

SEPTEMBER | 2023

Breakfast - CCHS



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>28 Enter Text Here</p>	<p>29 Enter Text Here</p>	<p>30 Enter Text Here</p>	<p>31 Enter Text Here</p>	<p>1 WG Biscuit / Gravy Sausage Choice of Cereal Fruit Juice Milk Choice</p>
<p>4 NO SCHOOL</p>	<p>5 Chicken Pattie / WG Biscuit 2ct. Pop Tart Choice of Cereal Fruit Juice Milk Choice</p>	<p>6 Bacon, Egg & Cheese WG Biscuit 2ct. Pop Tart Choice of Cereal Fruit Juice Milk Choice</p>	<p>7 WG Breakfast Pizza 2ct. Pop Tart Choice of Cereal Fruit Juice Milk Choice</p>	<p>8 WG Biscuit / Gravy Sausage Link Choice of Cereal Fruit Juice Milk Choice</p>
<p>11 WG Pancake Sausage 2ct. Pop Tart Choice of Cereal Fruit Juice Milk Choice</p>	<p>12 WG Toast Scrambled Eggs Bacon Choice of Cereal Fruit Juice Milk Choice</p>	<p>13 WG Breakfast Pizza 2ct. Pop Tart Choice of Cereal Fruit Juice Milk Choice</p>	<p>14 WG Muffin / Yogurt 2ct. Pop Tart Choice of Cereal Fruit Juice Milk Choice</p>	<p>15 WG Biscuit / Gravy Sausage Choice of Cereal Fruit Juice Milk Choice</p>
<p>18 Sausage / WG Biscuit 2ct. Pop Tart Choice of Cereal Fruit Juice Milk Choice</p>	<p>19 WG French Toast 2ct. Pop Tart Choice of Cereal Fruit Juice Milk Choice</p>	<p>20 WG Breakfast Pizza 2ct. Pop Tart Choice of Cereal Fruit Juice Milk Choice</p>	<p>21 NO SCHOOL</p>	<p>22 NO SCHOOL</p>
<p>25 WG Muffin / Yogurt 2ct. Pop Tart Choice of Cereal Fruit Juice Milk Choice</p>	<p>26 Chicken Pattie / WG Biscuit 2ct. Pop Tart Choice of Cereal Fruit Juice Milk Choice</p>	<p>27 Bacon, Egg & Cheese WG Biscuit 2ct. Pop Tart Choice of Cereal Fruit Juice Milk Choice</p>	<p>28 WG Breakfast Pizza 2ct. Pop Tart Choice of Cereal Fruit Juice Milk Choice</p>	<p>29 WG Biscuit / Gravy Sausage Link Choice of Cereal Fruit Juice Milk Choice</p>

News

Variety of Milk served daily.

Variety of Fruit served daily.

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SEPTEMBER | 2023

Breakfast-CCMS-JPE-LES-WHE



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>28 Enter Text Here</p>	<p>29 Enter Text Here</p>	<p>30 Enter Text Here</p>	<p>31 Enter Text Here</p>	<p>1 WG Biscuit / Gravy Sausage Choice of Cereal Fruit Juice Milk Choice</p>
<p>4 NO SCHOOL</p>	<p>5 Chicken Pattie / WG Biscuit Choice of Cereal Fruit Juice Milk Choice</p>	<p>6 Bacon, Egg, & Cheese Biscuit Choice of Cereal Fruit Juice Milk Choice</p>	<p>7 Breakfast Pizza Choice of Cereal Fruit Juice Milk Choice</p>	<p>8 WG Biscuit / Gravy Sausage Link Choice of Cereal Fruit Juice Milk Choice</p>
<p>11 Pancake Sausage Choice of Cereal Fruit Juice Milk Choice</p>	<p>12 WG Toast Scrambled Eggs Bacon Choice of Cereal Fruit Juice Milk Choice</p>	<p>13 Breakfast Pizza Choice of Cereal Fruit Juice Milk Choice</p>	<p>14 Muffin / Yogurt Choice of Cereal Fruit Juice Milk Choice</p>	<p>15 WG Biscuit / Gravy Sausage Choice of Cereal Fruit Juice Milk Choice</p>
<p>18 Sausage / WG Biscuit Choice of Cereal Fruit Juice Milk Choice</p>	<p>19 WG French Toast Choice of Cereal Fruit Juice Milk Choice</p>	<p>20 Breakfast Pizza Choice of Cereal Fruit Juice Milk Choice</p>	<p>21 NO SCHOOL</p>	<p>22 NO SCHOOL</p>
<p>25 Muffin / Yogurt Choice of Cereal Fruit Juice Milk Choice</p>	<p>26 Chicken Pattie / WG Biscuit Choice of Cereal Fruit Juice Milk Choice</p>	<p>27 Bacon, Egg, & Cheese Biscuit Choice of Cereal Fruit Juice Milk Choice</p>	<p>28 Breakfast Pizza Choice of Cereal Fruit Juice Milk Choice</p>	<p>29 WG Biscuit / Gravy Sausage Choice of Cereal Fruit Juice Milk Choice</p>

News

Variety of Milk served daily.

