

The background features several abstract blue watercolor shapes. In the top left, there are two overlapping light blue washes. In the bottom left, there is a cluster of small, dark blue splatters. On the right side, there is a large, light blue wash at the bottom and a series of concentric, curved blue lines in the upper right corner.

Freshman Parent/Guardian Information Night

August 29, 2023



LOS GATOS HIGH SCHOOL

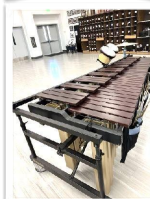
WILDCAT FOUNDATION

Your contribution boosts:

- ▶ Academics
- ▶ Technology
- ▶ Electives
- ▶ Wellness
- ▶ Community

Every student benefits!

Your Wildcat Foundation donation
also funds the LGHS Home & School Club





Agenda

01

Start to School

02

Academics

03

Coursework



04

Socio-Emotional

05

Misc. Info

06

Q&A



01

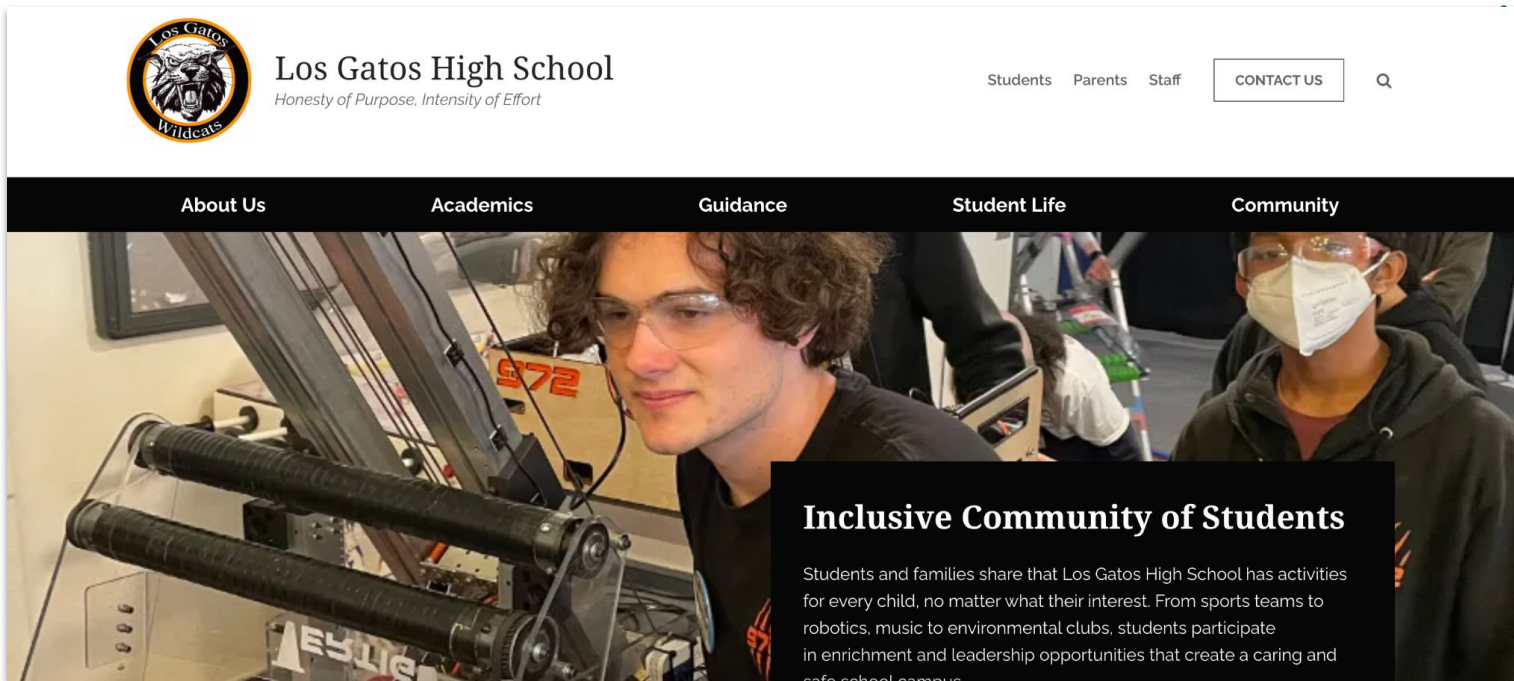
Start to School

Transitioning to
high school



© FACUNDO ARRIZABALAGA/EPA/KEYSTONE Press - Nicketto.com

Website



Upcoming Events

[VIEW FULL CALENDAR >](#)



THURSDAY
AUGUST

24

Wildcat Carnival- Front Lawn

🕒 2:25 PM - 6:00 PM

[Read More](#)

THURSDAY
AUGUST

24

Football vs Soquel JV 4:00 Var
7:00

🕒 4:15 PM - 9:15 PM

[Read More](#)

