



## Senior Menu Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Breakfast</b>	Grilled Bacon Baked Beans Sautéed Mushrooms Fried Eggs Raspberry Croissant	Baked Sausage Frankfurter Plum Tomatoes Scrambled Eggs Toasted Bagel	Continental Sliced Ham Sliced Cheese Boiled Eggs Hot Porridge	Baked Sausage Frankfurter Baked Beans Scrambled Eggs Chocolate Twists	Singapore Noodles Toasted English Muffin Grilled Bacon Fried Eggs Sautéed Mushrooms	In House	In House
<b>Daily Staples</b>	Fresh Fruit, Fruit Juices, Preserves, Hot Drinks, Cereals, Toast & Yoghurt						
<b>Lunch</b>	Coronation Turkey with Rice *** Halloumi Wrap	Hoisin Chicken Stir fry *** Traditional Cottage Pie	Classic Beef Lasagne *** Spicy Mexican Rice	Roast Chicken with Stuffing *** Korean Pork & Rice	Battered Fish with Lemon *** Vegetable Hakka Noodles	Chicken Kiev *** Bacon & Cheese Turnover	Brunch
<b>Soup</b>	Chef's Choice *** Hotdogs with Onions *** Jacket Potato	Chef's Choice *** Ham & Cheese Toasty *** Jacket Potato	Chef's Choice *** Crispy Chicken Burger *** Jacket Potato	Chef's Choice *** Tuna Melt Wrap *** Jacket Potato	Chef's Choice *** Roast Beef & Mustard Baguette *** Jacket Potato	Cheese & Bean Wrap *** Jacket Potato	Jacket Potato
<b>Hot Sarnie</b>							
<b>Assorted Sandwiches</b>							
<b>On the Side</b>	Sautéed Potatoes Green Beans Cauliflower	Creamy New Potatoes Carrots Broccoli	Paprika Wedges Peas Cauliflower	Roast Potatoes Cabbage Mixed Vegetables	Chunky Chips Peas/Mushy Peas Carrots	French Fries	
<b>Dessert</b>	Fruit Crumble with Custard	Vanilla Muffins	Marmalade & Ginger Upside down Cake	Chocolate Concrete	Creamy Rice Pudding	Fruit & Yoghurt	Fruit & Yoghurt
	Assorted Filled Sandwiches/Rolls						
<b>Salad Bar</b>	Mixed Leaves, Tomato, Cucumber, Minted Onion, Grated Cheese, Tomato & Basil Pasta, Pineapple, Coleslaw, Peppers, Croutons						
<b>Daily Staples</b>	Fresh Fruit, Yoghurts, Jelly, Condiments, Bread						
<b>Supper</b>	Breaded Scampi with Lemon *** Pork Ravioli Bake	Beef Casserole with Dumplings *** Mango Chicken Curry Rice	Shepherd's Pie *** Vegetable Burger in a Bun	Pasta Night Bolognese Carbonara Tomato & Basil	Chicken Tikka Masala & Rice *** Veggie Sausage Roll	Chippy Night Jumbo Sausage Fish Pie Cheese & Onion	Roast Turkey with Cranberry Sauce *** Noodle Stir fry *** Tomato & Basil Gnocchi
<b>Light Bite</b>	Mushroom Omelette	Cheese & Tomato Turnover	Chicken Fajita	Cheesy Bap	Ham Sandwich		
<b>On the Side</b>	Chips Peas Carrots Jacket Potato	Creamed Potatoes Red Cabbage Peas Jacket Potato	New Potatoes Green Beans Corn Jacket Potato	Broccoli Mixed Vegetables Jacket Potato	Sautéed Potatoes Corn Broccoli Jacket Potato	Chips Peas Jacket Potato	Roast Potatoes Sprouts Carrots Jacket Potato
<b>Dessert</b>	Old Fashioned Iced Sponge	Fruit Platter	Doughnuts	Fruit Platter	Iced Buns	Scones	Chocolate Fudge Cake
<b>Salad Bar</b>	Mixed Leaves, Tomato, Cucumber, Minted Onion, Grated Cheese, Pineapple, Coleslaw, Croutons						
<b>Daily Staples</b>	Fresh Fruit, Yoghurts, Condiments						