



# First Grade Back to School Night

## August 30, 2023

Anne (Annie) Montecinos  
Patty Z. Dunhill  
Kelly Westberg  
Hedeliza Fossaceca



Welcome  
**Families /**  
Bienvenidos  
**Familias**



# Agenda

- Welcome
- Introduction of the Teachers
- Principal's Message
- Nutrition
- Inclusion
- Review Curriculum & Specials
- SEL and PBIS
- General Information
- Communication with the Teachers
- Questions and Answers



# School Office Team



Robyn Holmes  
Administrative  
Assistant



Dale Rogers-Eilers  
Principal



Jeff Becher  
School Operation  
Team Leader



Erica Fowler  
Office Assistant  
& Community  
Worker

# First Grade Team



Annie Montecinos  
Classroom Teacher



Patty Z. Dunhill  
Classroom Teacher



Hedeliza Fossaceca  
Special Day Teacher



Kelly Westberg  
Literacy Teacher

# Patty Z. Dunhill

- I grew up in Michigan. I come from a large family with 5 brothers and 2 sisters.
- My husband, Chris, my sons, Griffin, Christman, Hudson and I live near the beach in Pacifica.
- This is my 12th year of teaching. I taught first grade for 7 years & special education 4 years. I have taught 1st - 8th grade.
- I enjoy hiking, swimming, reading, traveling, playing pickleball, and spending time with my extended family in Michigan.

# Annie Montecinos

- ★ I grew up in Pleasanton and always knew I wanted to be a teacher. I earned my Bachelor's at San Diego State and my Master's and Reading Specialist credentials at San Jose State University.
- ★ This is my tenth year teaching, and I have taught kindergarten through third grade.
- ★ I live in South City with my husband, son Kingston (2), and Aiden (10). We love watching movies, playing games, and going to Target. :)

# Hedeliza Fossaceca

- My husband Chris and I live in Dublin with our 8-year-old daughter, Chiara, who is attending 3rd grade here at Meadow Heights.
- This is my 23rd year of teaching! I am starting my 18th year at Meadow Heights!
- I have Master's Degrees in Special Education and School Administration.
- I have taught multiple grade levels within Special Education, and I currently teach Kindergarten through 2nd Grade.
- I enjoy spending time with my family, traveling, shopping, and gardening.



# Meet Your School Counselor

Melissa Beck, MA, PSS



## Message From The Counselor

Hi, I'm Ms. Beck! I'm excited to be your school counselor this year and can't wait to get to know each of you better!



## On Campus, I Help With...

- Second-Step Classroom Lessons
- Short-term Individual Counseling
- Short-term Group Counseling
- Crisis Intervention
- Conflict Mediation
- Positive Behavior Support
- Community Referrals and Resources



# Contact Me



**Email:**

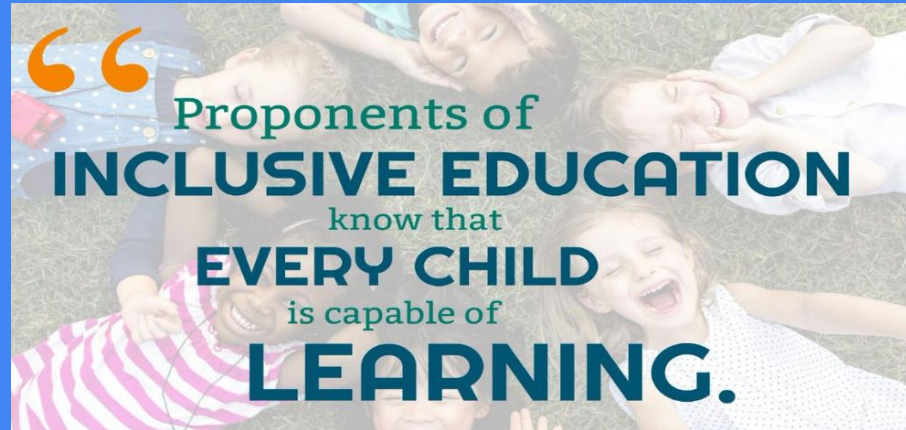
mbeck@smfc.k12.ca.us

**Phone:**

(650) 312-7566 X 4511

Meadow Heights  
continues to develop  
inclusive practices school  
wide.

Students assigned to a  
special day class are  
included in general  
education classes  
throughout the school  
day.





# Early Literacy

**PAF is a multisensory phonics-based program in which reading, spelling, and handwriting are taught as one unified lesson.** It's a beginning reading program that meets the needs of all children, including those at risk for reading failure, and offers instructional techniques based on the latest scientific research.

## PAF Program Implementation

PAF will be implemented as a Tier 1 reading program. PAF lessons will be delivered a minimum of 45 minutes to one hour a day, 5 days a week.

Tier 1 instruction for the whole class by the classroom teacher.

