

Elk River High School

900 School Street NW Elk River, MN 55330 Phone: 763-241-3434 Fax: 763-241-3421 www.isd728.org/erhs

April 2022

Key Dates

<u>April</u>

4/05: ACT & ASVAB Test 4/05:: Virtual learning Day grades 9,10 &12

4/08: No School

4/11-4/13: MCA Reading & Math

4/15: No School

4/26-4/27: MCA Science 4/28: Evening of the Arts

Upcoming Events

5/5: Evening Conferences 5/14: PROM (Offsite)

5/18: Senior Scholarship Award

Ceremony @7PM

5/30: No School

Memorial Day

6/2: Choir Concert

6/3: Class of 2022 Last day of school

6/9: Last day of School

It's good to be an Elk!

Follow us on: Twitter @Elk River Elks Facebook @elkriverhighschool

April 5th @ 7:30 am **ACT & ASVAB Testing**

Contact: Mrs. Shermak



erin.shermak@isd728.org



April 11-13: 11th Grade Math MCA

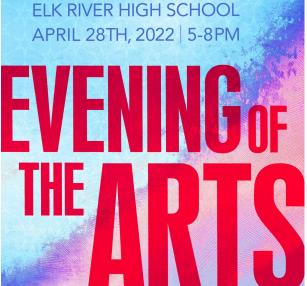
Calculator & Headphones (no bluetooth) *Headphone can be provided.

April 11-13: 10th Grade English MCA April 26-27: All students in Biology

Headphones (no bluetooth) *Headphone can be provided.









Elk River High School Counseling Follow on Twitter @ERHSCounseling

ERHS Counselors: (763) 241-3424

Ms. Peterson (Last names A-E): alexis.peterson@isd728.org

Mrs. Davison (Last names F-He) kimberly.davison@isd728.org

Ms. Rick (Last names Hf-K): michaela.rick@isd728.org

Mrs. Shermak (Last names L-Ra): erin.shermak@isd728.org

Mrs. Reimer (Last names Rb-Z): michelle.reimer@isd728.org

April Military & College Visits

4/1: Marines

4/4: Air Force

4/6: Northland College, WI

4/7: Army

4/13: Navy

4/13: St. Cloud State University

4/20: Army National Guard

4/21: Army

4/27: Air Force Reserves

Click this form to sign up for a College visit. Please continue to check this link as visits are added throughout the month. We hope to see you there!

Dear Parent/Guardian of a Junior Student,

Our junior students once again have the valuable opportunity to take a college entrance exam free of charge. Students can choose to take either the ACT or ASVAB on April 5th, 2022. Students were asked to indicate their plan for April 5 during their English classes this past week. If your student is an online English 11 student, or PSEO student they received an email from me with instructions to complete this step. In addition students who are taking the ACT must complete the pre registration online at myact.org. Students were given instruction sheets with their individual ACT ID in class or via email (PSEO, online English students, or students who were absent).

Below is a basic description of these two exams.

ACT: A college entrance exam for four year universities. The test covers English, science, math, and reading.. Oftentimes 2 year colleges will take an ACT score in place of taking the Accuplacer for entrance requirements (contact your college). Typically there is a testing fee; however, this opportunity is free to all junior students!

ASVAB: A vocational aptitude test (career/skills inventory), typically used for military recruits. This is not an IQ test; results can be very helpful in a career search for post high school planning. This test is always free, upon scheduling with a coordinator.

Both the ACT and ASVAB will be administered at ERHS on April 5, 2022. The tests will begin at <u>7:35AM</u>, and students must be on time. Students who are taking ASVAB will not need to bring any supplies. <u>Students who are taking the ACT must bring #2 non mechanical pencils</u>, a calculator and a photo id (drivers license, drivers permit, school id, or <u>passport</u>). Students taking ACT should <u>not</u> bring a phone or smart watch into the testing room as it will invalidate their test. These items should be left at home, in their lockers or in their cars.

Additional information for students (including the presentation from world history classes) can be found on schoology>Class of 2023>materials>ACT/ASVAB for class of 2023. Testing room assignments will also be posted in this same schoology folder no later than April 1, 2022.

The ASVAB takes about three hours and the ACT is approximately three and a half hours. Once students have completed testing they can remain in the building to eat lunch and/or ride the bus home but they can also choose to leave the building. There will not be any afternoon classes. Students in grades 9, 10 & 12 will be distance learning April 5, 2022.

Please reach out to School Counselor Erin Shermak with any questions.



ERHS Boys Nordic Ski (HC Zach Varty)- 4th Place NWSC Conference, 6th Place Section 5A. Relay Team (Eliott Swanson & Matthew Binsfeld) placed 3rd at State Nordic Meet!

