

HMS Early Dismissal Bell Schedule 2023-2024



Early Dismissal Bell Schedule

7:45 a.m. - 8:00 a.m.	Morning Arrival (15)
8:00 a.m. - 8:42 a.m.	Block 1 (42)
8:42 a.m. - 8:45 a.m.	8:42 a.m.: Dismiss 8:44 a.m.: Warning Bell 8:45 a.m.: Doors Close
8:45 a.m. - 9:27 a.m.	Block 2 (42)
9:27 a.m. - 9:30 a.m.	9:27 a.m.: Dismiss 9:29 a.m.: Warning Bell 9:30 a.m.: Doors Close
9:30 a.m. - 10:46 a.m.	Block 3 (76)
10:46 a.m. - 10:49 a.m.	10:46 a.m.: Dismiss 10:48 a.m.: Warning Bell 10:49 a.m.: Doors Close
10:49 a.m. - 12:05 p.m.	Block 4 (76)
12:05 p.m.	Dismissal

Lunch Schedule

9:33 a.m. - 10:03 a.m.	Grade 8 Wave 1
ALsCs, Music, PE, Science, Social Studies	
9:53 a.m. - 10:23 a.m.	Grade 8 Wave 2
Art, Health, ML, World Language	
10:16 a.m. - 10:46 a.m.	Grade 8 Wave 3
English, Gr. 8 Electives, Learning Strategies, Math	
10:52 a.m. - 11:22 a.m.	Grade 7 Wave 4
ALsCs, Music, PE, Science, Social Studies	
11:32 a.m. - 12:02 p.m.	Grade 7 Wave 5
Art, English, Health, Learning Strategies, Math, ML, World Language	

14-Day Rotation Cycle

	A1	B1	A2	B2	A3	B3	A4
1	1	1	2	2	3	3	4
2	2	2	3	3	4	4	5
3	3	3	4	4	5	5	6
4	4	4	5	5	6	6	7
5	5	5	6	6	7	7	1
6	6	6	7	7	1	1	2
7	7	7	1	1	2	2	3

14-Day Rotation Cycle

	B4	A5	B5	A6	B6	A7	B7
1	4	5	5	6	6	7	7
2	5	6	6	7	7	1	1
3	6	7	7	1	1	2	2
4	7	1	1	2	2	3	3
5	1	2	2	3	3	4	4
6	2	3	3	4	4	5	5
7	3	4	4	5	5	6	6