TUESDAY
AUGUST

29

College App Nuts & Bolts

🕒 all day

[Read More](#)

TUESDAY
AUGUST

29

Freshman PIN

🕒 all day

[Read More](#)

[LOAD MORE EVENTS](#)



Upcoming Events Calendar

Aug 24 2023

Wildcat Carnival- Front Lawn 🔔

🕒 2:25 PM - 6:00 PM


[Read More](#)

Aug 24 2023

Football vs Soquel JV 4:00 Var 7:00 🔔

🕒 4:15 PM - 9:15 PM





02

Academics

Canvas, Aeries,
Tutorial, Tutoring

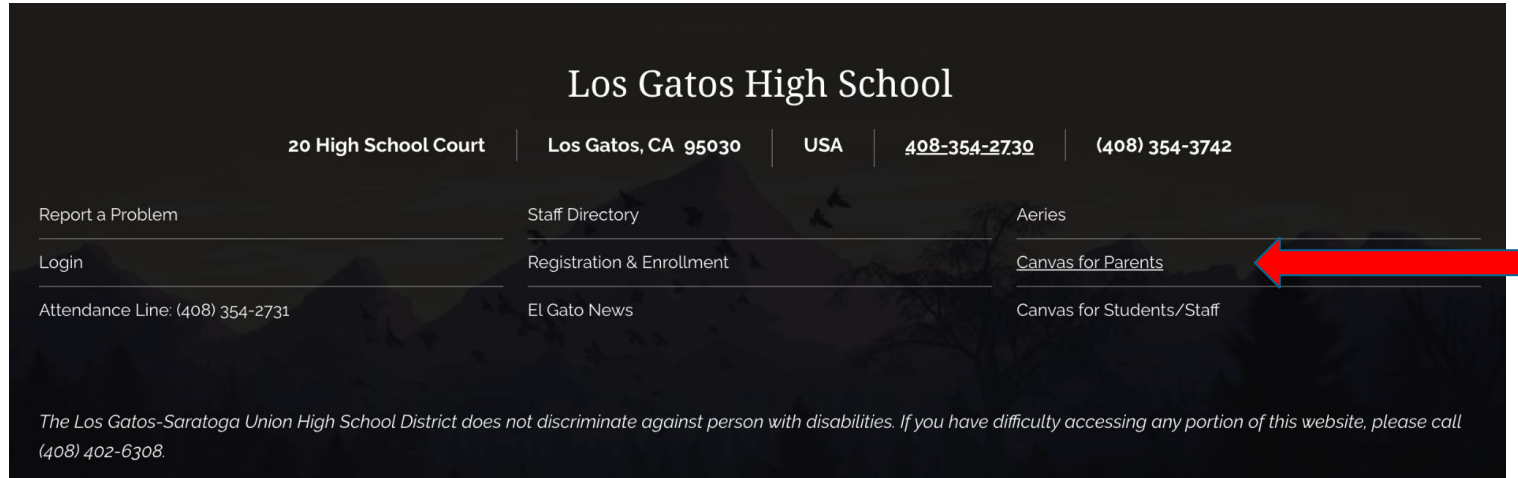
Canvas

Canvas

Assignments, due dates,
grades for each class,
class information

Login Page

Lghs.net → Canvas for Parents
(bottom of website)



The screenshot shows the footer of the Los Gatos High School website. At the top, the school's name "Los Gatos High School" is centered. Below it, contact information is listed: "20 High School Court", "Los Gatos, CA 95030", "USA", "[408-354-2730](\"tel:408-354-2730\")", and "(408) 354-3742". A grid of links follows, including "Report a Problem", "Staff Directory", "Aeries", "Login", "Registration & Enrollment", "[Canvas for Parents](\"#\")", "Attendance Line: (408) 354-2731", "El Gato News", and "Canvas for Students/Staff". A red arrow points to the "Canvas for Parents" link. At the bottom, a disclaimer states: "The Los Gatos-Saratoga Union High School District does not discriminate against person with disabilities. If you have difficulty accessing any portion of this website, please call (408) 402-6308."