ERHS Girls Nordic Ski: (HC Zach Varty) Northwest Suburban Conference Champions! Section 5A Champions and state qualifiers! The Elks placed 13th at the State Nordic Meet and Hailey Zimpel placed 8th.

ERHS Gymnastics Team: (HC Jenn Bartlett) Northwest Suburban Conference Champions and Section 7AA Champions and state qualifiers! Congratulations to the State Medalists on Beam: Abby Rekstad - 3rd Place and Zoey Johnson - 4th Place.

ERHS Boys Hockey Team (HC Ben Gustafson) The #3 Elks beat Bemidji in the quarters, and also beat #2 Roseau in the semis to advance to the Section 8AA final game. They lost to Moorhead in the section finals.

ERHS Girls Hockey Team (HC Brian Ballenger) The #3 Elks beat Anoka in the quarters and also beat #2 Grand Rapids in the semis to advance to the Section 7AA final game. The Elks lost in the finals to the eventual state champion, Andover.

ERHS Boys Basketball Team (HC Ryan Servaty) traveled to Brainerd for the first round of Section play. They fought hard but the Warriors prevailed.

ERHS Girls Basketball Team (HC Jeremy Digiovanni) had a nice first round win over Sartell but lost in the semifinal game to STMA.

ERHS Dance Team (HC Angie Rinehart) Placed 9th in both Jazz and Kick at the Section Tournament. Congratulations to Catie Cramer and Allison Rinehart for being selected to the All State Team.

ERHS Boys Swim Team (HC Denise Green) hosted the Section 8AA Tournament and had 5 medalists! Logan Braley (200 Free, 500 Free), Matt Katkov (200 IM, 100 Back), Bjorn Pederson (500 Free), Evan Streit (100 Back), and Austin Kantor (Diving). Austin placed 2nd in the meet at qualified for the state meet placing 3rd.

ERHS Boys Wrestling Individuals (HC Bryan Kulm) hosted the 7AAA Individual Wrestling Tournament and had multiple medalists. The Elks four individuals to the State tournament! Alex Artmann at 120 lbs, 7AAA runner-up and state participant. Brady Thompson at 220 lbs, 7AAA runner-up and state participant. Daunte Sasse-Doering at 145 lbs, 7AAA runner-up and state medalist (6th place)! Gavin Hilyar at 126 lbs, 7AAA Champion and state medalist (4th place).

ERHS Culinary Team (Advisor - Monique Sabby) Placed First in state ProStart Invitational! The team was awarded the safety & sanitation award as well. Natalie Thompson took first place in the knife skills portion of the competition. The team will represent the state of Minnesota in Washington, DC at the national level in May.

ERHS Drama - Spring Musical "Head Over Heels" (Director Michelle Brooks) Performances on April 1 (7pm), 2 (7pm), 7 (7pm, 8, 9. There's still time to catch one of these amazing performances this coming weekend!



ACTIVITIES / ATHLETICS

ERHS DECA (Advisors - Sonja Weiler & Kristy Murray) 45 students competed at the State DECA competition and have multiple competitors heading onto Nationals! Congratulations to Kenzie Weber for winning the MN DECA Bob Weber Scholarship!

ERHS Speech Team (Advisor - Allison Harmer) competed at Lakeville North. 4 students placed in the top 12 (2 in the finals!): Priestley Ayumba and Izzy Silvola are semi-finalists; Andrew Christopherson - 6th in Impromptu and Alyson Miskowic - 5th in Storytelling. The team will travel to Hibbing High School on April 9th for the Section 7AA tournament and hopes to repeat as 7AA champs!

ERHS Knowledge Bowl (HC Troy McGowan) competed at their final meet of the season at Zimmerman HS. We are proud of all they accomplished this year.

ERHS Robotics Team (Advisor - Mark Durand) Their robot "Jarvis" came in 7th out of 53 teams in a recent regional competition in Duluth! The team will be competing again in regional competition at the University of Minnesota 4/6-4/9.

ExCEL Award – Excellence in Community, Education and Leadership – is a unique recognition program designed exclusively for Minnesota high school juniors who are active in school activities, leaders in their schools, and who demonstrate a strong commitment to community service. Each school selects one male and one female to submit to the MSHSL. ERHS selected Andi Huselid as our female winner and Tristan Hill as our male winner. Tristan was also selected by the MSHSL as a state level ExCEL winner.

AAA Award - The Academics, Arts, and Athletics Award, commonly known as the Triple 'A' Award, honors high school seniors throughout the state who have a 3.0 or higher-grade point average and who participate in League-sponsored athletic and fine arts activities. Each school selects one male and one male winner to their administrative region. ERHS selected Emma Loretz as our female winner and Kayden Grassel as our male winner.

