

Mt. Solo Middle School Cross Country 2023

Coaches: Rita Yordy

Date	Day	Site	Time	Release	Bus Departs
9-5-2023	Tuesday	Pictures in the Café	2:30pm	-	-
9-12-2023	Tuesday	La Center Elementary 700 E 4 th Street La Center, WA, 98629	4:20pm Girls 4:00 Boys	2:15pm	2:30pm
9-16-2023	Saturday	Lake Sacajawea	12:00pm Girls 12:30pm Boys	-	-
9-21-2023	Thursday	Kalama Rainbow Park 299 Modrow Road Kalama, WA, 98625	3:45pm Girls pm Boys	2:15pm	2:30pm
9-27-2023	Wednesday	Lake Sacajawea	3:50pm Girls 3:30pm Boys	2:15pm	2:30pm
10-4-2023	Wednesday	Ridgefield High School 2630 S Hillhurst Road Ridgefield, WA, 98642	3:30pm	1:35pm	1:50pm
10-11-2023	Wednesday	Washougal High School Middle School League Championship	4:45pm Girls 4:00pm Boys	2:00pm	2:15pm



Pictures: Sept. 5th at 2:30pm

Athletic Director: Jerry Johnson **Mascot:** Skyhawks **Colors:** Navy & Silver
Athletic Secretary: Mrs. Guizzotti 360-577-2863 mguizzotti@longview.k12.wa.us