



Elk River High School

900 School Street NW Elk River, MN 55330 Phone: 763-241-3434 Fax: 763-241-3421

www.isd728.org/erhs

October 2021

Key Dates

10/8: School Photo Retakes

(last opportunity for 21-22)

10/11 - 15: HOMECOMING Week

10/13: PSAT/NMSQT

10/18: No School / Conferences

10/18: College Credit

Opportunities Presentation

10/19 & 10/20: No School Teachers Workshop

10/21 & 10/22: No School

MEA Break

10/26: Evening Conferences

10/26: Financial Aid Presentation

10/29: Halloween Band Concert

Upcoming Events

11/11: Band Concert

11/12: No School

Teachers Workshop

11/15: Senior Photo deadline

11/15: Senior Recognition

Ad Deadline

11/25 & 11/26: No School

Fall Break

11/29: No School

Staff Development day

For other important dates please check out the ERHS

Calendar.

It's good to be an Elk!

Follow us on:
Twitter @Elk_River_Elks
Facebook @elkriverhighschool



Photos will be taken during lunch in the Community room (105).

ORDER ONLINE: <u>Strawbridge.com</u> Click Red "Order Pictures"

Code: FM363964



HOMECOMING!

Friday Oct. 15th

Vs. Alexandria Area @ ERHS

*Game time, date, and/or location may change due to construction at Elk River High School.



Monday Oct. 18th

Virtual Appt.'s: 12pm - 4pm In person 4:45pm - 7pm

Lunch Reminders

ERHS is a closed campus for lunch.

Students may not leave the building.
ERHS does not allow students to have food delivered.

Apply **ANYTIME** for the Free and Reduced Meal Program <u>HERE</u>. **Includes additional benefits such as reduced fees or PEBT Card.

Yearbook - Yearbook - Yearbook

\$86.00 Click HERE to order your 2021-2022 Yearbook.

Questions please contact our Yearbook Advisor Shane.Netzinger@isd728.org

ERHS Career Center

The Career Center is here to help you plan for the future. Open Mondays & Tuesdays before school 7:00

AM-7:25 AM or by appointment.

Visit this <u>link</u> to learn how to best utilize the Career Center.

ERHS Counselors: 763) 241-3427

Ms. Peterson (Last names A-E): Alexis.Peterson@isd728.org

Mrs. Davison (Last names F-He) kimberly.davison@isd728.org

Ms. Rick (Last names Hf-K):michaela.rick@isd728.org

Mrs. Shermak (Last names L-Ra):erin.shermak@isd728.org

Mrs. Reimer (Last names Rb-Z):michelle.reimer@isd728.org

Minnesota Virtual College Exploration: October 5-7

The MN Association for College Admission Counseling (MACAC) is hosting *Minnesota's Virtual College Exploration*. Hear from Admission professionals on topics such as paying for college, financial aid, application essays, internships and more. Learn more about 150 different colleges from all over the country in live information sessions. Virtual events are held October 5-7, **FREE** for students and families. Register at www.mn-acac.org. Once students register for sessions they want to attend, they'll receive a confirmation email with their unique link to join the Zoom webinar. When students register, their registration information is only shared with the colleges presenting on that particular panel. StriveScan does not sell or share personally identifiable student information with any other third parties. Parents can register using their student's information. We hope you'll participate in this great opportunity to learn more about colleges!

College Credit Opportunities Information Night: October 18

The Counseling Office will offer a presentation on ways to earn FREE college credit while attending high school. Information will include Concurrent Enrollment, Advanced Placement, Articulated College Credit, and Post-Secondary Enrollment Options. This event will be held during Fall Conferences on October 18 from 6-7PM in the Zabee Theater.

College Admission & Military Visits

Did you know around 50 college admission representatives and all branches of the military visit ERHS each year? This is a convenient way to learn more about admission, programs, degrees, and financial aid by talking with an expert from that particular college or military branch. All college admission visits for the 2021-2022 school year will be held in the Career Center. Please visit this <u>form</u> for a list of upcoming events and sign up to attend. Military visits will take place during lunch in the Commons. Additions are added to this list often, so be sure to check back periodically.

11th & 12th grade Financial Aid Information Night: October 26

The ERHS Financial Aid Night will be held during Fall Conferences from 6-7PM in the Zabee Theater on October 26. Basic information about aid programs, eligibility, college cost, and tips on completing the FAFSA will be covered. Students are encouraged to attend with their parents.

ASVAB: October 29

The ASVAB will be offered on Friday, October 29 at ERHS. Juniors and Seniors can register for this test through this <u>form</u>. Registration deadline is October 15. The ASVAB measures developed abilities and helps predict future academic and occupational success. It can also be used as a military entrance exam. On MCIS you can take FREE ASVAB practice tests to help you prepare through the My Portfolio/Test Prep/College Entrance tabs. For more information on this exam, please visit this <u>link</u>.

Colleges visiting ERHS in the next 2 weeks. Please click this form to sign up/attend.

