in hot water and dry in a hot dryer.
- Place items that cannot be washed in a sealed bag for two weeks.
- Put all combs, brushes and hair accessories in hot, soapy water.



Do not treat a person with head lice more than 2–3 times with the same shampoo if it does not seem to be working. Always seek the advice of your health care provider if this should happen. He/she may recommend a different product.

## WHAT ABOUT OTHER TREATMENTS?

A number of household products such as mayonnaise, petroleum jelly, olive oil, tea tree oil, hair gel and vinegar or wet combing have been suggested as a treatment. These products show little proof of killing head lice and are not as effective as head lice shampoo.



## Conduct around the Academy Site and Consideration for Local Residents

Parents/carers are reminded to be mindful of parking around the academy site. We have already been advised by local residents of parents parking on double yellow lines and restricting access.

Please do not park over driveways or block access. Please observe any parking signs or notices and any road markings.

It is very important to us to maintain and build good relationships with our local community.

We would also ask that parents are mindful of the language being used when in earshot of other parents and children on the academy site and also when in the wider community.

The academy is a no smoking site, smoking of cigarettes and vapes on the academy grounds is prohibited. We would also ask that parents/carers do not gather in smoking groups at the academy entrances and that access is left clear for all pedestrians to access the academy.

Thank you for your understanding and cooperation.



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## Is My Child Too Ill for School - Information and Guidance from NHS.uk

It can be tricky deciding whether or not to keep your child off school, nursery or playgroup when they're unwell.

There are government guidelines for schools and nurseries about [managing specific infectious diseases at GOV.UK](#). These say when children should be kept off school and when they shouldn't. If you do keep your child at home, it's important to phone the school or nursery on the first day. Let them know that your child won't be in and give them the reason. If your child is well enough to go to school but has an infection that could be passed on, such as a cold sore or head lice, let their teacher know.

### Other illnesses

Follow this advice if your child does not have coronavirus symptoms or they had a test and it was negative (they do not have coronavirus).

**Coughs and colds** - It's fine to send your child to school with a minor [cough](#) or [common cold](#). But if they have a fever, keep them off school until the fever goes. Encourage your child to throw away any used tissues and to wash their hands regularly.

**High temperature** - If your child has a [high temperature](#), keep them off school until it goes away.

**Chickenpox** - If your child has [chickenpox](#), keep them off school until all the spots have crusted over. This is usually about 5 days after the spots first appeared.

**Cold sores** - There's no need to keep your child off school if they have a [cold sore](#). Encourage them not to touch the blister or kiss anyone while they have the cold sore, or to share things like cups and towels.

**Conjunctivitis** - You don't need to keep your child away from school if they have [conjunctivitis](#). Do get advice from your pharmacist. Encourage your child not to rub their eyes and to wash their hands regularly.

**Coronavirus (COVID-19)** - Your child should try to stay at home and avoid contact with other people if they have [symptoms of COVID-19](#) and they either:

- have a high temperature
  - do not feel well enough to go to school or do their normal activities
- If they have mild symptoms and they feel well enough, they can still go to school.

**Ear infection** - If your child has an [ear infection](#) and a high temperature or severe earache, keep them off school until they're feeling better or their high temperature goes away.

**Hand, foot and mouth disease** - If your child has [hand, foot and mouth disease](#) but seems well enough to go to school, there's no need to keep them off. Encourage your child to throw away any used tissues straight away and to wash their hands regularly.

**Head lice and nits** - There's no need to keep your child off school if they have head lice. You can treat [head lice and nits](#) without seeing a GP.

**Impetigo** - If your child has [impetigo](#), they'll need treatment from a GP, often with antibiotics. Keep them off school until all the sores have crusted over and healed, or for 48 hours after they start antibiotic treatment. Encourage your child to wash their hands regularly and not to share things like towels and cups with other children at school.

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**Ringworm** - If your child has [ringworm](#), see your pharmacist unless it's on their scalp, in which case you should see a GP. It's fine for your child to go to school once they have started treatment.

**Scarlet fever** - If your child has [scarlet fever](#), they'll need treatment with antibiotics from a GP. Otherwise they'll be infectious for 2 to 3 weeks. Your child can go back to school 24 hours after starting antibiotics.

**Slapped cheek syndrome (fifth disease)** - You don't need to keep your child off school if they have [slapped cheek syndrome](#) because, once the rash appears, they're no longer infectious. But let the school or teacher know if you think your child has slapped cheek syndrome.

**Sore throat** - You can still send your child to school if they have a [sore throat](#). But if they also have a high temperature, they should stay at home until it goes away. A sore throat and a high temperature can be symptoms of [tonsillitis](#).

**Threadworms** - You don't need to keep your child off school if they have [threadworms](#). Speak to your pharmacist, who can recommend a treatment.

**Vomiting and diarrhoea** - Children with [diarrhoea or vomiting](#) should stay away from school until they have not been sick or had diarrhoea for at least 2 days (48 hours).

## MAKING HEALTHY CHOICES

**AT CHARTWELLS, WE ARE PASSIONATE ABOUT ENCOURAGING AND ENABLING MORE CHILDREN TO MAKE HEALTHY CHOICES AND ENJOY A NUTRITIOUS SCHOOL MEAL TO GET THE MOST OUT OF THEIR DAY.**

Chartwells' school meals have been lovingly created by a team of talented chefs and dedicated nutritionists making sure menus are packed with all the ingredients children need to grow strong and healthy.

Making a home-packed lunch for your child each day can be time-consuming and expensive. School meals can relieve some of this pressure by providing a hot, nutritious lunch for your child, every school day.

## THE BENEFITS OF SCHOOL MEALS

**MAKING CHILDREN HEALTHIER**  
Children having school meals are more likely to eat fruit and vegetables and drink water throughout the day.

**BEHAVIOUR & CONCENTRATION**  
A healthy school meal helps children get the best from their learning.

**THEY ARE FREE IN RECEPTION, YEAR 1 & YEAR 2**  
Speak to your school about signing your child up today!

**TASTY THEME DAYS**  
Throughout the term, your child will get to experience delicious theme days where we bring excitement to the dining hall with new and inspiring choices such as our Space Adventure or Mid-Summer Mashup.

**MAKING FOOD FUN**  
We want your children to have fun and the dining hall is a great place for them to enjoy themselves with friends whilst they learn about different types of food.

**WE EDUCATE AND INSPIRE CHILDREN WITH OUR BEYOND THE CHARTWELLS' KITCHEN WORKSHOPS**

**Save up to £457**  
with FREE school meals