



PLAY THE STRESS Away!

WE WANT TO BUILD A NEW RECESS AREA!

Kids today spend an average of 7 hours per day looking at electronic screens. We want to fix that.

OUTDOOR PLAY IMPROVES:



PHYSICAL & MENTAL DEVELOPMENT

Kids who spend more time outdoors typically show more advanced motor skills, lower body mass index, improved muscle strength, and better overall health.



SOCIAL & EMOTIONAL HEALTH

Outdoor play improves peer-to-peer relationships, an appreciation for the outdoors, usage of the 5 senses, chances to explore, and fosters independence and imagination. It reduces stress, and fatigue and makes kids happier overall.



INTELLECTUAL ABILITIES

Outdoor play develops decision-making skills, problem-solving, peer-to-peer respect, rule-following skills, creativity, diverse interactions, and teaches students how to interact with their peers in a kind way.



WANT TO DONATE TO OUR CAUSE??

ANY DONATIONS CAN BE MADE TO SUSAN MOORE ELEMENTARY SCHOOL BY TURNING MONEY IN TO THE OFFICE OR ANY TEACHER. CASH OR CHECK ONLY, MUST BE MADE OUT TO SMES.