Variety of Fruit served daily.

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SEPTEMBER | 2023

Lunch-CCHS



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>28 Enter Text Here</p>	<p>29 Enter Text Here</p>	<p>30 Enter Text Here</p>	<p>31 Enter Text Here</p>	<p>1 WG Pizza Fish / WG Bun Corn Celery Sticks Salad Box / WG Crackers Fruit Choice Milk Choice</p>
<p>4 NO SCHOOL</p>	<p>5 Hamburger/Cheeseburger WG Bun Baked Beans Cole Slaw Toppings Salad Box / WG Crackers Fruit Choice Milk Choice</p>	<p>6 Chicken Nuggets / WG Roll Mashed Potatoes Green Beans Carrot Sticks Salad Box / WG Crackers WG Sandwich Box Fruit Choice Milk Choice</p>	<p>7 Taco Salad / WG Chips Toppings Refried Beans & Mexican Rice Salad Box / WG Crackers Fruit Choice Milk Choice</p>	<p>8 WG Pizza Fish Sticks / WG Roll Corn Tossed Salad Carrots Sticks Salad Box / WG Crackers Fruit Choice Milk Choice</p>
<p>11 Chicken Pattie / WG Bun Red Seasoned Potatoes Tossed Salad Salad Box / WG Crackers WG Sandwich Box Fruit Choice Milk Choice</p>	<p>12 Spaghetti / WG Breadstick Green Beans Glazed Carrots Salad Box / WG Crackers WG Sandwich Box Fruit Choice Milk Choice</p>	<p>13 Oriental Chicken / WG Roll Rice & Egg Roll Steamed Broccoli Salad Box / WG Crackers WG Sandwich Box Fruit Choice Milk Choice</p>	<p>14 Hot Dog / Chili Dog WG Bun Baked Beans Sweet Potato Fries Salad Box / WG Crackers WG Sandwich Box Fruit Choice Milk Choice</p>	<p>15 WG Pizza Fish Sandwich / WG Bun Corn Tossed Salad Salad Box / WG Crackers Fruit Choice Milk Choice</p>
<p>18 Hot Ham & Cheese WG Bun Steamed Broccoli Carrot Sticks Salad Box / WG Crackers WG Sandwich Box Fruit Choice Milk Choice</p>	<p>19 Oven Roasted Chicken WG Roll Mashed Potatoes Glazed Carrots Salad Box / WG Crackers WG Sandwich Box Fruit Choice Milk Choice</p>	<p>20 Beef Dippers / WG Roll Sweet Potato Fries Green Peas Salad Box / WG Crackers Fruit Choice Milk Choice</p>	<p>21 NO SCHOOL</p>	<p>22 NO SCHOOL</p>
<p>25 Chicken Strips / WG Roll Steamed Broccoli Buttered Carrots Salad Box / WG Crackers WG Sandwich Box Fruit Choice Milk Choice</p>	<p>26 Hamburger / Cheeseburger WG Bun Baked Beans Cole Slaw Toppings Salad Box / WG Crackers Fruit Choice Milk Choice</p>	<p>27 Chicken Nuggets / WG Roll Mashed Potatoes Green Beans Carrot Sticks Salad Box WG / Crackers WG Sandwich Box Fruit Choice Milk Choice</p>	<p>28 Taco Salad / WG Chips Toppings Refried Beans & Mexican Rice Salad Box / WG Crackers Fruit Choice Milk Choice</p>	<p>29 WG Pizza Fish Sandwich WG Bun Corn Tossed Salad Salad Box / WG Crackers Fruit Choice Milk Choice</p>

News

Variety of Milk served daily.

Variety of Fruit served daily.

Fixings: Lettuce, Tomato, Onion & Pickles.

