



# ELC Lunch Menu

Adult Lunch - \$4.70

Monday	Tuesday	Wednesday	Thursday	Friday
<b>LUNCH WEEK 1</b>				
4 x 6 Pizza*(2MMA/2G) Sliced Carrot Coins (1/2cup) Celery Sticks (1/2 cup) Diced Pears (1/2 cup) Milk (1 cup)	Yogurt Lunchie Munchie (2MMA/2G) Golden Corn (1/2 cup) Cucumber Slices (1/2 cup) Mandarin Oranges (1/2 cup) Milk (1 cup)	Pancakes w/ Sausage Patty*(2MMA/2G) Potato Smiles (1/2 cup) Baby Carrots w/ Dip (1/2 cup) Applesauce (1/2 cup) Milk (1 cup)	Chicken Nuggets w/ Roll (2M2G) Broccoli w/ Cheese (1/2 cup) Garden Lettuce Salad (1 cup) Tropical Fruit (1/2 cup) Milk (1 cup)	Nachos Grande (2MMA/2G) Refried Beans (1/2 cup) Fresh Veggie Tray (1/2 cup) Pineapple Tidbits (1/2 cup) Milk (1 cup)
<b>LUNCH WEEK 2</b>				
7" Cheese Bosco w/ Cheese (2MMA/2G) Green Beans (1/2 cup) Baby Carrots w/ Dip (1/2 cup) Sliced Apples (1/2 cup) Milk (1 cup)	Walking Tacos (2MMA/2G) Sweet Potato Fries (1/2 cup) Celery Sticks (1/2 cup) Banana+ Milk (1 cup)	Cheesy Ciabatta Melt (2MA/2G) Garden Peas (1/2 cup) Fresh Veggie Tray (1/2 cup) Mixed Fruit (1/2 cup) Milk (1 cup)	Boneless Wings w/ Roll (2M/2G) Baked Beans (1/2 cup) Fresh Broccoli Florets (1/2 cup) Diced Peaches (1/2 cup) Milk (1 cup)	Mac and Cheese w/ Roll (2MA/2G) Mixed Vegetables (1/2 cup) Garden Lettuce Salad (1 cup) Fruit Jello (1/2 cup) Milk (1 cup)
<b>LUNCH WEEK 3</b>				
Personal Pan Pizza*(2MMA/2G) Sliced Carrot Coins (1/2cup) Celery Sticks (1/2 cup) Diced Pears (1/2 cup) Milk (1 cup)	Yogurt Lunchie Munchie (2MA/2G) Golden Corn (1/2 cup) Cucumber Slices (1/2 cup) Mandarin Oranges (1/2 cup) Milk (1 cup)	French Toast w/Eggstravaganza*(2MMA/2G) Potato Smiles (1/2 cup) Baby Carrots w/ Dip (1/2 cup) Applesauce (1/2 cup) Milk (1 cup)	Popcorn Chicken w/ Roll (2M/2G) Mashed Potatoes w/ Gravy (1/2 cup) Garden Lettuce Salad (1 cup) Tropical Fruit (1/2 cup) Milk (1 cup)	Nachos Grande (2MMA/2G) Refried Beans (1/2 cup) Fresh Veggie Tray (1/2 cup) Pineapple Tidbits (1/2 cup) Milk (1 cup)
<b>LUNCH WEEK 4</b>				
Stuffed Crust Pizza*(2MMA/2G) Green Beans (1/2 cup) Baby Carrots w/ Dip (1/2 cup) Sliced Apples (1/2 cup) Milk (1 cup)	Soft Pretzel w/ Nacho Cheese (2MMA/2G) Sweet Potato Fries (1/2 cup) Celery Sticks (1/2 cup) Banana+ Milk (1 cup)	Mini Calzone (2MMA/2G) Tater Tots (1/2 cup) Fresh Broccoli Florets (1/2 cup) Mixed Fruit (1/2 cup) Milk (1 cup)	Chicken Patty Sandwich (2MMA/2G) Street Corn (1/2 cup) Cucumber Slices (1/2 cup) Diced Peaches (1/2 cup) Milk (1 cup)	Penne Alfredo w/ Breadstick (2MA/2G) Mixed Vegetables (1/2 cup) Garden Lettuce Salad (1 cup) Fruit Jello (1/2 cup) Milk (1 cup)
Daily Available Entrée - PBJ Uncrustable with Cracker and Cheese Stick				

\*Items may contain pork

+Bananas will be serve when ripe.

August 2023					September 2023					October 2023					November 2023					December 2023				
M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F
	1	2	3	4					1	2	3	4	5	6			1	2	3					1
7	8	9	10	11	4	5	6	7	8	9	10	11	12	13	6	7	8	9	10	4	5	6	7	8
14	15	16	17	18	11	12	13	14	15	16	17	18	19	20	13	14	15	16	17	11	12	13	14	15
21	22	23	24	25	18	19	20	21	22	23	24	25	26	27	20	21	22	23	24	18	19	20	21	22
28	29	30	31		25	26	27	28	29	30	31				27	28	29	30		25	26	27	28	29