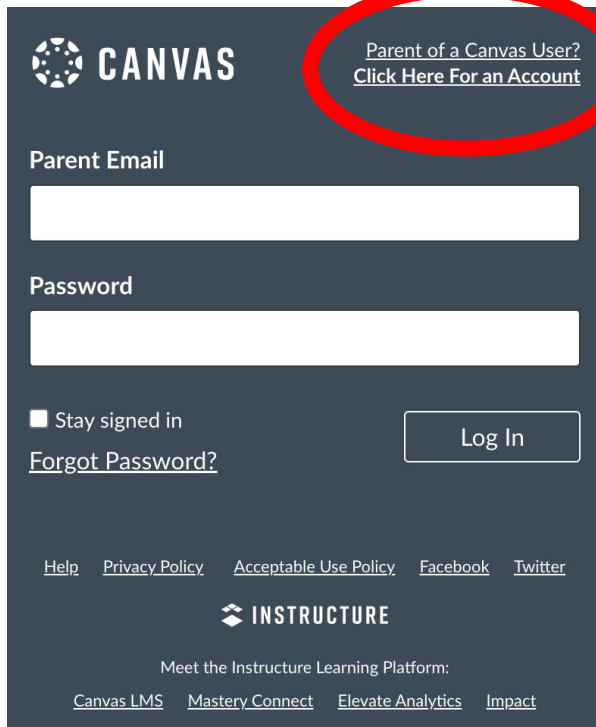
Los Gatos High School

20 High School Court | Los Gatos, CA 95030 | USA | [408-354-2730](tel:408-354-2730) | (408) 354-3742


Report a Problem	Staff Directory	Aeries
Login	Registration & Enrollment	Canvas for Parents
Attendance Line: (408) 354-2731	El Gato News	Canvas for Students/Staff

The Los Gatos-Saratoga Union High School District does not discriminate against person with disabilities. If you have difficulty accessing any portion of this website, please call (408) 402-6308.

Canvas



The Canvas login page features a dark blue header with the Canvas logo. Below the header, there are input fields for 'Parent Email' and 'Password'. A 'Log In' button is positioned to the right of the password field. Below the login fields, there is a checkbox for 'Stay signed in' and a link for 'Forgot Password?'. At the bottom, there are links for 'Help', 'Privacy Policy', 'Acceptable Use Policy', 'Facebook', and 'Twitter'. The Instructure logo and the text 'Meet the Instructure Learning Platform:' are also present, along with links for 'Canvas LMS', 'Mastery Connect', 'Elevate Analytics', and 'Impact'.

 **CANVAS**

[Parent of a Canvas User?
Click Here For an Account](#)

Parent Email


Password

☐ Stay signed in

[Forgot Password?](#)

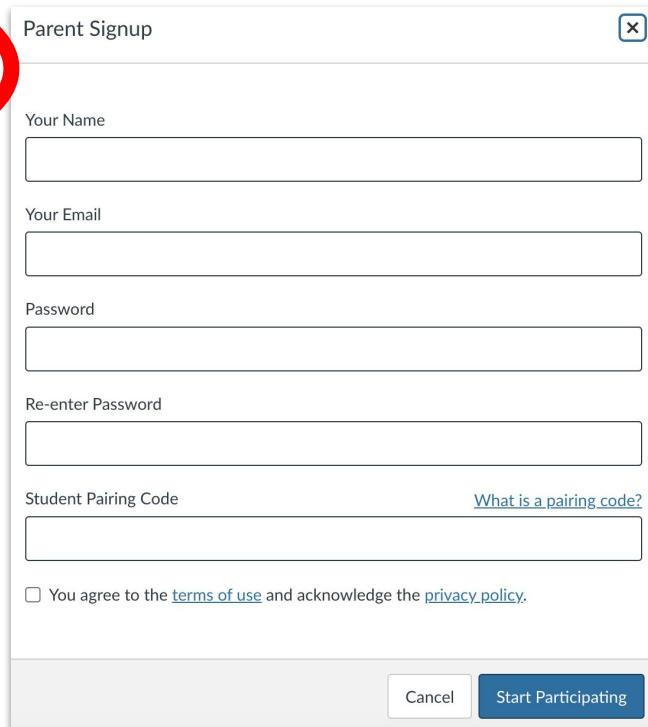
[Log In](#)

[Help](#) [Privacy Policy](#) [Acceptable Use Policy](#) [Facebook](#) [Twitter](#)

 **INSTRUCTURE**

Meet the Instructure Learning Platform:

[Canvas LMS](#) [Mastery Connect](#) [Elevate Analytics](#) [Impact](#)



The Parent Signup form is a light gray box with a close button in the top right corner. It contains input fields for 'Your Name', 'Your Email', 'Password', and 'Re-enter Password'. Below these is a 'Student Pairing Code' field with a link for 'What is a pairing code?'. At the bottom, there is a checkbox for 'You agree to the terms of use and acknowledge the privacy policy.' and two buttons: 'Cancel' and 'Start Participating'.

Parent Signup

Your Name

Your Email

Password

Re-enter Password

Student Pairing Code [What is a pairing code?](#)

☐ You agree to the [terms of use](#) and acknowledge the [privacy policy](#).