# Benchmark English Language Arts And Social Studies

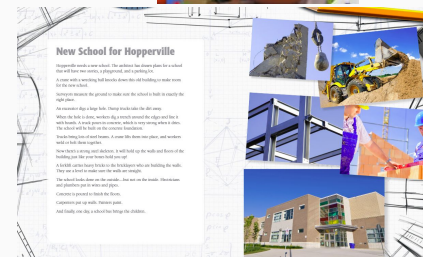


Benchmark Advance is our district adopted ELA curriculum

- Benchmark is a balanced literacy approach to ELA
  - Balanced Literacy has five components:
    - Read Aloud
    - Shared Reading
    - Reading Mini Lesson (Mentor Read)
    - Independent Reading

Social Studies curriculum is embedded in the Benchmark units

- Daily lessons include whole group and small group instruction





# Zearn Math

**Teachers will facilitate Small Group Lessons 4-5 times weekly-students work with:**

- concrete manipulatives
- show their math
- explain their reasoning to the teacher and sometimes in small group settings with fellow students

**Each student completes four Independent Digital Lessons weekly - students work through:**

- Fluency
- concept development
- independent practice at their own pace with supportive digital feedback

## **Grade 1 Missions:**

**1** Add and Subtract  
Small Numbers

**2** Meet Place Value

**3** Measure Length

**4** Add and Subtract  
Bigger Numbers

**5** Work with Shapes

**6** Add and Subtract to  
100



# Twig Science



## 1. Museum of Leafology

- Module Phenomenon: How are all plants alike and how are they different?



## 2. Animal Reporters

- Module Phenomenon: How do animals use their body parts, communicate with their young, and make sounds?



## 3. Shadow Town

- Module Phenomenon: Why is the town of Rjukan in a shadow?



## 4. Patterns in the Sky

- Module Phenomenon: What patterns do we observe in the sky?



# Specials: Music, Art, Library, P.E.

- Music - Myriad Music
- Art lessons- once a month with Mrs. Duncan
- Library - 30 minutes on Mondays and Thursdays
- PE is 4 times a week (Monday, Tuesday, Thursday, Friday)



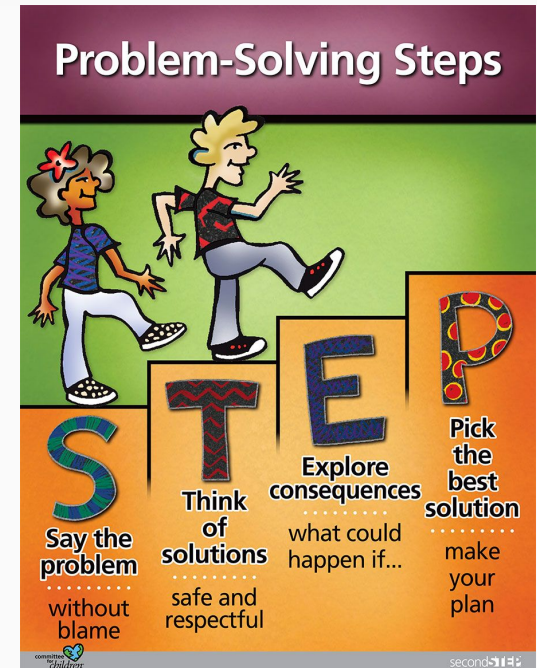


QUESTIONS? / ¿PREGUNTAS?

# Social Emotional Learning



- An important part of First Grade is the Social Emotional Learning
- We will work on sharing our feelings, building peer relationships, decision making skills, and so much more
- Daily Mindfulness Practices
- 2nd Step Curriculum



# Social Emotional Learning Alignment

*Students learn and grow by practicing Life Skills*



**August/September:** Growth Mindset - 2nd Step Unit 1

**October:** Responsibility/Responsible Decision-Making - 2nd Step Unit 1 and 2

**October:** Organization and Time Management - 2nd Step Unit 2

**November:** Emotion Management/Mindfulness

**December:** Generosity

**January:** Self-Awareness and Self-Management - 2nd Step Unit 1 and 2

**February:** Empathy and Kindness - 2nd Step Unit 3

**March:** Problem-Solving and Perseverance - 2nd Step Unit 4

**April:** Resourcefulness

**May and June:** Patience and Flexibility

# Positive Behavioral Interventions & Support

## Meadow Heights Mustangs are...

- Safe
- Respectful
- Responsible



The image shows a 'Mustang Ticket' from Meadow Heights Elementary School. It features a circular logo with a horse and the school's name. The ticket is a form for reporting a student's behavior. It includes a section for the student's name, grade, and date, and a section for staff initials. The ticket also lists three traits: Safe, Respectful, and Responsible, each with a line for a checkmark. At the bottom, there is a thank you message for helping to make the school a safe and amazing place to learn and grow.

**Mustang Ticket**

You've been caught being ...

\_\_\_\_ Respectful/Respetuoso

\_\_\_\_ Safe/Seguro

\_\_\_\_ Responsible/Responsable

Student name: \_\_\_\_\_

Grade: \_\_\_\_\_

Date: \_\_\_\_\_

Staff Initials: \_\_\_\_\_

Thank you for helping to make  
Meadow Heights a safe and  
amazing place to learn and grow!

