

RECOMMENDATION FORM

This form assists your Teacher and/or Academic Advisor in writing your recommendation. The more specific details you can give us, the more thorough your recommendation will be. For example, when listing an organization you have participated in, be sure to note if you held an office such as President, Secretary, etc. Also, if you have participated in a sport, please note if you held a position such as Captain or Co-Captain. This form will also help you with the entire college application process, especially in preparing for interviews and writing admissions essays.

List the colleges you are applying for admission to:

Major: _____

Career: _____

List all **school activities & organizations** in which you have participated:

List 5 words you would use to describe yourself:

What experience have you had in this major/career field?

List all **sports** in which you have participated:

Briefly describe a **hardship** or **difficult problem** you've **overcome**:

Discuss any significant **travel experiences**:



List and detail **out-of-school-activities** (community service, volunteer, scouts, youth group, tutoring, etc.):

List and detail **work experience**:

Please note here any **additional information** that may be helpful:

List and detail all **awards & honors** you have earned:

Discuss the **academic accomplishment** you are most proud of, and tell why you take **pride** in it:

NAME: _____

DATE: _____