



Elk Bugle



Elk River High School
 900 School Street NW
 Elk River, MN 55330
 Phone: 763-241-3434
 Fax: 763-241-3421
www.isd728.org/erhs

JANUARY 2021

Key Dates

- 12/17 - 1/6/21 - Course Registration for 21/22 School Year
- 1/18 - NO SCHOOL MLK Jr. Day
- 1/25 - 11th Gr. Mock Interview Day CANCELLED
- 1/25 - Virtual Parent Ed Series
- 1/25 - Last week of Semester 1
- 1/28 - End of Semester 1
- 1/28 - Possible Learning Model Change - watch for more information from the District Office
- 1/29 - NO SCHOOL Teacher Workshop Day

Upcoming:

- 2/1 - First Day of Semester 2
- 2/15 - NO SCHOOL Presidents' Day

It's good to be
an Elk!

Follow us on Twitter:
[@Elk_River_Elks](https://twitter.com/Elk_River_Elks)

Course Registration Window for the 2021-2022 School Year

Opened: Thursday, December 17, 2020 at 3pm

Closes: Wednesday, January 6, 2021 at Midnight

Course registration for the 2021-2022 school year opened on Thursday, December 17, 2020 at 3pm. Registration materials are available through [ERHS Counseling](#), and were emailed to families on Wednesday, December 16, 2020. **Students** should complete their course registrations through their [Portal account](#). Please do not forget to register before this deadline. *Failure to register could cause you not to get the classes you want!* (If your student is NOT attending ERHS next school year, please contact the Counseling office.)

Questions regarding courses and registration process should be directed to your student's ERHS counselor (Gr 9-12):

*Last Names A-E: [Kaitlan Stewart](#)

*Last Names F-He: [Kimberly Davison](#)

*Last Names Hf-K: [Michaela Rick](#)

*Last Names L-Ra: [Erin Shermak](#)

*Last Names Rb-Z: [Michelle Reimer](#)

Helpful registration reminders:

*Please be sure your student/s view the Registration Video for the grade they will be in for the 21-22 school year and uses the appropriate grade level course request form to help them through the process. These will be emailed home to families, listed on our website, and posted to their "Class of" Schoology page.

*Refer to the ERHS Counseling [Course Registration/Information Tab](#) for more information.

*Register/Search by **course number ONLY** (Enter one course number at a time, if registering for a year-long course).

*If registering for a year-long course, add BOTH course numbers to your requests (Ex: Geometry - BOTH 17061 & 17062 must be requested).

*Each course number is worth 2 units and a complete registration will have 24/24 units under requested courses and 5 courses listed under your alternate courses.

*English, Math, Science, Social & Elective courses should be entered as REQUESTED; Alternate courses should be entered as ALTERNATES.

*Once you are finished with entering your courses, there will not be a submit button. The courses are entered into Campus the minute you select your courses as REQUESTED or ALTERNATES.

Thank you,

Elk River High School Administration



CTE
ISD 728 CAREER & TECHNICAL EDUCATION

Explore careers and find your passion.

Career and Technical Education

Career Technical Education (CTE) provides students with the academic, technical skills, knowledge and training necessary to succeed in future careers and to become lifelong learners.

For more information about the CTE at Elk River High School and throughout ISD 728, [please visit our webpage.](#)

REGISTRATION

It is time to start registering for classes for the 2021-2022 school year! Parents, you play an essential role in helping your student determine what he or she will do after high school graduation. CTE classes lead to rewarding work, high earning potential and high demand for quality jobs. We hope you'll encourage your student to explore a variety of careers while in high school by registering for any of our CTE offerings.

WHAT IS CTE?

Career and Technical Education are classes that provide students with opportunities to explore careers and gain marketable skills while still in high school. View the variety of options at www.isd728.org/CTE.

Some careers students can explore include:

- » Manufacturing / Welding
- » Business & Marketing
- » Hospitality
- » Construction
- » Automotive
- » Healthcare
- » Communications

CTE INTERNSHIPS

Once you have completed a CTE course, Juniors and Seniors can register for the CTE Internship Class and should complete the application at www.isd728.org/CTE.

- » **Earn** while you learn! (most internships are paid positions)
- » **Experience** real-world and hands-on careers.
- » **Build** relationships and a professional network.
- » **Enhance** your resume and college applications.

QUESTIONS?

Feel free to talk to your student's counselor about scheduling and registration or reach out to the CTE Coordinator, Amy Lord about internships and the YST Grant at 763-241-3400 ext 5016 or at amy.lord@isd728.org.