Athena Award - The Athena Award is awarded to an outstanding female athlete (one per school). The main consideration for the award is excellence and accomplishments in sports. The selection is very difficult as there are many deserving athletes. This year, ERHS selected Maddie Christian as our Athena winner.









"The goal of this piece was to convey a sense of warmth and serenity between two intertwined figures."

Senior Ella Ovall, YAM 3rd Place Embrace



2022 MN Youth Art Month Student Exhibition

"Art Connects Us"



March is Youth Art Month and it is a celebration of the visual arts. The state-level program provides a platform for recognizing skills developed through visual arts experiences including: problem solving, creativity, observation and communication.

This juried exhibition celebrates the artwork of some of our state's most talented Elementary, Middle and High School students. Recently, senior Ella Ovall was presented with the 3rd Place Award for her digital artwork *Embrace*.

Participating ERHS artists include seniors Abby Berg, Emma Gangl, Emma McCort, Alyson Miskowic, juniors Mayci Larson, Rachel Ryan, sophomores Karabella Bergstrom, Gavin Schwartz and freshmen Corinne Andersen, Violett Funk and Beatrice Reynolds.

The YAM Virtual Exhibition displays the work of all Award recipients and participants, including YAM Flag Design Awards earned by ERHS students Beatrice Reynolds and Brooke Rocheford.

Elk River Artists Stand Out at 2022 NHCC Northwestern High School Art Exhibition

Ten ERHS artists had their artwork featured in the Joseph Gazzuolo Fine Arts Gallery at North Hennepin Community College this past month. The exhibition celebrated the artwork of some of our area's most talented high school students.

Paintings, drawings, prints, photography, and 3D work were on display. Outstanding work from each school, chosen by NHCC art faculty, was selected for a special Artist Merit recognition.

Honorable Mention recognition was earned by seniors Levi Donat for his acrylic painting *Unenthused*, Cerina Chang for her acrylic painting *Reaching for the Last Life*, Ella Ovall for her color pencil drawing *Connected* and Etta Sether for her gouache painting *Bug-dega*.







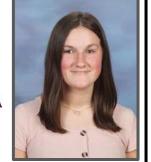
Who's Catching Whom?

Bethany Timm, Seniors ERHS, received a voice scholarship of \$16,000 after auditioning at Concordia College in Moorhead, MN on February 21st. This Scholarship ensures that Bethany will sing in one of their shoirs for

sing in one of their choirs for the next four years.

Way to go, Bethany!









JUNIOR Girls are you interested in attending Girls State?

June 12-18, 2022

Minnesota Girls State is a week-long program held at Beth University in St. Paul Sunday, June 12 - Saturday June 18, 2022.

Girls State teaches government from the city to state level. Using a nonpartisan curriculum, participants assume the roles of government leaders, campaigning as "federalists" and "Nationalists" to become elected officials in their mock Girls States.

During the immersive

learning program, delegates live in cities in a dormitory at Bethel University. The knowledge, memories, and friendships they take home last a lifetime.

Interested JUNIOR girls should sign up with Mrs. Boutain in the main office or email Mrs. Boutain at lisa.boutain@isd728.org to receive further information.

Only Junior girls who are AVAILABLE to attend during the timeframe of June 12-18, 2022 should sign up!

From the Health Office

Beat the Rush -

In preparing for the 2022-2023 school year, it is important to complete the appropriate medical information for your child as soon as possible. Immunization and sport physical dates that the school has received for your child are posted on Parent Portal. Immunization requirements reflect the current school year only which are posted on July 1st of each school year.

Please note: Tdap and Meningococcal vaccines are required for students beginning 7th grade, and a Meningococcal booster is required for 12th graders.

For requirements and appropriate forms to be completed by your medical provider, please refer to the <u>Health Services webpage</u>.

COVID Testing Kits still available

Testing Kits Available to Take Home if Interested for ALL family members: MDH, MDE & CDC asked school districts to develop and implement a COVID-19 testing plan that fits their school community. ISD 728 requested & offered take-home Antigen tests for students that are interested. The district continues to have an abundant supply of test kits and would like to offer these kits for ALL family members.

Interested families can request test kits from their student's building health office to take home for their testing purposes and convenience.

Types of Tests: Antigen Rapid Tests

Families may request a "self administered" BinaxNOW OTC antigen test from your student's Health Office.





763.441.3770 | 253 8th Street NW, Suite A Elk River



Reminder: There is No parking in Yellow (ice arena) or Red (visitors) parking spaces.

With an increase of New Drivers. We ask that ALL drivers review the ERHS

parking map
& Student
Handbook.

