

How Sick Is Too Sick For School?

In general, children are too sick to come to school when:

- They are contagious.
- Their symptoms are serious enough to prevent them from focusing on the tasks they need to do there.

When children have a minor cold, headache, or stomachache that is not accompanied by fever, vomiting, or diarrhea, they can probably come to school. Earaches are not contagious; children can come to school if they can concentrate on their work.

Use this checklist to help determine whether to keep your child home from school:

Are your child's eyes crusty, bright red, and/or discharging yellow or green fluid (conjunctivitis/pink eye)?

YES	NO
<input type="checkbox"/>	<input type="checkbox"/>

Does your child have a persistent, phlegmy cough or nasal drainage that will interfere with their ability to learn?

YES	NO
<input type="checkbox"/>	<input type="checkbox"/>

Does your child have a fever of 100.4° F or higher?

YES	NO
<input type="checkbox"/>	<input type="checkbox"/>

Does your child have diarrhea?

YES	NO
<input type="checkbox"/>	<input type="checkbox"/>

Has your child vomited? or Do they have a stomachache with sharp pain, and/or hard belly?

YES	NO
<input type="checkbox"/>	<input type="checkbox"/>

Does your child complain of a sore throat and is it accompanied by fever, headache, stomachache, or swollen glands?

YES	NO
<input type="checkbox"/>	<input type="checkbox"/>

Is your child unable to concentrate due to pain or pain medication?

YES	NO
<input type="checkbox"/>	<input type="checkbox"/>

Does your child have a bothersome rash with blisters, drainage, painful, itching, looks like bruises or is accompanied by a fever?

YES	NO
<input type="checkbox"/>	<input type="checkbox"/>



If you answered yes to any of these questions, please keep your child home from school and consider seeking medical attention. Your child could have a serious or contagious illness. Keep your child home until they are symptom-free for at least 24 hours (without the use of fever-reducing medication) or until a doctor indicates that they can return to school. If your child has lice, they may return to school once they have been treated.

If you suspect your student may have COVID-19 or has been exposed to COVID-19, please use the latest Washington Department of Health COVID-19 Decision Tree for the general public; <https://www.skschools.org/learn-sk/covid-health-safety>