

Parma School Dist. #137  
HIGH SCHOOL/ EW MIDDLE SCHOOL

Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 4  NO SCHOOL TODAY	Sep - 5  SOFT TACO CHEESE SHREDDED LETTUCE CORN REFRIED BEANS PEACHES APPLES CHOC.CHIP COOKIE BOXED HOT DOG ON A CHEESE STICK MARBLE KETCHUP MUSTARD CARROTS BROCCOLI MILK	Sep - 6  CHICKEN STRIPS MASHED POTATOES CHICKEN GRAVY BROCCOLI WHOLE GRAIN ROLL FRESH STRAWBERRIES CHEESE BURGER KETCHUP MUSTARD PICKLES BROCCOLI PORK & BEANS MILK	Sep - 7  CHICKEN PATTY SANDW APPLE SAUCE WATERMELON CARROT & CELERY STIC KETCHUP LASAGNA ROLL UP, W/ S SALAD PEPPERCORN RANCH BREAD STICK MILK	Sep - 8
Sep - 11  BEEF & BEAN BURRITO CHICKEN RICE CORN BLUEBERRIES BOXED POPCORN CHIC CARROTS CELERY STICKS MILK	Sep - 12  PIZZA RIPPERS SALAD PEPPERCORN RANCH PEACHES PINEAPPLE BOXED CHICKEN ENCHI CARROTS CELERY STICKS MILK	Sep - 13  FINGER STEAKS MASHED POTATOES BROCCOLI COUNTRY GRAVY WHOLE GRAIN ROLL GRAPES, FRESH BOXED CALZONE BROCCOLI PORK & BEANS MILK	Sep - 14  ORANGE CHICKEN STIR FRY VEGTABLES EGG ROLL MANDARIN ORANGES PINEAPPLE MANDARIN SAUCE CORN DOG KETCHUP MUSTARD CARROTS CORN MILK	Sep - 15
Sep - 18  CHICKEN PATTY SANDW PORK & BEANS CARROTS APPLE KETCHUP HAMBURGER KETCHUP MUSTARD PICKLES CELERY STICKS MILK	Sep - 19  NACHOS BEEF CORN ORANGES PEARS, DICED:EXLTSYP CHICKEN DRUMSTICK POTATOE GEMS COLESLAW WHOLE GRAIN ROLL MILK	Sep - 20  BREADED PORK PATTIE MASHED POTATOES BROWN GRAVY BROCCOLI ROLL MIXED BERRIES CUPS PEACHES, SLICED, BOU BOXED HAM & CHEESE BROCCOLI PORK & BEANS MILK	Sep - 21  CHICKEN NUGGET SCALLOPED POTATOES PEAS & CARROTS WATERMELON ROLL KETCHUP RIB-B-Q KETCHUP CARROTS CORN MILK	Sep - 22
Sep - 25  MINI CORN DOGS POTATO GREEN BEANS CANNED APPLE SAUCE PEARS, DICED LT SYRP, KETCHUP MUSTARD SPICY CHICKEN SANDWI KETCHUP CARROTS CELERY STICKS MILK	Sep - 26  PIZZA RIPPERS SALAD PEPPERCORN RANCH MANDARIN ORANGES PINEAPPLE MEATBALL SUB CARROTS & JICAMA CU MILK	Sep - 27  COUNTRY FRIED STEAK MASHED POTATOES COUNTRY GRAVY BROCCOLI WHOLE GRAIN ROLL PEACHES GRAPES CHICKEN RANCH WRAP BROCCOLI PORK & BEANS MILK	Sep - 28  HAMBURGER ON A BUN AMERICAN CHEESE PORK & BEANS FRENCH FRIES TROPICAL FRUIT,LT SYR WATERMELON KETCHUP MUSTARD PICKLES CHICKEN ENCHILADA CHICKEN RICE CARROTS CORN MILK	Sep - 29

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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"This Institution is an equal opportunity provider"

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