

## **Brunswick School Guidelines for Childhood Illness**

*The following guidelines are to help us provide a healthy environment for your child in school.*

If your child has any of the following symptoms, they might have an illness they can spread to others. Check your child for these symptoms before they go to school:

*Note: For students with chronic conditions, check a symptom only if it has changed from usual or baseline health.*

- Temperature of 100.4 degrees Fahrenheit or higher
- Sore throat
- Cough (for students with chronic cough due to allergies or asthma, a change in their cough from baseline)
- Difficulty breathing (for students with asthma, a change from their baseline breathing)
- Diarrhea or vomiting
- New onset of severe headache, especially with a fever

→ If your child does NOT have any of the symptoms above, send them to school as usual.

→ If your child has any of the symptoms above,

- Keep them home from school
- Consider whether your child needs to see a healthcare provider and possible COVID-19 testing. CDC has a Coronavirus Self Checker available in its website, which may help you make decisions about seeking medical care for possible COVID-19

(<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/coronavirus-self-checker.html>)