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SEPTEMBER | 2023

Lunch-CCMS-JPE-LES-WHE



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>28 Enter Text Here</p>	<p>29 Enter Text Here</p>	<p>30 Enter Text Here</p>	<p>31 Enter Text Here</p>	<p>1 WG Pizza Fish WG Bun Corn Celery Sticks PBJ / Cheese Stick / Crackers Fruit Choice Milk Choice</p>
<p>4 NO SCHOOL</p>	<p>5 Hamburger / Cheeseburger WG Bun Baked Beans Cole Slaw Toppings PBJ / Cheese Stick / Crackers Fruit Choice Milk Choice</p>	<p>6 Chicken Nuggets WG Roll Mashed Potatoes Green Beans Carrot Sticks Yogurt / Cheese Stick / Crackers Fruit Choice Milk Choice</p>	<p>7 Taco Salad WG Chips Toppings Refried Beans & Mexican Rice PBJ / Cheese Stick / Crackers Fruit Choice Milk Choice</p>	<p>8 WG Pizza Fish Sticks Corn Tossed Salad Yogurt / Cheese Stick / Crackers Fruit Choice Milk Choice</p>
<p>11 Chicken Pattie / WG Bun Red Seasoned Potatoes Toppings Tossed Salad PBJ / Cheese Stick / Crackers Fruit Choice Milk Choice</p>	<p>12 Spaghetti WG Breadstick Green Beans Steamed Carrots Yogurt / Cheese Stick / Crackers Fruit Choice Milk Choice</p>	<p>13 Popcorn Chicken WG Roll Steamed Broccoli Mashed Potatoes PBJ / Cheese Stick / Crackers Fruit Choice Milk Choice</p>	<p>14 Hot Dog / Chili Dog WG Bun Baked Beans Sweet Potato Fries Yogurt / Cheese Stick / Crackers Fruit Choice Milk Choice</p>	<p>15 WG Pizza Fish WG Bun Corn Celery Sticks PBJ / Cheese Stick / Crackers Fruit Choice Milk Choice</p>
<p>18 Hot Ham & Cheese WG Bun Steamed Broccoli Carrot Sticks Yogurt / Cheese Stick / Crackers Fruit Choice Milk Choice</p>	<p>19 Oven Roasted Chicken WG Roll Mashed Potatoes Glazed Carrots PBJ / Cheese Stick / Crackers Fruit Choice Milk Choice</p>	<p>20 Beef Dippers / WG Roll Sweet Potato Fries Green Peas Tossed Salad Yogurt / Cheese Stick / Crackers Fruit Choice Milk Choice</p>	<p>21 NO SCHOOL</p>	<p>22 NO SCHOOL</p>
<p>25 Chicken Strips WG Roll Steamed Broccoli Buttered Carrots PBJ / Cheese Stick / Crackers Fruit Choice Milk Choice</p>	<p>26 Hamburger / Cheeseburger WG Bun Baked Beans Cole Slaw Toppings Yogurt / Cheese Stick / Crackers Fruit Choice Milk Choice</p>	<p>27 Chicken Nuggets / WG Roll Mashed Potatoes Green Beans Carrot Sticks PBJ / Cheese Stick / Crackers Fruit Choice Milk Choice</p>	<p>28 Taco Salad / WG Chips Toppings Refried Beans & Mexican Rice Yogurt / Cheese Stick / Crackers Fruit Choice Milk Choice</p>	<p>29 WG Pizza Fish WG Bun Corn Celery Sticks PBJ / Cheese Stick / Crackers Fruit Choice Milk Choice</p>

News

Variety of Milk served daily.

Variety of Fruit served daily.

Fixings: Lettuce, Tomato, Onion & Pickles.

