

EHS 105 Toilet Training

Category: Health Services

Regulations: WAC 170-29A-7350

Guidelines

- 1.) Toilet learning/training methods that punish, demean, or humiliate a child are prohibited.
- 2.) Toilet learning occurs when a child shows a readiness for using the toilet and the family is ready to support the child
- 3.) Toileting plans will be developed with staff and parents to support the child.
- 4.) Toilet paper/dispensers and paper towels and soap dispensers shall be easily reached by the children
- 5.) Children who can demonstrate the ability to use the toilet properly and request privacy are supervised by a staff person within hearing distance.
- 6.) Children who are unable to use the toilet properly yet shall be within sight and sound of a staff member.
- 7.) Teaching self-care skills, such as toilet training, is an integral part of an inclusive program. In conjunction with a toilet training plan, teaching staff can provide the opportunities for the child to learn toileting skills at a developmentally appropriate pace.
- 8.) No child, regardless of whether or not that child has a disability, shall be denied placement based on inconsistent or limited training skills.

Activity/Steps

- 1.) For each child needing individualized support, there must be a written toilet training Action Plan developed between staff and parents.
- 2.) For children with a current IEP or IFSP, goals that address toilet training can serve as the plan.
- 3.) Staff must have ready access to the plan for the children in their care and must adhere to it.
- 4.) Copies of the toileting Action Plan will be in the Emergency Binder and filed in the Health section of the child's file. A copy can also be given to the parents if requested.
- 5.) All supplies, (diapers, pull ups, wipes, etc.) that are used while the child is attending the program are purchased by EPIC.
- 6.) Staff are required to wear disposable gloves when changing diapers or pull-ups or when toileting a child.
- 7.) When staff is required to change a child, they will communicate to the other staff in room that they will be changing a child. Another staff will be within auditory range.
- 8.) If a preschool child needs a diaper change or stand-up diaper change and there is no bathroom in the classroom, staff will call for assistance, if needed. This will ensure staff to child ratios, and privacy for the child is maintained. Staff will change the child in the bathroom.
- 9.) Toilet training is a teaching moment for children and must include developmentally appropriate instruction and assistance to the child in hand washing and hygiene.
- 10.) Staff will follow diapering changing procedures, using it as a teaching moment for child which is developmentally appropriate.