10/4: University of Wisconsin Stout - University of Minnesota Twin Cities

10/5: North Hennepin Community & Technical College - University of Wisconsin Superior - Macalester College

10/6: St. Cloud Technical & Community College

Elk Pride Craft Bazaar is BACK at Elk River High School



Elk Pride Craft Bazaar

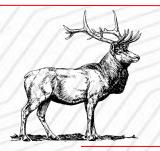
Saturday, November 6th, 2021 9:00 a.m. - 4:00 p.m. Craft Bazaar Information

A Message from our Counselors

Dear Senior Students and Parents/Guardians:

Senior year is an exciting time as you plan for life after school. The Counseling Department wants to make sure you are aware of the ways we can support you as you begin this next phase of your life. Whatever your plan may be after high school, such as military, work, or higher education, we want to serve as a helpful resource in your planning process.

Please view this <u>senior letter</u> for more information.



ELK PRIDE! 2021 - 2022



Elk Pride is a student & staff recognition program that acknowledges an individual for their display of what it means to be an Elk!

All Elk Pride recipient's receive a Certificate signed by the nominator(s), Elk River car decal & their name is listed on the Marquee for one week.

Don't forget to take a photo with the marquee, feel free to park in our back lot.

<u>Students</u>

Ty Reilly
Riley Stimac
Emma Boser
Carley Fischer
Allie Voit
Isabella Brady
Kayden Grassel

CONGRATULATIONS!

Staff Kirstin Anderson

Ray Wojcik

IT'S GOOD TO BE AN ELK!

ISD 728

Prevention & Safety:

Resources for Families & Parents ISD 728's Prevention & Safety team has created a comprehensive parent & family resource page containing resources and information relating to mental health, vaping and other substance abuse, social emotional learning (job preparedness skills), family support (PSOP, food shelters, etc), restorative practices, mindfulness, safety initiatives and more.

Prevention & Safety Parent and Family Resources

MINDFULNESS & STRESS RELIEF RESOURCES

Change to Chill is a non-profit organization providing tons of amazing mindfulness and mental health resources! We have shared this resource before, but it is a great time to do a reboot and remind students of this resource. This year will continue to provide challenges for staff and students. This site has resources for both!

Change to Chill Introduction Video (1:41) Change to Chill Overview (11:40)

Change to Chill is having a Chill Week October 5-9!



NATIONAL MERIT SCHOLARSHIP PROGRAM.



Letters of Commendation

Awarded to

Lindsey P. Redepenning Jordan C. Bauer

Congratulations!





Congrats to our *Speech Coach Allison Harmer* who was named
MSCA's Class AA Coach of the Year!

What is Elk Speech?

Elk Speech is a competitive, varsity team and Speech is a Minnesota State High School League activity. Speech team isn't just about giving the kind of speeches you see in class; it is about learning how to share your voice with the world - how to make sure your voice has an impact. We work hard, and we have fun. There is a place for everyone - whether you act or prefer more traditional speeches, this is an excellent place for you to perfect your skills, share your message, and explore new ideas!

Math Team

The regular season of math team starts in the beginning of October and runs through the middle of February, with the state tournament taking place in March. Practice times are offered on Mondays and Wednesdays after school as well as Tuesdays and Thursdays before school during the Fall activities schedule.

Contact Curt Michener with questions. Curtis.Michener@ISD728.org

Knowledge Bowl

<u>ERHS Knowledge Bowl</u> is an academic focused extra-curricular activity that begins in mid-October and runs through mid-late March. Students work in teams answering all kinds of content-based questions from their classes in invitational meets across the state. Practices are on Tuesdays & Thursdays after school and the competition season starts in mid-December. Most meets are held on Saturdays. Oh yeah! There is a lot of pizza. An informational meeting will be held October 19th in Room 301 at 3:30 pm contact: Troy.McGowan@ISD728.org. If you are looking for a fun thing for your son or daughter to do, please consider Knowledge Bowl. Teams are paired in like-ability teams.

Elk River Boys Swim and Dive Team For more information Click <u>HERE!</u>

JOIN OUR SUCCESSFUL TEAM!

Are you interested in Travel?



Germany, Poland, Czech Republic, and Budapest

June 17th -26th 2022 Current 11th & 12th Graders



Spring Break 2023

England, Scotland, and Ireland

Questions about *Travel Club*, please contact: Mr. Sagan karl.sagan@isd728.org (room 308)

Resources

ERHS Main Office 763.241.3434 <u>erhs.office@isd728.org</u>

ERHS Attendance Office 763.241.3555 erhs.attendance@isd728.org

ERHS Activities/Athletics Office 763.241.3427 erhs.activities@isd728.org

ERHS Counseling Office 763.241.3424 erhs.counseling@isd728.org

ERHS Health Office 763.241.3423

ERHS School Doors open at 6:35am

ERHS Office Hours (school days) 7:00am - 3:00pm

Elk River High School Website

Staff Directory

<u>eBlasts</u>

Transcript Requests

Graduation Requirements

Parking Permits

Vision Transportation

Activities Calendar

ISD 728 Virtual Calming Corner

District Calendar

District Website

Elk River High School Main Office will be Close October 18th - 22nd.