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OCTOBER | 2023

Breakfast - CCHS



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2 NO SCHOOL	3 NO SCHOOL	4 NO SCHOOL	5 NO SCHOOL	6 NO SCHOOL
9 WG Muffin / Yogurt 2ct. Pop Tart Choice of Cereal Fruit Juice Milk Choice	10 Chicken Pattie / WG Biscuit 2ct. Pop Tart Choice of Cereal Fruit Juice Milk Choice	11 Bacon, Egg & Cheese WG Biscuit 2ct. Pop Tart Choice of Cereal Fruit Juice Milk Choice	12 WG Breakfast Pizza 2ct. Pop Tart Choice of Cereal Fruit Juice Milk Choice	13 WG Biscuit / Gravy Sausage Link Choice of Cereal Fruit Juice Milk Choice
16 WG Pancake Sausage 2ct. Pop Tart Choice of Cereal Fruit Juice Milk Choice	17 WG Toast Scrambled Eggs Bacon Choice of Cereal Fruit Juice Milk Choice	18 WG Breakfast Pizza 2ct. Pop Tart Choice of Cereal Fruit Juice Milk Choice	19 WG Muffin / Yogurt 2ct. Pop Tart Choice of Cereal Fruit Juice Milk Choice	20 WG Biscuit / Gravy Sausage Choice of Cereal Fruit Juice Milk Choice
23 Sausage / WG Biscuit 2ct. Pop Tart Choice of Cereal Fruit Juice Milk Choice	24 WG French Toast 2ct. Pop Tart Choice of Cereal Fruit Juice Milk Choice	25 WG Breakfast Pizza 2ct. Pop Tart Choice of Cereal Fruit Juice Milk Choice	26 Bacon, Egg & Cheese WG Biscuit 2ct. Pop Tart Choice of Cereal Fruit Juice Milk Choice	27 WG Biscuit / Gravy Sausage Choice of Cereal Fruit Juice Milk Choice
30 WG Muffin / Yogurt 2ct. Pop Tart Choice of Cereal Fruit Juice Milk Choice	31 Chicken Pattie / WG Biscuit 2ct. Pop Tart Choice of Cereal Fruit Juice Milk Choice	1 Bacon, Egg & Cheese WG Biscuit 2ct. Pop Tart Choice of Cereal Fruit Juice Milk Choice	2 WG Breakfast Pizza 2ct. Pop Tart Choice of Cereal Fruit Juice Milk Choice	3 WG Biscuit / WG Biscuit Sausage Link Choice of Cereal Fruit Juice Milk Choice

News

Variety of Milk served daily.

Variety of Fruit served daily.

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OCTOBER | 2023

Breakfast-CCMS-JPE-LES-WHE



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2 NO SCHOOL	3 NO SCHOOL	4 NO SCHOOL	5 NO SCHOOL	6 NO SCHOOL
9 Muffin / Yogurt Choice of Cereal Fruit Juice Milk Choice	10 Chicken Pattie / WG Biscuit Choice of Cereal Fruit Juice Milk Choice	11 Bacon, Egg & Cheese WG Biscuit Choice of Cereal Fruit Juice Milk Choice	12 Breakfast Pizza Choice of Cereal Fruit Juice Milk Choice	13 WG Biscuit / Gravy Sausage Link Choice of Cereal Fruit Juice Milk Choice
16 WG Pancake Sausage Choice of Cereal Fruit Juice Milk Choice	17 WG Toast Scrambled Eggs Bacon Choice of Cereal Fruit Juice Milk Choice	18 Breakfast Pizza Choice of Cereal Fruit Juice Milk Choice	19 Muffin / Yogurt Choice of Cereal Fruit Juice Milk Choice	20 WG Biscuit / Gravy Sausage Choice of Cereal Fruit Juice Milk Choice
23 Sausage / WG Biscuit Choice of Cereal Fruit Juice Milk Choice	24 WG French Toast Choice of Cereal Fruit Juice Milk Choice	25 Breakfast Pizza Choice of Cereal Fruit Juice Milk Choice	26 Bacon, Egg & Cheese WG Biscuit Choice of Cereal Fruit Juice Milk Choice	27 WG Biscuit / Gravy Sausage Link Choice of Cereal Fruit Juice Milk Choice
30 Muffin / Yogurt Choice of Cereal Fruit Juice Milk Choice	31 Chicken Pattie / WG Biscuit Choice of Cereal Fruit Juice Milk Choice	1 Bacon, Egg, & Cheese WG Biscuit Choice of Cereal Fruit Juice Milk Choice	2 Breakfast Pizza Choice of Cereal Fruit Juice Milk Choice	3 WG Biscuit / Gravy Sausage Choice of Cereal Fruit Juice Milk Choice

News

Variety of Milk served daily.

Variety of fruit served daily.

