



## **KINDNESS / BULLY PREVENTION at AMS**

Since 2007, AMS has participated in the Olweus Bully Prevention program to address kindness.

Bullying is defined as:

An action that

- Is intentional
- Usually repeated over time
- Has an imbalance of power so that the target feels unable to defend him/herself

AMS has a KINDNESS KICK-OFF in September and many reminders during the year to encourage students to practice kindness daily. Eagle Time activities support anti-bullying through the use of film clips and character lessons that reinforce kindness.