DECA Online Store





ELK PRIDE! 2021 - 2022



Elk Pride is a student & staff recognition program that acknowledges an individual for their display of what it means to be an Elk!

All Elk Pride recipient's receive a Certificate signed by the nominator(s), Elk River car decal & their name is listed on the Marquee for one week.

Don't forget to take a photo with the marquee, feel free to park in our back lot.

Makayla Hendricks

Students

Aaron Murphy Aaron Pederson Addy Soukup Aiden Paynter Alina Cirlan Allie Voit Alissa Borum Amos Gborie Andrew Foss Anna Traynor Audrey Andersen Bella Hillman Ben Hawley **Brock Schmertman** Brooke Fyten **Bryant Komany** Caleb Sandstrom Carley Fischer Carter Bloom Carter Klaphake Carter Ronallo Charles Gabrelcik Chelsie Thom Cheyenne Creed Cody Chang Coltin Anderson Coltin Johnson Connor Thompson Cooper Christian Courtney Wuerch Damon Wolfe **Delaney Olson Dominic Cisneros** Dylan Haataja Elias Yoder Elijah Walentiny

Elizabeth Haag

Elle Hopkins Elsay Yoder

Emma Boser Emma Diamond Emma McCauley Felix Gussahn Gail Craft

Gavin Braley Gemini Fields **Grace Talbot** George Brown Gorgeous Natt Haley Erickson Hannah Minke Hannah Olstad-Ludwig Harrison Brandt Hope Kanenwisher Hope Kirk **Hunter Anderson Hunter Nething** Ike Wiitala Irina Panko Isaac Sydow Isabella Brady Jack Flahaven Jake Eull Jayce Rohde Jeffrey Sommers Jeremy Delara Joseph Guevara-Orellana Joseph Lano Joshua Guevara-Orellana Joshua Lucia Snchez Julia Sullivan Karabella Bergstrom Katelyn Wozney Kayden Grassel Kayla Coolidge Kylee Kramer LaTroy Jones Lilli Fritze Lilly Xiong Logan Bitzan Lukas Larson Maddy Hopkins

Madelon Vojta

Madison Herman Maggie Hale Mark Kohout Mariah Dahlheimer Markus Avumba Mason rist Matthew Alexander Matthew Broman Keegan Donahue Mikalyn Hidde Morgan Peterson Momolu Zakama Myranda Schlaman Natalie Thompson Nathan Decheine Nikki Hortian Owen VanDrehle Parker Gall Payton Casper Peyton Hagen Quinn Dehkes Ricky Flaws Riley Stimac Rylee Donald Samantha Tamez Marquez Savannah Pawelk Simeon Swen **Taylor Rice Tavian Tatum** Tennah Nagbe Tobin Zortman Trevor Hembre Trey Bennett Ty Reilly Tyler Hague Vayla Kutsi Wilma Roberts Will Mutia Ndipmun Wuraola Anjoria

Xavion Livingston

Staff

Alexis Peterson Allan David Barb Ramsdell **Brad Olson Brian Steuter** Carolyn Mitzuk Cate Nelson Chris Hupalo **Curt Michener** David Peschman Deb Whiteoak **Derrick Dorholt** Doug Bloom Erin Ebenhardt Erin Shermak Erryn Fleming **Garrett Ott** Hannah Frickson Jacob Hillesheim Janet Heinen Jeff Tornquist Jenn Bartlett Jennie Downing Jodi Lung John Rosner Julie H-W Julie Peterson Karl Sagan Kathryn Lamb Kathy Bayles-Harsh Katie Mazieka

Kelly Heinonen

Kim Davison

Kirstin Anderson Lindsey Maciei Lisa Rebrovich Lynn Leboutillier Mary Duitsman Matt Leshovsky Melissa Brockman Melissa Deakins Michael Breven Michaela Rick Mike Breyen Pat Kealy Ray Wojcik Ryan Mynahan Sarah Coles Shane Netzinger Ted Swanson Teri Loudon Tim Flantz Tina Grauf Troy Johnson Troy Mcgowan

Resources

ERHS Main Office 763.241.3434 erhs.office@isd728.org

ERHS Attendance Office 763.241.3555 erhs.attendance@isd728.org

ERHS Activities/Athletics Office 763.241.3427 erhs.activities@isd728.org

ERHS Counseling Office 763.241.3424 erhs.counseling@isd728.org

ERHS Health Office 763.241.3423

ERHS School Doors open at 6:35am

ERHS Office Hours (school days) 7:00am - 3:00pm

Elk River High School Website 22-23 District Calendars

Virtual Learning Day Grades 9, 10 & 12 April 5th, 2022



