Mayfield Girls School

WEEK 3	Monday 11/09	Tuesday 12/09	Wednesday 13/09	Thursday 14/09	Friday 15/09	Saturday 16/09	Sunday 17/09
Cooked Breakfast	Potato puffs, scrambled egg & mushrooms	English muffin, ham, spinach poached egg & hollandaise	Bacon, poached egg & mushroom	Pork sausages, fried egg & beans	A selection of pastries	Bacon, Fried egg, mushrooms & baked beans	Waffles in houses
Lunch Main Meal	Spaghetti Puttanesca	Baked gnocchi beef ragu with mozzarella & fresh basil	Moroccan chicken with pomegranate & a harissa yoghurt dressing	Thai green turkey curry	Fritto misto with lemon mayo	Ham & cheese puffs	Chicken, leek & mushroom pie
Lunch Vegetarian	Beans, chipotle, cheddar & spring onion quesadillas with soured cream & limes	Pea, leek & parmesan risotto	Cheese & onion quiche	Mushroom & courgette teriyaki	Macaroni cheese	Sweet potato & feta parcel	Ratatouille with chunky croutons
Lunch Side Dishes	Garlic bread & broccoli	Rosemary & sea salt focaccia, courgettes & carrots	Boiled new potatoes with lemon & parsley dressing & steamed greens	Rice & Asian vegetables	Chips & peas	Sauté potatoes & sweetcorn	Rosemary roasted new potatoes, chunky roast carrots, & broccoli
Salad Bar Specials	Greek salad	Bacon ranch potato salad	Roasted cauliflower with green tahini dressing & pomegranate seeds	Roast carrot Israeli cous cous	Super green pesto pasta	Salad of the day	
	Second daily salad will be a sustainable salad						
Jacket Potato & Topping	Baked beans	Baked beans	Baked beans	Baked beans	Baked beans	Baked beans	Baked beans
		Tuna & sweetcorn		Coronation chicken			
Lunch Dessert	Chocolate mud cake with Chantilly cream	Vanilla cheesecake with mixed berry compote	Victoria sponge with strawberry coulis	Steamed treacle sponge with Madagascan vanilla custard	Strawberry trifle	Dessert of the Day	Dessert of the Day
Supper Main Meal	Cottage pie	BBQ pork sloppy joes	Crispy chilli beef	Chicken burrito	Pasta bar- tomato & basil sauce, vegan mushroom Sauce & creamy pesto sauce	Chilli con carne	Toad in the hole
Supper Vegetarian	Vegetable wellington	BBQ Jackfruit sloppy joes	Crispy salt and chilli tofu	Baked cheesy Quorn burrito		Three bean chilli	Veggie sausage toad in the hole
Supper Side Dishes	Roasted carrots and peas	Corn on the cob, coleslaw and rosemary fries	Egg fried rice and greens	Mexican slaw, guacamole, sour cream and salsa	Broccoli, sweetcorn & garlic bread	Jacket potatoes, soured cream & green salad	Mashed potatoes, onion gravy & peas
Salad Bar	A variety of salads available daily, including mixed side salads, pasta salads, grain salads & meat & cheese boards See separate salad bar menu for daily offerings						
Jacket Potatoes	Jacket potatoes or baked sweet potatoes with beans served daily						
Dessert	Fresh fruit & jellies served everyday. Ice cream will be served one evening a week.						
Dietary Requirements	All our food is made fresh on site every day. We always make sure we have gluten free and dairy free options on both our hot counters and cold counters. Please look at the daily allergen information sheet or ask a server if you are unsure and they will be happy to advise you.						