## How are we implementing this?

- Discussion about what these three traits look like around campus
- Literature
- Examples in the classroom
- Mustang Tickets
- Assemblies
- Soul Shoppe

*Parents can help by reinforcing these character traits at home!*

# Student Expectations (Behavior)



## Whole Body Listening!

Larry wants to remind you to  
listen with your entire body



Eyes = Looking  
toward the speaker



Ears = Both ears  
ready to hear



Mouth = Quiet -  
waiting for your turn  
to talk



Hands = Quiet and  
kept to yourself



Feet = Quiet  
and still



Body = Facing  
toward the speaker



Brain = Thinking about  
what is being said



Heart = Consider  
the speaker and  
others listening

Students will come to class ready to learn.

Students will complete their work at school and read at home everyday.

Students will participate in class lessons and activities.

Students will always try their best.



QUESTIONS? / ¿PREGUNTAS?



# General Information

- Bell Schedule
- Supplies
- Snacks
- Dress Code
- Birthdays
- Homework
- Health & Safety
- Field Trips



# Bell Schedule for First Grade

- Student Supervision on Yard/Gates open 8:00
- First Grade 8:20-2:40
- **Minimum Day Schedule:** 8:20-12:30 (Wednesdays)
  - Students who ride the bus will have lunch on campus before boarding the bus
- First Grade Students will have recess/brunch 10:30-10:50 and lunch/recess from 12:15-1:10.





# Supplies



We have taken care of the supplies needed for each student. Each student have his/her own toolbox for the storage of the supplies. Throughout the year, we will most likely need to reach out to the families to restock some of the supplies.

Please have a backpack, water bottle, and lunchbox for your child. (remember to label these items with your child's first and last name).

# Child Nutrition Services

- Free brunch and lunch are offered to all students
- Second meals and a-la-carte items such as milk or fruit can be purchased if your students have money in their lunch account. To add money to lunch accounts follow the link [myschoolbucks](#) on the Child Nutrition Services web page.
- You do not need to fill out an application for your students to receive free meals but we encourage you to apply. The number of qualifying students determines the District funding and this eligibility may qualify your students for other services and benefits such as p-ebt cards and discounts on bus passes, cable TV, camps among others

Applying online is FAST, SIMPLE, and SECURE at <https://smfcsd.rocketscanapps.com/> If you need a paper *Application for Free and Reduced-Price Meals*, please contact Child Nutrition Services

**For all questions contact Child Nutrition Services**  
**650-312-1968**





# Snacks



Your child will need a snack every day. Please remember that he/she will have about 10 minutes to eat during our morning break. With this in mind, please try to pack a reasonable amount of food for the morning snack. One beverage and two food items seem to be an appropriate amount. Healthy food and snack choices are encouraged.



# Dress Code / Código de Vestir



We ask that your child is always appropriately dressed for school. Please remember that all students need to wear athletic shoes for P.E.

Pedimos que su hijo siempre estén vestido apropiadamente para la escuela. Recuerde que todos los estudiantes tienen que llevar zapatos para correr para educación física.



# Birthdays

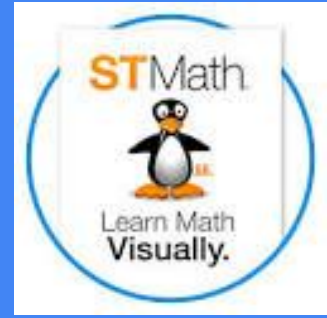


The district has a specific policy regarding birthday celebrations. **Food items are not allowed.** Please do not send in any food items for your child's big day. A special birthday crown, pencil and sticker will be given to the birthday child to help celebrate the day.

**If** you wish to send in goodie bags, please make sure that they do not contain any food items and there are enough bags for all students.



# Homework










We are asking that you and your child practice reading for 15 minutes per day in addition to going to ST Math and Footsteps2Brilliance.

Chromebooks will be sent home **daily** and are expected to be brought back and forth to school. Please make sure that they are **fully charged** before bringing them to school.

# Health and Safety

## I NEED TO STAY HOME IF...

I HAVE A FEVER	I AM VOMITING	I HAVE DIARRHEA	I HAVE A RASH	I HAVE HEAD LICE	I HAVE AN EYE INFECTION	I HAVE BEEN IN THE HOSPITAL
						
Temperature of 100 degrees F or higher	Within the past 24 hours	Within the past 24 hours	Body rash with itching or fever	Itchy head, active head lice	Redness, itching, and/or pus draining from eye	Hospital stay and/or emergency room visit

## I AM READY TO GO BACK TO SCHOOL WHEN I AM...

Fever free without the assistance of medication for 24 hours (i.e., Tylenol, Motrin, Advil)	Free from vomiting for 24 hours.	Free from diarrhea for 24 hours.	Free from rash, itching or fever. I have been evaluated by my doctor if needed.	Treated with appropriate lice treatment at home.	Free from drainage and/or have been evaluated by my doctor if needed.	Released by my medical provider to return to school.
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If your child has strep throat or another bacterial infection, he/she should stay home until the antibiotic has been given for at least 24 hours and your health care provider has given permission for your child to return to school. We encourage you to seek medical attention when your child is sick and to follow your health care provider's recommendations about returning to school and other activities.





# Field Trips



We will try to have one to two field trip during the year.

More information coming soon...



[illegible]