



ELC Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST WEEK 1				
2 oz. Cereal Bowl (2G) 1/2 cup Fruit and/or 1/2 cup 100% Juice Milk (1 cup)	Glazed Donut Holes (2G) 1/2 cup Fruit and/or 1/2 cup 100% Juice Milk (1 cup)	Turkey Ham & Cheese Croissant (1MMA/1G) 1/2 cup Fruit and/or 1/2 cup 100% Juice Milk (1 cup)	Mini Donuts (2G) 1/2 cup Fruit and/or 1/2 cup 100% Juice Milk (1 cup)	Yogurt Parfait w/ Granola (1MA/1G) 1/2 cup Fruit and/or 1/2 cup 100% Juice Milk (1 cup)
BREAKFAST WEEK 2				
2 oz. Cereal Bowl (2G) 1/2 cup Fruit and/or 1/2 cup 100% Juice Milk (1 cup)	Mini French Toast (2G) 1/2 cup Fruit and/or 1/2 cup 100% Juice Milk (1 cup)	Pancake Sausage Sandwich* (1M/ 1G) 1/2 cup Fruit and/or 1/2 cup 100% Juice Milk (1 cup)	Honey Bun (2G) 1/2 cup Fruit and/or 1/2 cup 100% Juice Milk (1 cup)	Cinnamon Crumb Muffin (2G) 1/2 cup Fruit and/or 1/2 cup 100% Juice Milk (1 cup)
BREAKFAST WEEK 3				
2 oz. Cereal Bowl (2G) 1/2 cup Fruit and/or 1/2 cup 100% Juice Milk (1 cup)	Powdered Sugar Donut Holes (2G) 1/2 cup Fruit and/or 1/2 cup 100% Juice Milk (1 cup)	Breakfast Pizza* (1MMA/1G) 1/2 cup Fruit and/or 1/2 cup 100% Juice Milk (1 cup)	J & J Bar (2G) 1/2 cup Fruit and/or 1/2 cup 100% Juice Milk (1 cup)	Yogurt Cup w/ Graham Bear (1MA/1G) 1/2 cup Fruit and/or 1/2 cup 100% Juice Milk (1 cup)
BREAKFAST WEEK 4				
2 oz. Cereal Bowl (2G) 1/2 cup Fruit and/or 1/2 cup 100% Juice Milk (1 cup)	Fun & Fruity Waffle Blasts (2G) 1/2 cup Fruit and/or 1/2 cup 100% Juice Milk (1 cup)	Jimmy Dean Egg & Cheese Sandwich (.75MMA/1.25G) 1/2 cup Fruit and/or 1/2 cup 100% Juice Milk (1 cup)	Cinnamon Roll (2G) 1/2 cup Fruit and/or 1/2 cup 100% Juice Milk (1 cup)	Strawberry Smoothie w/ Waffle Graham (2G) 1/2 cup Fruit and/or 1/2 cup 100% Juice Milk (1 cup)
Preschool receives 100% Fruit Juice only on Tuesday and Thursday for Breakfast				

*Items may contain pork

August 2023					September 2023					October 2023					November 2023					December 2023				
M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F
	1	2	3	4					1	2	3	4	5	6			1	2	3					1
7	8	9	10	11	4	5	6	7	8	9	10	11	12	13	6	7	8	9	10	4	5	6	7	8
14	15	16	17	18	11	12	13	14	15	16	17	18	19	20	13	14	15	16	17	11	12	13	14	15
21	22	23	24	25	18	19	20	21	22	23	24	25	26	27	20	21	22	23	24	18	19	20	21	22
28	29	30	31		25	26	27	28	29	30	31				27	28	29	30		25	26	27	28	29