[Cancel](#) [Start Participating](#)

Student logs in → click “Account” → click “Pair with Observer” → copy pairing code

Canvas

Trig/Pre-Calc H - Drouin Fall 2020	82.95%
Yoga 2020 (Pacheco)	99.88%
P-World History Denight20F	95.71%
Art 2 (20.21) Fall	100%
LGHS Class of 2023	93.71%
French 2 Fall 2020	96.15%
Chemistry - Palma Fall 2020	97.14%
English 10 F20 Martyn	100%

[Assignment 2.1 and 2.2](#)

Aug 24 by 12:55pm

10

10



Aug 24 by 12:55pm

LATE

25

25



Aug 27 by 12:55pm

MISSING

0

32



[RHYTHM PATT ERN - Page 7](#)

Aug 27 by 11:59pm

MISSING

0

10



[CHAPTER TEST: KEYBOARD IDENTIFICATION](#)

Aug 31 by 12:55pm

10

10





 [Rory McKee](#) > Account Notification Settings

Notifications

[Profile](#)

[Files](#)

[Settings](#)

[ePortfolios](#)

[Shared Content](#)







[QR for Mobile Login](#)

[Global Announcements](#)

Account Notification Settings

Course Activities

Email
rmckee@lgsuhsd.org

Due Date	
Grading Policies	
Course Content	
Files	
Announcement	
Announcement Created By You	

Grading



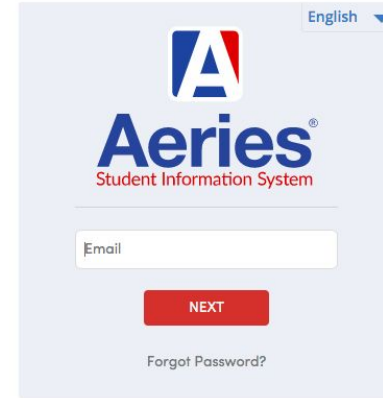
Include scores when alerting about grades. If your email is not an institution email this means sensitive content will be sent outside of the institution.



Aeries

Class schedule,
attendance, contact
information, transcripts,
graduation progress

Los Gatos-Saratoga High School Dist



English

Aeries
Student Information System

Email

NEXT

Forgot Password?

Los Gatos High School

20 High School Court

Los Gatos, CA 95030

USA

408-354-2730

(408) 354-3742

[Report a Problem](#)

[Staff Directory](#)

[Aeries](#)

[Login](#)

[Registration & Enrollment](#)

[Canvas for Parents](#)

Attendance Line: (408) 354-2731

[El Gato News](#)

[Canvas for Students/Staff](#)

The Los Gatos-Saratoga Union High School District does not discriminate against person with disabilities. If you have difficulty accessing any portion of this website, please call (408) 402-6308.

Bell Schedule

Odd "Orange" Day

1st PERIOD (85)

Period begins	8:30
Period ends	9:55

TUTORIAL (40)

Period begins	9:55
Period ends	10:35

BREAK (5)

Period begins	10:35
Warning bell	10:40

passing Period 10 minutes

3rd PERIOD (85)

Period begins	10:50
Period ends	12:15

LUNCH (30)

Period begins	12:15
Warning bell	12:45

passing Period 10 minutes

5th PERIOD (85)

Period begins	12:55
Period ends	2:20

7th Period (85)

Period begins	2:30
Period ends	3:55

Even "Black" Day

2nd PERIOD (85)

Period begins	8:30
Period ends	9:55

TUTORIAL (40)

Period begins	9:55
Period ends	10:35

BREAK (5)

Period begins	10:35
Warning bell	10:40

passing Period 10 minutes

4th PERIOD (85)

Period begins	10:50
Period ends	12:15

LUNCH (30)

Period begins	12:15
Warning bell	12:45

passing Period 10 minutes

6th PERIOD (90)

+ Announcements

Period begins	12:55
Period ends	2:25

Professional Collaboration and Meeting Time

Cats Homework Help

After-school peer tutoring!

Where → School Library
When → Mondays and Thursdays
Time → 2:30–3:45pm

Picture from 2022 Club Day





03

Coursework

Taking proper classes,
Four-year Plan, Grades



Courses for Future Plans

LGHS Graduation Requirements		vs.	UC/CSU <u>a-g</u> Requirements	
(a) History/Social Studies	3 years		2 years	(a) History/Social Studies
(b) English	4 years		4 years	(b) English
(c) Math	2 years		3 years	(c) Math (minimum Alg. 2)
(d) Science	2 years		2 years	(d) Science
(e) Language Other than English OR (f) Visual & Performing Art	1 year		2 years	(e) Language Other than English
Applied Art	*5 units		1 year	(f) Visual & Performing Art
General Electives	*75 units		1 year	(g) College-prep Elective
Physical Education	2 years		N/A	Physical Education

- Graduation credit earned with grades of D- or higher
- Freshman year grades are the foundation; Missteps can be corrected
- All a-g courses must be passed with grades of C- or higher

Road to Graduation

- 220 credits and fulfillment of all subject-specific requirements is the graduation minimum
- Each course earns 10 credits (5 per semester)
 - Freshmen generally earn 60-70 credits during ninth grade.
- A minimum grade of D- is required to earn credit toward graduation
 - **Four-year colleges/universities require a minimum grade of C- for most courses**
- Failed courses earn no credits, but are calculated in the GPA and remain on the transcript.
 - Select summer school courses available for remediation


