



ELMA ELEMENTARY SCHOOL BASED HEALTH CENTER

Elma Elementary School's new school-based health center will provide medical, mental health, and dental services for students at Elma Elementary School. A school-based health center (SBHC) fosters learning readiness and academic achievement by ensuring that students' health needs are being met so they can focus on learning, playing, growing, and thriving.

The new school-based health center partners include local service providers: ESD 113, Summit Pacific Medical Center, Olympic Valley Clinic, and Elma Family Dental. These partners will work closely with the school nurse, school counselor, school administration, teachers, and other student support staff in the building to provide safe, appropriate, and culturally competent health care.

The SBHC will offer the following services:

- Well-child checks and immunizations
- Evaluation and treatment of common health problems
- Medication management
- Prevention and early intervention mental health services
- Oral health care, including screening, and referral to treatment
- Preventative health care, including health education and promotion
- Health insurance eligibility and enrollment assistance
- Referrals to other health care providers and specialists as needed



Register today: Complete and sign the school-based health center's registration forms to give your child access to the school-based health center services available at Elma Elementary School.

Fees and Insurance: All students at Elma Elementary School can access the medical, mental health, and dental services provided at the school-based health center. The health care partners accept a wide variety of health insurance plans, including Washington Apple Health (Medicaid). Insurance is not required, and no student will be denied services due to inability to pay. The student assistance navigator will assist families in exploring and enrolling in appropriate health insurance programs as needed.

*For additional questions about the school-based health center, please the SBHC at
ElmaElementarySBHC@esd113.org*



FREQUENTLY ASKED QUESTIONS

1

When is the school-based health center open for services?

Health care services will be offered during regular school hours as well as some before-and/or after school hours. Every effort will be made to schedule health care appointments during nonacademic time.

What is the cost to families and students?

There is no out-of-pocket cost to families and students. Health insurance will be billed for eligible services.

2

3

What services will be offered?

We will offer comprehensive health care services, including health education, medical, mental health, and dental. Services will be offered through scheduled in-person and telehealth appointments.

Where will the school-based health center be located?

Services will be located in Elma Elementary School.

4

5

Who can use the school-based health center?

Any student enrolled in Elma Elementary School can use the school-based health center services. Students must be enrolled in the school-based health center and have a signed registration and consent form to receive services.

How is the school-based health center different from the school nurse?

The school nurse, who is an employee of the school district, will be a valuable member of the school-based health center care team. The school nurse is responsible for the overall health of the students at school and will continue to be the first point of contact when students have a health concern or question at school. The school nurse will be able to refer students and coordinate with the school-based health center if needed for follow-up care, such as getting caught up on immunizations.

6

7

What if my child has an established doctor?

The school-based health center care team will coordinate with other service providers in the community to provide the highest quality care possible. The care team will work with primary care providers, specialty care providers, mental health providers, dentists, etc. in the community when appropriate, based on student health needs. The goal is to treat the whole child, the school-based health center care team partners understand that healthy students learn better. School-based health care services ensure that students' preventive health care needs are not delayed or missed due to any number of access issues faced by families today.



Elma School District is partnering with local health care partners, including ESD 113, Summit Pacific Medical Center, Olympic Valley Clinic, and Elma Family Dental to bring school-based health center (SBHC) services to Elma Elementary School. This SBHC is made possible through funding from the U.S. Dept. of Health and Human Services Health Resources and Services Administration (HRSA) Rural Health Care Services Outreach Grant Program in addition to the local health care partners and their commitment to investing in preventive health services.

Services Overview

Medical - Medical services will be offered during the school year by licensed medical providers. Students will be able to get the same comprehensive medical services they would receive at a traditional primary medical care clinic at the school-based health center. For example, well-child checks, vaccinations, health education, and chronic condition management, such as asthma and diabetes. Same-day illness or injury services, such as sore throat, cough, or an ankle sprain will also be available. Some of these services will be offered through scheduled in-person appointments and others will be offered via telehealth.

Mental Health - Mental health screenings and brief intervention support services, as well as referrals to treatment, will be offered during the school year by ESD 113's student assistance professional. This mental health professional can provide one-on-one, family, or group counseling support for a range of issues or concerns.

Dental - Dental services will be offered during the school year by Elma Family Dental. Oral health education and dental screenings, including fluoride treatments will be offered twice per year. If needed, families will be assisted in connecting to a primary dental care provider in the community for ongoing treatment.

Health Education - Health education includes a variety of age-appropriate topics about living a healthy lifestyle and understanding personal health to help students succeed in school and life. Each of the school-based health center care team members (medical, mental health, and dental) will offer health education opportunities throughout the year.

Student Assistance Navigation - Health care system navigation and care coordination will be offered by the school-based health center through ESD 113. The student assistance navigator will assist families in getting connected to care on-site, via telehealth, and through appointments in the community. The student assistance navigator can also help families get enrolled in health insurance, connect to specialty care, and assist with transportation and interpretation services for appointments if needed.