



Counselor's Corner Mitchell Elementary

Welcome Back to School! Summer always goes by too fast, but I hope that everyone is as excited as I am to start the new school year. It was wonderful to see the students getting back into the building and I look forward to getting to know all of our new students over the next few weeks.

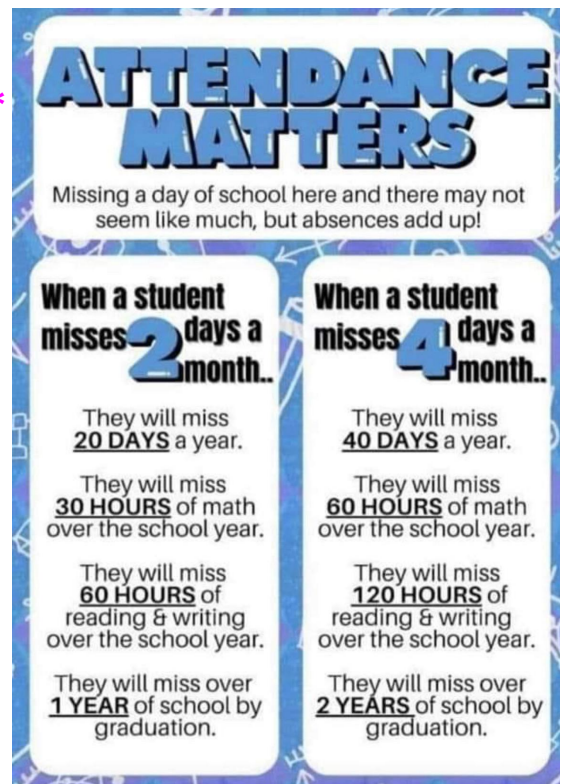


This month students will be reviewing core routines within the RULER approach to social and emotional learning. As students in grades 1-5 review, students in Kindergarten are learning about emotions and why they matter. Classrooms will also begin to work on their Charters and review how to use the Mood Meter. We are continuing to utilize PBIS (Positive Behavior Intervention Supports) at MES, school wide, which will promote and celebrate school safety and outstanding student behavior. These two systems work hand-in-hand, as RULER helps us be able to speak and understand our feelings; PBIS is more about the actions, behaviors and expectations.

****As we embark on a new year please I wanted to remind everyone how important it is for your child to be at school each and everyday. ****

As always, please call or email with any questions or concerns regarding your child's social/emotional or academic experience here at Mitchell.

In Good Health,
Mrs. Hutchins
203-263-4314 x 4609
dhutchins@ctreg14.org



ATTENDANCE MATTERS

Missing a day of school here and there may not seem like much, but absences add up!

When a student misses 2 days a month..	When a student misses 4 days a month..
They will miss 20 DAYS a year.	They will miss 40 DAYS a year.
They will miss 30 HOURS of math over the school year.	They will miss 60 HOURS of math over the school year.
They will miss 60 HOURS of reading & writing over the school year.	They will miss 120 HOURS of reading & writing over the school year.
They will miss over 1 YEAR of school by graduation.	They will miss over 2 YEARS of school by graduation.