Sample Four-year Plan

Subject	9 th	10 th	11 th	12 th
Social Studies (a)	N/A	World History	U.S. History	Gov / Econ
English (b)	English 9	English 10	English 11	English 12
Math (c)	Algebra 1	Geometry	Algebra 2	
Science (d)	ESS or Biology	Science		
Language Other Than English (e)	Level 1	Level 2		
Visual / Performing Art (f)	10 credits of either a Visual <u>or</u> Performing Arts			
College Prep. Elective (g)	10 credits required			
P.E.*	Health/Fitness	Additional 10 credits of PE/Sports		
Applied Art*	5 credits required (all classes are 10 units)			
Additional Credits*	Total of 220 credits for graduation			

High School Grading System

- Grades are only posted to transcripts at the end of each semester (see image →)
 - Semester grade is earned throughout entire semester
- Progress reports every six weeks of semester
 - Grades on progress reports determine athletic eligibility

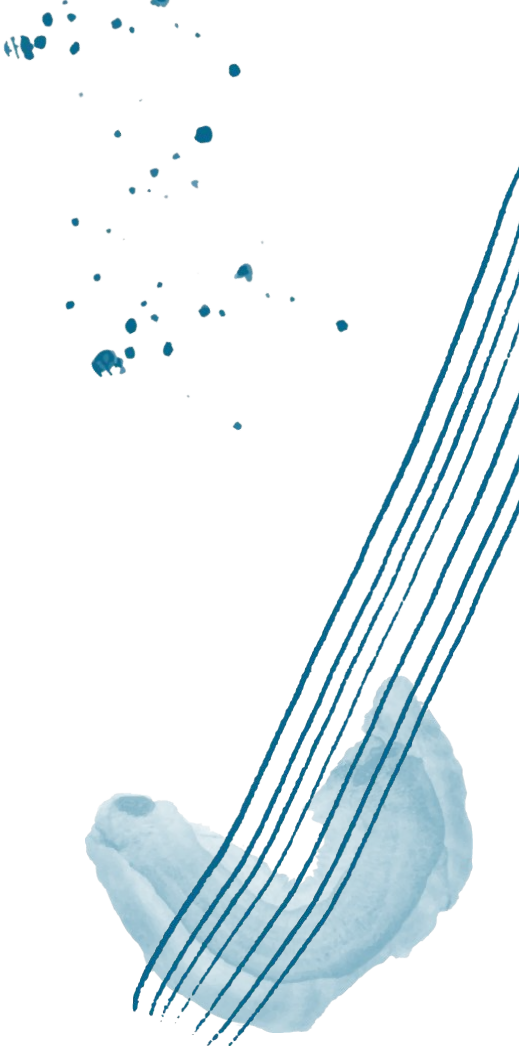
Grade 9 Fall 2020-2021					
Los Gatos High School					
+ p	E100H	P-English 9 H	B+	5.00	5.00
	F509B	PE-HlthFtns	A	5.00	5.00
p	L201B	P-French 1	A	5.00	5.00
p	M209B	P-Geometry	A	5.00	5.00
+ p	Q201H	P-Biology H	A	5.00	5.00
p	V340B	P-Art 1	A	5.00	5.00
Credit Att: 30.00 Cmp: 30.00 AGPA: 4.17					
Grade 9 Spring 2020-2021					
Los Gatos High School					
+ p	E100H	P-English 9 H	A	5.00	5.00
	F509B	PE-HlthFtns	A	5.00	5.00
*	F617B	Spring Sport	A	5.00	5.00
p	L201B	P-French 1	A+	5.00	5.00
p	M209B	P-Geometry	A+	5.00	5.00
+ p	Q201H	P-Biology H	A	5.00	5.00
p	V340B	P-Art 1	A-	5.00	5.00
Credit Att: 35.00 Cmp: 35.00 AGPA: 4.33					



