

FREDERICA ACADEMY

2023 MIDDLE SCHOOL XC



DAY	DATE	OPPONENT	LOCATION	TIME
Saturday	9/2	Jekyll Island Invitational	Jekyll Island	7:30 AM
Thursday	9/14	Meet 1	CCGA	5:00 PM
Thursday	9/21	Meet 2	CCGA	5:00 PM
Thursday	9/28	Meet 3	CCGA	5:00 PM
Thursday	10/5	Championship Meet	CCGA	5:00 PM

Head of School: Scott Hutchinson | **Athletic Director:** Carl Nash

Head Coach: Trey House | **Athletic Trainer:** Adam Norman

HOME OF THE KNIGHTS

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www.fredericaacademy.org

Updated 9/6/23