

Safe Return to In-Person Instruction and Continuity of Services

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COVID-19 Self-Assessment Forms

Student

Staff

Welcome Back

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Dressing For Physical Education



Uniforms



Remote Instruction



Academic Expectations



School Notification Of A Positive COVID-19 Case In School



Layers Of Protection



Updated COVID Guidance – September 8, 2022

Expand All

General Information



Communications



Stay Home When Sick



Monitor for signs and symptoms of sickness everyday



COVID-19 Scenarios - Applies for both Vaccinated/Unvaccinated individuals

Collapse All

I tested positive and am experiencing symptoms



- Isolate for 5 full days
- Return to work on Day 6 if you have no symptoms and are fever-free (without the use of fever-reducing medication) for 24 hours
- Well fitted mask must be worn Day 6-10
- If they cannot wear a well fitted mask they must isolate and return to work/school on Day 11

I tested positive and experiencing No symptoms



- Isolate for 5 full days

- Return to work on Day 6 if you have no symptoms
- Required to wear a well fitted mask on Day 6-10
- If they cannot wear a well fitted mask they must isolate and return to work/school on Day 11

I am showing symptoms of COVID, what do I do?



- Do not go to work/school
- You must isolate yourself
- Get a COVID test and await results
 - If negative then you may return once all symptoms have ceased and are fever-free (without the use of fever-reducing medication) for 24 hours
- Required to wear a well fitted mask for Day 1-10

Someone in your household tests positive for COVID



- They may come to work/school as long as they do not display symptoms
- Not required to quarantine unless they display symptoms
- Required to wear a well fitted mask for Day 1-10
- If they cannot wear a well fitted mask they must isolate and return to work/school on Day 11

I have been identified as a close contact and have no symptoms



- Not required to quarantine
- Required to wear a well fitted mask for Day 1-10
- No testing is required if not experiencing symptoms

I have been identified as a close contact and have developed symptoms



- You must test and isolate immediately upon developing symptoms
- Isolate for 5 days if tested positive:
 - You may return on Day 6 if you are symptom free and fever-free (without the use of fever-reducing medication) for 24 hours
 - Required to wear a well fitted mask on Day 6-10
 - If they cannot wear a well fitted mask they must isolate and return to work/school on Day 11
- If negative, you may return to work/ school once you are symptom free and are fever-free (without the use of fever-reducing medication) for 24 hours
 - Required to wear a well fitted mask for Day 1-10