04

Socio-Emotional

Wellness Center,
School-Based Counseling,
Peer-to-Peer Education



Wellness Center

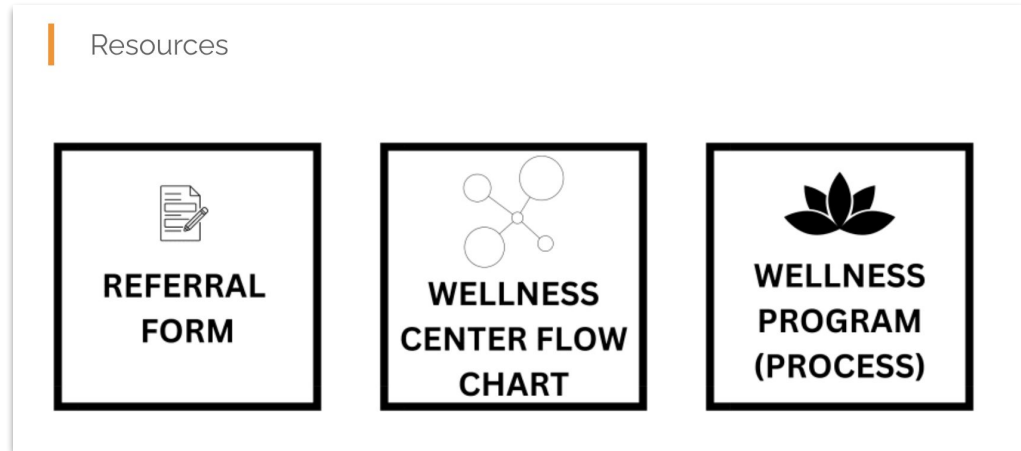
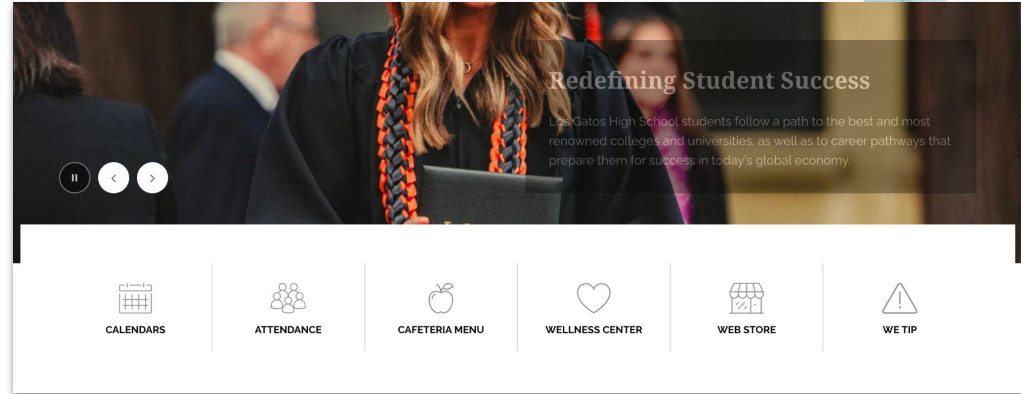
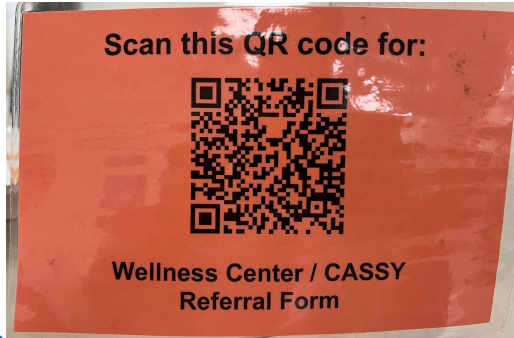


Our school hub for student mental health needs. Currently located inside the school library. Student can drop in or check-in using QR codes located around school.

https://www.lghs.net/students/wellness_center

School-Based Counseling

LGHS partners with licensed school-based counselors who are on campus every day.



Ighs.net → Wellness Center → Referral Form

Link Crew



Link Crew consists junior and senior student leaders who work to welcome the Freshman class during Orientation. They continue to meet with Freshmen throughout the year to offer guidance and advice to successfully navigate high school.

Fun Fall Activities

9/8

Club Day

During Tutorial on the
front lawn



10/2–10/6

Spirit Week

Dress up each spirit day.
Different daily theme!

10/6

Spirit Rally

Spirit rally for
Homecoming Game

10/7

Homecoming

Formal dance in
Large Gym 8–10:30pm

Keys to Freshman Year Success



- Mindful use of technology
- Efficient use of Canvas
- Significance of transitions



- Healthy habits/routines
- Physical/Mental well-being
- Sleep patterns




How can you help?

Help your freshman develop these lifelong skills

Can your student self-advocate by...

- Asking questions if something is unclear?
- Seeking out teachers' help during Tutorial and after school?
- Checking Canvas for assignments and resources?
- Contacting teachers without parental assistance?

Does your freshman...

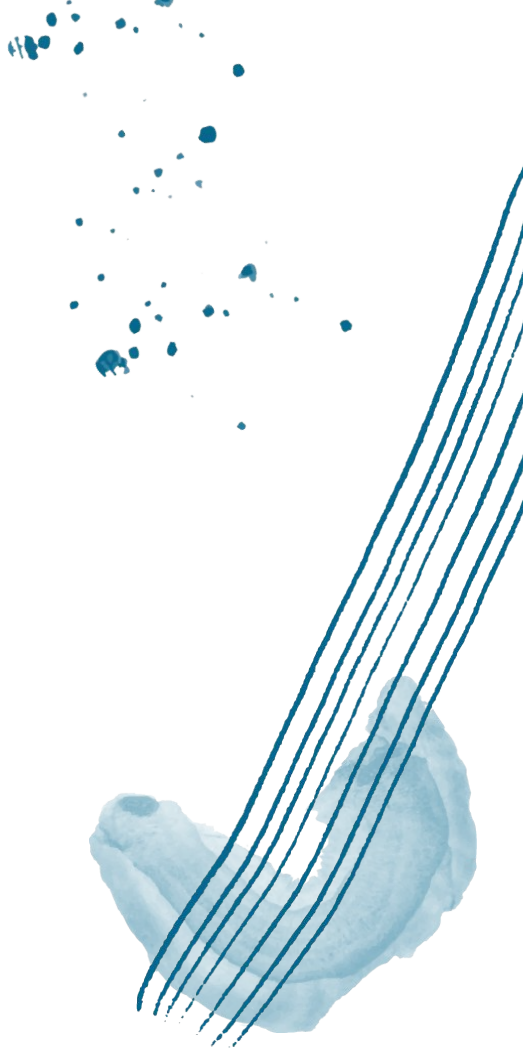
- Have a calendar to stay organized?
 - Student contacts in each class?
- 