2020-2021 YEARBOOK ORDERS

[Order your 20-21 yearbook NOW](#) through Jostens. Limited quantity available. Prices starting at \$80 (plus tax).

ATHLETICS/ACTIVITIES AND WINTER SPORTS UPDATE

UPDATE: Minnesota Emergency Executive Order 20-99

Governor Walz has updated his Executive Order and the MSHSL may start/restart sports on January 4th, 2021.

If you have not registered for winter sports, please register as soon as possible. Registration and an acceptable physical must be on file to begin practice.

[Winter Athletics/Sports Information](#)

[Activities/Clubs](#)

*Online registration and payment only - access by [clicking here](#).



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<div style="text-align: center;"> <p>GRAB-N-GO MEAL PICK-UP</p> </div> <p>Specific dietary needs should contact Food Service, Jatoma Gavin at (763) 241-3400 ext 1352</p> <p><small>*Service dates and locations are subject to change without notice. Menu items change daily and are in accordance with USDA guidelines.</small></p>	No Meal Pick-Up December 21, 2020 through January 1, 2021.					
	<p>1/4 Grab-N-Go Pickup 10:30 a.m. - 12:30 p.m. 1 breakfast and 1 lunch is available for pick-up on this day.</p>	<p>1/5 Grab-N-Go Pickup 10:30 a.m. - 12:30 p.m. 1 breakfast and 1 lunch is available for pick-up on this day.</p>	<p>1/6 Grab-N-Go Pickup 10:30 a.m. - 12:30 p.m. 1 breakfast and 1 lunch is available for pick-up on this day.</p>	<p>1/7 7 Day 'Meal Pack' Pickup Early: 10:30 a.m. - 12:30 p.m. All Sites Late: 3:00 - 6:00 p.m. Elk River High</p>	<p>1/8</p>	
	<p>The 7 Day 'Meal Pack' contains 7 breakfast and 7 lunch meals for each child. Meals can be easily consumed or prepared with minimal direction. Meal Directions at www.isd728.org/Grab-n-Go</p>					
No Meal Pick-Up -- Meals for January 11-15 were included in the 7 Day Meal Pack on January 7, 2021.						
	<p>1/18 NO MEAL SERVICE, NO SCHOOL (Martin Luther King, Jr. Day)</p>	<p>1/19 In-Person Learners: Meal Service will be offered onsite. Distance Learners: Grab-N-Go Pickup 10:30 a.m. - 12:30 p.m. 1 breakfast and 1 lunch is available for pick-up on this day.</p>	<p>1/20 In-Person Learners: Meal Service will be offered onsite. Distance Learners: Grab-N-Go Pickup 10:30 a.m. - 12:30 p.m. 1 breakfast and 1 lunch is available for pick-up on this day.</p>	<p>1/21 In-Person Learners: Meal Service will be offered onsite. Distance Learners: Grab-N-Go Pickup 10:30 a.m. - 12:30 p.m. 1 breakfast and 1 lunch is available for pick-up on this day.</p>	<p>1/22 In-Person Learners: Meal Service will be offered onsite. Distance Learners: Grab-N-Go Pickup 10:30 a.m. - 12:30 p.m. 1 breakfast and 1 lunch is available for pick-up on this day.</p>	
	<p>1/25 In-Person Learners: Meal Service will be offered onsite. Distance Learners: Grab-N-Go Pickup 10:30 a.m. - 12:30 p.m. 1 breakfast and 1 lunch is available for pick-up on this day.</p>	<p>1/26 In-Person Learners: Meal Service will be offered onsite. Distance Learners: Grab-N-Go Pickup 10:30 a.m. - 12:30 p.m. 1 breakfast and 1 lunch is available for pick-up on this day.</p>	<p>1/27 In-Person Learners: Meal Service will be offered onsite. Distance Learners: Grab-N-Go Pickup 10:30 a.m. - 12:30 p.m. 1 breakfast and 1 lunch is available for pick-up on this day.</p>	<p>1/28 In-Person Learners: Meal Service will be offered onsite. Distance Learners: Grab-N-Go Pickup 10:30 a.m. - 12:30 p.m. 1 breakfast and 1 lunch is available for pick-up on this day.</p>	<p>1/29 In-Person Learners: Meal Service will be offered onsite. Distance Learners: Grab-N-Go Pickup 10:30 a.m. - 12:30 p.m. 1 breakfast and 1 lunch is available for pick-up on this day.</p>	
MEAL SERVICE PICK-UP LOCATIONS	<p>ELK RIVER HIGH SCHOOL 900 School Street, Elk River Door F, off Jackson Avenue</p>	<p>ROGERS HIGH SCHOOL 21000 141st Avenue, Rogers Door 10, Main entrance, circle drive</p>	<p>ZIMMERMAN MIDDLE/HIGH SCHOOL 25900 4th Street W, Zimmerman Door 10, back of the building</p>			
<small>This institution is an equal opportunity provider.</small>						

