

INSURANCE NEWS

SEPTEMBER 2023



New to DSD Insurance?

The start of the school year brings many new employees to the Davis team. If you are new this year in a benefits eligible position (30+ hours per week), please remember to complete your insurance enrollment process. Insurance eligible employees with an August hire date will be eligible for insurance benefits beginning October 1st. Completing the enrollment process prior to October will help you avoid delays in coverage and potential double premiums from one paycheck.

Take a few moments to review the <u>2023 Benefits</u> <u>Overview</u> video and to complete your enrollment. To access the enrollment process, simply log in to Encore and search for "Insurance Enrollment." You may contact the Insurance Department if you have questions regarding your eligibility date or other insurance related issues.

Additionally, take note of discounted monthly premiums available on your health insurance. Your monthly health insurance premiums can be reduced for the 2024 plan year if you meet certain wellness criteria and deadlines. To get started and for more information, please visit the <u>District's Wellness page</u>.

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Insurance Webpage
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Open Enrollment Dates

Open Enrollment for the 2024 plan year will be **October 30th** – **November 17th.** This is your chance to change, add, or delete coverages and dependents for the 2024 plan year. Even if you are not making plan changes, please log in during Open Enrollment to verify your personal information for you and all of your dependents. The Open Enrollment system will open on October 30th through Encore and can be completed from anywhere.

If you are newly insured for this new school year, remember to complete the Open Enrollment process in addition to your initial enrollment. Open Enrollment allows you to make changes as well as enroll in the Catastrophic Sick Leave Bank and Flexible Spending for the upcoming plan year.

While we have your attention, remember to complete your Wellsteps points by **November 30th** to receive a health insurance premium discount for the 2024 plan year. If you have questions, please visit the <u>District's Wellness page</u>.

Additionally, please remember that enrollment in your Flexible Spending Plan for next year is not automatic. You MUST reenroll each year during Open Enrollment in order to participate.

Please watch for more detailed Open Enrollment information coming later this fall.



Starting a new school year can bring anxiety, stress, and additional life pressures for you and your loved ones. We want to remind you that Davis has partnered with Intermountain Employee Assistance Program (EAP) to offer free counseling services to you and your eligible family members to help you thrive amongst the many life challenges you face.

Their website, <u>Intermountain EAP</u>, is a valuable tool that includes information on how to schedule appointments and to review their current staff who are waiting to help you.

This service is completely confidential and free. 24/7 crisis services with licensed mental health professionals are also available at 800-832-7733.



Flu Shots

Community Nursing Services is providing flu shot clinics at schools throughout the District. These shots are available to both children and adults and are offered at no cost to employees and dependents covered on the District's Aetna and Select Health insurance plans. For more information, including dates and times, click on the link below.