05

Misc. Info

School Lunch, Admin team,
Information, Counseling Team



School Lunch

- Universal Meals Program
 - LINQ Connect Account
 - Free breakfast item (1) before 8:30am and Either free breakfast item (1) at break (10:35–10:50am) or Free lunch item (1), fruit (1), and milk (1) at lunch (12:15–12:55pm)
 - <https://www.lghs.net/about-us/general-information/cafeteria>

The screenshot shows the LINQ Connect website. At the top, there's a header with the LINQ Connect logo and two buttons: REGISTER and LOGIN. Below the header, the main content area is divided into two columns. The left column has a heading 'Welcome to LINQ Connect!' followed by a dark blue box titled 'Join the LINQ Connect Community!'. Inside this box, there's text explaining the benefits of being an account holder, such as using LINQ Connect for on-demand access to a student's school account and making meal payments. To the right of this text is a circular icon with a hand. The right column has a heading 'Meal Application' followed by a dark blue box titled 'Start your Meal Application here!'. Inside this box, there's a green button labeled 'START MEAL APPLICATION' and a dropdown menu for 'Language' with 'English' selected.

LINQ Connect

REGISTER LOGIN

Welcome to LINQ Connect!

Join the LINQ Connect Community!

As an account holder, you can use LINQ Connect for on demand access to your student's school account.

With the peace of mind knowing it's secure, you can easily make meal payments, link student accounts, access menus, track purchases and more!

Meal Application

Start your Meal Application here!

START MEAL APPLICATION

Language
English



PE Credit

- Students must earn 20 credits of physical education
 - 10 credits fulfilled by Health & Fitness
- NEW for Sophomores:
 - Need to work toward completing requirement via PE class at LGHS or sports
 - More information to come next year!

College

- “How do students get into highly competitive colleges?”
- “I want to get into a good college.”
- Private college counselors
 - Advanced Placement (AP) courses / Honors courses



Harvard University





@Harvard

Fact check: In a recent admissions cycle there were:
2,000 available slots at Harvard College
8,000 U.S. applicants with perfect GPAs
4,000+ applicants ranked 1st in their high school classes
18,000+ scored 700+ on SAT reading/writing
20,000+ scored 700+ on SAT math

11:06 AM · Oct 31, 2022 · Twitter Web App



LGHS Resources & Recommendations:

- School counselors
 - College & Career Specialist
 - Naviance
 - Visit colleges!
 - LGHS Classes - Challenge appropriately
 - Opportunities:
 - Leadership
 - Contributing to community (school and local)
- 
- 

School Information

- ParentSquare
 - Principal's Weekly Message
- School Website (lghs.net)
- Counseling Newsletter :)

August 25, 2023

LGHs Counseling Newsletter

Grade Level Info

9

Tutorial is a daily period from 9:55-10:35am where students can seek help from any of their teachers. We recommend creating a weekly schedule so your student knows which teacher to see and what to get help with. Here's a [log book](#) to help plan. They can show you the log so you know they're meeting with their teachers.

10

The Preliminary SAT can be taken for the first time at LGHS on Saturday, October 14. Check [this info](#) and see the Parent Square email sent on Aug 22. Registration closes Aug 29.

11

The Preliminary SAT can be taken for the first time at LGHS on Saturday, October 14. Juniors may meet the requirements to enter the National Merit® Scholarship Program, an academic competition for recognition and scholarships. Check [this info](#) and see the ParentSquare email sent on Aug 22. Registration closes Aug 29.

12

School counselors will meet with seniors individually in their Gov/Econ classes to review college application process - September 5-15.

Monthly Article & Podcast



If you have a New York Times account, our suggested article for the month is about changes to the FAFSA and college aid. [Article here.](#)



The suggested podcast this month is an episode of Andrew Huberman's that is a deep dive in the [Science of Making & Breaking Habits](#). Andrew Huberman is an American neuroscientist and associate professor at Stanford University School of Medicine.

