

# Behavioral Interventions




## Tier 3: Individualized Intensive Interventions

- Individual Psychotherapy addressing emotional and behavioral challenges currently present
- Interventions include:
  - All interventions listed in Tier 2 and 1 at a more intensive level tailored to meet the needs of each student
  - Cognitive Behavioral Counseling
  - Trauma informed care
  - Referral to Outside Agencies



## Tier 2: Small Group/Targeted Interventions

- Aimed for a small population of students who may need additional support to reduce the risk of academic or behavioral problems.
- Interventions include:
  - Check-in/Check-out
  - Emotion regulation activities
  - Attendance review and strategies that support academic success
  - Age appropriate personal hygiene activities
  - Conflict resolution/social skills
  - Coping skills
  - Addressing personal needs
  - Positive play/role play activities



## Tier 1: Universal/Schoolwide Interventions

- Screening Assessments
- Classroom Interventions
- Bully Prevention
- Drug Prevention
- Social emotional learning: self-control & awareness
- Normalizing conversations related to mental health and emotional/behavioral challenges
- Psycho-Education
- Social and Communication Skills