

2023

October

For immediate issues, please contact Melissa Soucy at (973) 464-2469

CALENDAR YEAR

685 Bloomfield AvUe., Verona NJ 07009

| Monday   | Tuesday   | Wednesday  | Thursday   | Friday   | Sat | Sun |
|--|---|--|--|--|-----|-----|
| 2<br>General Tso Chicken<br>veggie lo mein<br>mini egg roll      | 3<br>Street Corn Chicken<br>Spanish Rice<br>Roasted broccoli                                      | 4<br>Cheese Burger<br>french fries<br>small cookie                       | 5<br>Chicken Fried Steak<br>Garlic Smashed Potatoes<br>Biscuits/Gravy        | 6<br>Fettuchini Alfredo<br>buttered peas<br>garlic knots   | 7   | 8   |
| 9<br>NO SCHOOL   | 10<br>Jamacian Beef Pattie<br>Mac & Cheese<br>corn  | 11<br>Sausage, Broccoli, & Bow tie pasta<br>garlic bread<br>small cookie | 12<br>Chicken Lombardy<br>Penne Pasta<br>buttered peas                       | 13<br>Forte Pizza<br>small caesar salad<br>small cookie    | 14  | 15  |
| 16<br>Pepper Steak<br>Basmati Rice<br>mini egg roll              | 17<br>Taco Tuesday (2)<br>Cilantro Lime Rice<br>corn  | 18<br>Meatballs over pasta<br>garlic bread<br>dessert                    | 19<br>Cheese Steak<br>Frenc Fries<br>w/wo pepper & onion                     | 20<br>Cheese Calzones w/wo ham<br>zeppolies<br>small salad | 21  | 22  |
| 23<br>Chicken Potstickers<br>Chicken Fried Rice<br>Rstd Broccoli | 24<br>Beef Burritos<br>Spanish Rice<br>Churros  | 25<br>Lasagna<br>Garlic Bread<br>Small Salad                             | 26<br>Roasted Mediterranean Shrimp Bowl<br>Focchia Bread<br>Roasted Broccoli | 27<br>Forte Pizza<br>chips<br>small salad                  | 28  | 29  |
| 30<br>Orange Chicken<br>Fried Rice<br>Chinese noodles            | Late start 10:00<br>31<br>Special Halloween Menu<br>Pumpkin Cheese Quesodillas<br>ghostly dessert |  |  |  |     |     |

\* Each menu meal includes a 12oz soda or 14 oz Hydration Station water

\*\* Juice is available at an extra cost, with the exception of breakfast for lunch