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OCTOBER | 2023

Lunch-CCHS



MONDAY

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WEDNESDAY

THURSDAY

FRIDAY

2 NO SCHOOL	3 NO SCHOOL	4 NO SCHOOL	5 NO SCHOOL	6 NO SCHOOL
9 Chicken Strips / WG Roll Steamed Broccoli Buttered Carrots Salad Box WG Crackers WG Sandwich Box Fruit Choice Milk Choice	10 Hamburger / Cheeseburger WG Bun Baked Beans Cole Slaw Toppings Salad Box WG Crackers Fruit Choice Milk Choice	11 Chicken Nuggets / WG Roll Mashed Potatoes Green Beans Carrot Sticks Salad Box WG Crackers WG Sandwich Box Fruit Choice Milk Choice	12 Taco Salad / WG Chips Toppings Refried Beans & Mexican Rice Salad Box WG Crackers WG Sandwich Box Fruit Choice Milk Choice	13 WG Pizza Fish Sticks WG Roll Corn Tossed Salad Carrot Sticks Salad Box WG Crackers WG Sandwich Box Fruit Choice Milk Choice
16 Chicken Pattie WG Bun Red Seasoned Potatoes Tossed Salad Salad Box WG Crackers WG Sandwich Box Fruit Choice Milk Choice	17 Spaghetti WG Breadstick Green Beans Glazed Carrots Salad Box WG Crackers WG Sandwich Box Fruit Choice Milk Choice	18 Oriental Chicken WG Roll Rice & Egg Roll Steamed Broccoli Salad Box WG Crackers WG Sandwich Box Fruit Choice Milk Choice	19 Hot Dog / Chili Dog WG Bun Baked Beans Sweet Potato Fries Salad Box WG Crackers WG Sandwich Box Fruit Choice Milk Choice	20 WG Pizza Fish WG Bun Cole Slaw Salad Box WG Crackers WG Sandwich Box Fruit Choice Milk Choice
23 Beef Dippers WG Roll Sweet Potato Fries Green Peas Salad Box WG Crackers WG Sandwich Box Fruit Choice Milk Choice	24 Open Roasted Chicken WG Roll Mashed Potatoes Glazed Carrots Salad Box WG Crackers WG Sandwich Box Fruit Choice Milk Choice	25 Ham or Turkey on WG Bun Chips Toppings, Carrot Sticks Pork N Beans Salad Box WG Crackers WG Sandwich Box Fruit Choice Milk Choice	26 Taco Salad / WG Chips Toppings Refried Beans & Mexican Rice Salad Box WG Crackers WG Sandwich Box Fruit Choice Milk Choice	27 WG Pizza Fish Sticks Corn, Tossed Salad Carrot Sticks Salad Box WG Crackers WG Sandwich Box Fruit Choice Milk Choice
30 Chicken Strips WG Roll Steamed Broccoli Buttered Carrots Salad Box WG Crackers WG Sandwich Box Fruit Choice Milk Choice	31 Hamburger / Cheeseburger WG Bun Baked Beans Cole Slaw Toppings Salad Box WG Crackers Fruit Choice Milk Choice	1 Chicken Nuggets WG Roll Mashed Potatoes Green Beans Carrot Sticks Salad Box WG Crackers WG Sandwich Box Fruit Choice Milk Choice	2 Oriental Chicken WG Roll Rice & Egg Roll Steamed Broccoli Salad Box WG Crackers WG Sandwich Box Fruit Choice Milk Choice	3 WG Pizza Fish WG Bun Cole Slaw Salad Box WG Crackers WG Sandwich Box Fruit Choice Milk Choice

News

Variety of Milk served daily.

Variety of Fruit served daily.

Fixings: Lettuce, Tomato, Onion & Pickles.

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23 Beef Dippers / WG Roll Sweet Potato Fries Green Peas Tossed Salad Yogurt / Cheese Stick / Crackers Fruit Choice Milk Choice	24 Open Roasted Chicken WG Roll Mashed Potatoes Glazed Carrots PBJ / Cheese Stick / Crackers Fruit Choice Milk Choice	25 Ham or Turkey on WG Bun Chips Toppings, Carrot Sticks Pork N Beans Salad Box / WG Crackers Yogurt / Cheese Stick / Crackers Fruit Choice Milk Choice	26 Oriental Chicken / WG Roll Rice / Egg Roll Steamed Broccoli Carrot Sticks PBJ / Cheese Stick / Crackers Fruit Choice Milk Choice	27 WG Pizza Fish Sticks WG Roll Corn Tossed Salad Celery Sticks Yogurt / Cheese Stick / Crackers Fruit Choice Milk Choice
30 Chicken Strips / WG Roll Steamed Broccoli Buttered Carrots PBJ / Cheese Stick / Crackers Fruit Choice Milk Choice	31 Hamburger / Cheeseburger WG Bun Baked Beans Cole Slaw Toppings Yogurt / Cheese Stick / Crackers Fruit Choice Milk Choice	1 Chicken Nuggets / WG Roll Mashed Potatoes Green Beans Carrot Sticks PBJ / Cheese Stick / Crackers Fruit Choice Milk Choice	2 Taco Salad / WG Chips Toppings Refried Beans & Mexican Rice Yogurt / Cheese Stick / Crackers Fruit Choice Milk Choice	3 WG Pizza Fish WG Bun Corn Tossed Salad Celery Sticks PBJ / Cheese Stick / Crackers Fruit Choice Milk Choice

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Variety of Fruit served daily.

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