Upcoming Events & Noteworthy Dates

Date	Event	For	Location, Time
8/29	College App Nuts & Bolts	Seniors	LGHs Theater, 10-10:30am
8/29	Freshmen Parent/Guardian Info Night	Freshmen Parents/Guardians	LGHs Theater, 6-7pm
8/31	College Essay Workshop	Seniors	LGHs Library, 7:30-8:20am
8/31	Schedule Change Requests - Last Day to Submit	All Students	Link
9/6	Senior Parent/Guardian Info Night	Senior Parents/Guardians	LGHs Theater, 6-7pm
9/14	Junior Parent/Guardian Info Night	Junior Parents/Guardians	LGHs Theater, 6-7pm
9/20	Sophomore Parent/Guardian Info Night	Sophomore Parents/Guardians	LGHs Theater, 6-7pm

School Wide Message & Resources

Welcome back Wildcats! We're excited to provide you with our first monthly newsletter. We hope this space provides you with relevant information and helpful resources in one space.

A few fun facts about our Wildcats. To start the year, we have 1965 students enrolled, including 447 freshmen. We can't wait to see how our newest Wildcats will become connected to the school community and make LGHS a better place for all. Our students come from 56 different countries, covering all corners of the globe. For students born outside the United States, the United Kingdom, Canada, China and Russia are the most frequent countries of origin. Our students speak more than 40 home languages, collectively. We look forward to opportunities for our students to share their heritage, culture and customs with the entire Wildcat family.

College & Career Resources

COLLEGE
The College and Career Center (CCC) provides resources for students in their explorations of post-high school opportunities. The College and Career Center is located right next door to Office 3. Come by for help with:

- General college application support process and resources
- College Representative Visits/Contact Information
- Learning about Community Colleges: degree/certificate programs and transfer agreements to 4-year universities
- Finding dates/times of college visits, college fairs, SAT/ACT testing

CAREER
Work Permit Information. All minors who wish to work, must have a valid work permit issued by their school of residence, including during summer months. Once students have graduated from high school OR turned 18 (whichever comes first), they no longer need a work permit. Please find all needed information to obtain a work permit at [this link](#).

Farah Manganello Last Names A-C	Louis Ric Last Names D-H	Laressa Mead Last Names He-L	Rory McKee Last Names M-P
Sarah Pereira Last Names Q-S	Cassandra Cochran Last Names T-Z	Vanessa Fiske College & Career	Terri Dewing Registrar

Student to Teacher

Students should contact teacher directly

Parent/Guardian to Teacher

Parents/Guardians can email teachers

Student to Counselor

Student can see counselor during school breaks or email










Parent/Guardian to Counselor

Parents/Guardians can email counselor

Who do I contact?



Admin Team

House 1 9 th Grade	House 1 11 th Grade	House 2 10 th Grade	House 3 12 th Grade	Principal
Allison Stits Assistant Principal  astits@lgsuhd.org (408) 354-2730 x333	Amy Drolette Assistant Principal  adrolette@lgsuhd.org (408) 354-2730 x213	David Poetzinger Assistant Principal  dpoetzinger@lgsuhd.org (408) 354-2730 x360	Kristina Grasty Assistant Principal  kgrasty@lgsuhd.org (408) 354-2730 x386	Kevin Buchanan Principal  kbuchanan@lgsuhd.org (408) 354-2730 x212
Jennifer Blomquist Administrative Assistant  jblomquist@lgsuhd.org (408) 354-2730 x221	Stacey Caro Administrative Assistant  scaro@lgsuhd.org (408) 354-2730 x227	Cathi Miezio Administrative Assistant  cmiezio@lgsuhd.org (408) 354-2730 x271	Cathy Sanchez Principal's Assistant  csanchez@lgsuhd.org (408) 354-2730 x214	

Our Team



Farah Manganello

A-C



Louis Rich

D-Ha



Laressa Mead

Hb-L



Rory McKee

M-P



Sarah Pereira

Q-S



Kassandra Cochran

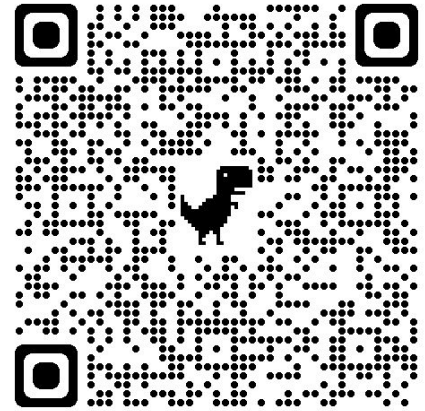
T-Z



Q&A



- More on college and career advising. How students get into highly competitive colleges.
- No feedback on preso. If the HS is redoing website, can you look into making it possible to subscribe to the the school calendar?
- More information on grading
- Wish this was held BEFORE school opened. Also wish there were more reminders, like a day before the event.
- More information about the calendar of major social events freshman typically attend.
- It would be helpful to get more context/examples of specifically how the Wildcat Foundation enhances the level of learning. Some inspiring info was shared about the quality of LGHS education, but seemed vague on specifics of what/how the funds support.



Thank you!!