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SHOP

FROM THE

ELK RIVER DECA DEPOT

Stop into the Elk River DECA Depot storefront in downtown Elk River called "The Shop Downtown!" Located in *The Salon on Main* at 705 Main Street, Elk River to get your Elk River apparel and accessories. Popular items such as sweatshirts, t-shirts, hats, joggers and masks are available.

Store hours are Tuesday, Wednesday, Thursday from 4-7 pm, and on Saturdays from 11am-2pm **until January 23rd.**

The DECA Depot online store is also OPEN!! There are two choices for delivery: Pick up at the "The Shop" or have the items shipped to you. Thank you for your continued support of our ELKS!

From the Health Office...

COVID-19 UPDATES

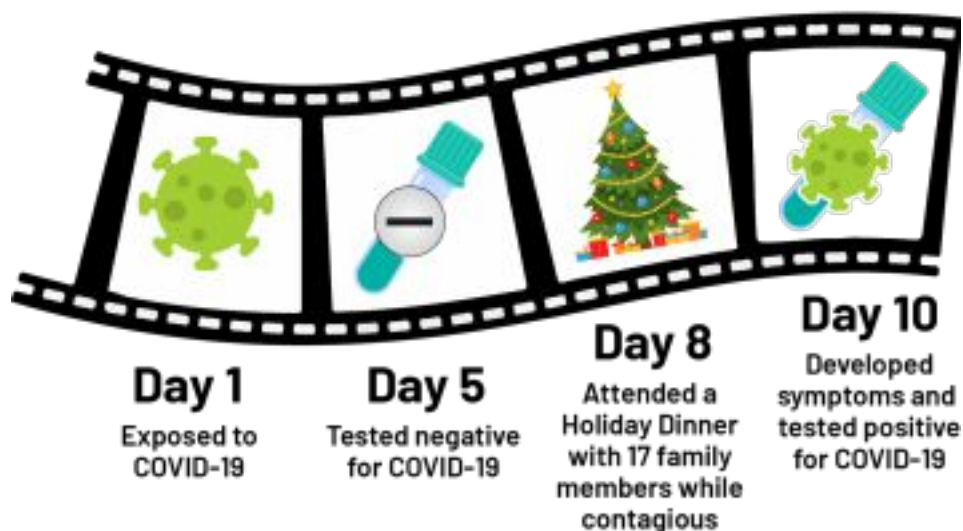
Continue to report positive Covid Cases: We continue to need to have you report all positive Covid-19 cases to your school's health office or on [this link](#). We will need to have the positive documentation on record for when we return to school and activities. Please note: Once you have had a positive Covid-19 test, you do not need to be quarantined if you are a close contact of a COVID-19 positive case for 90 days (3 months) after you are released from isolation.

Frequently Asked Questions:

Q: Why do we need to quarantine if we feel good and have tested negative?

A: COVID-19 spreads easily from person to person, so that is why health experts recommend avoiding large crowds and busy places, and staying at least 6 feet away from people you don't live with. When the Minnesota Department of Health guidelines require quarantine for someone, it is because the person has been exposed to the virus. In this situation, the person could be infected and could spread the virus, even though they feel well.

COVID-19 INCUBATION TIMELINE



Q: If my family hasn't gotten flu shots this year, should we still get one?

A: Yes, getting a flu shot this year is particularly important because, like Covid-19, influenza is a respiratory virus and we want to do everything we can to minimize having two respiratory outbreaks circulating simultaneously in our populations.

Anytime you get together with people who do not live with you, even in someone's home, the risk of getting Covid-19 goes up for everyone.

Stay safe this Holiday Season!

FAMILY AND PARENT RESOURCES

Our [ISD 728 Prevention and Safety Parent Newsletter](#) contains helpful information and resources for parents and students. It also connects families to our Prevention and Safety Parent page with extra resources - including information on our Parent Ed. Series starting on January 25, 2021. ISD 728 will be offering a virtual Parent Ed series on a variety of topics ranging from mental health to vaping to substance abuse to social emotional learning skills. The first session will be on **January 25 at 3 pm**. A flyer will be published after the first of the year with a link to attend. The topic is "**How to Help Your Student Cope with Anxiety and Stress.**"