



Metro RESA School Climate and Whole Child Supports Training Delivery Modes

Metro RESA recognizes the importance of offering professional learning through several delivery modes to meet the varying needs of the school districts in which we serve. The chart below provides a summary of the training delivery options for each professional learning courses offered:

- **Face-To-Face:** Participants attend in person at a physical agreed upon location.
- **Virtual-Live:** Participants attend virtually via zoom with a live instructor.
- **Recordings with Virtual-Live Coaching:** Participants engage in asynchronous learning via video recordings/assignments followed by synchronous live coaching sessions. (Note: all participants are required to attend both the asynchronous and synchronous coaching sessions unless otherwise approved by the trainer).
- **Hybrid:** Participants engage in a mix of face-to-face coupled with either virtual-live or recordings for the same training series/sequence.

Delivery options were carefully designed to ensure the integrity of the training content with maximum flexibility. When possible, Metro RESA highly recommends face-to-face delivery to ensure the highest levels of engagement and comprehension fostered through connection. Specific delivery details for each training will be individualized in partnership with your Schools Climate Specialist or Wraparound Services Coordinator. For descriptions of each training, please see the *Metro RESA School Climate and Whole Child Supports Professional Learning Offerings* guide.

	Face-to-Face	Virtual - Live	Recordings with Virtual - Live Coaching	Hybrid
Tier I PBIS Readiness	✓	✓	✓	
Tier I	✓		✓	
PBIS New Coaches	✓		✓	
Recharge! Tier I Individual Booster	✓		✓	
Reboot! Tier I Team Booster	✓	✓		
Lead Up! Administrator Booster	✓	✓		
Universal Classroom Supports for Educators				✓
PBIS Early Learning Classroom		✓		✓
PBIS Problem Solving	✓			
SWIS	✓			
Tier II Orientation	✓	✓		
Tier II	✓		✓	
Renew! Tier II Individual Booster	✓	✓		
Refresh! Tier II Team Booster	✓	✓	✓	
SWIS-CICO	✓			
Check and Connect Preparation and Implementation Training	✓	✓		

Check and Connect Mentor Training	✓	✓		
External Coaching	✓	✓		
Wraparound Services Coaching	✓	✓		✓
Community School Coaching	✓	✓		✓
Mental Health Coaching	✓	✓		✓
Youth Mental Health 1 st Aid	✓	✓		
Restorative Practices	✓	✓		
10 Steps to Building a Trauma-Informed and Resilient School	✓	✓		
Maintaining Staff Wellness: Leaders Guide to Manage Staff Mental Health	✓	✓		
Reboot, Refresh, and Rejuvenate: Educators Self-Care Toolkit	✓	✓		

Key: **PBIS Tier I Trainings: Red** **PBIS Tier II Trainings: Blue** **Whole Child Support Trainings: Gray**