



BREAKFAST

K-12



SEPTEMBER 2023

Copiah County School District

Monday



Tuesday



Wednesday



Thursday



Friday

Sausage and Biscuit
Pancake on a Stick
Assorted Fruit Juice
Fruit
Milk

1



Holiday

4

Breakfast Pizza
Waffles
Assorted Fruit Juices
Fruit
Milk

5

Pop-Tarts
Assorted Cereals
Cheese Omelet
Assorted Fruit Juices
Fruit
Milk

6

French Toast Sticks
Assorted Cereals
Assorted Fruit Juices
Fruit
Milk

7

Sausage and Biscuit
Cheese Omelet
Assorted Fruit Juice
Fruit
Milk

8

Sausage and Biscuit
Pancake on a Stick
Assorted Fruit Juice
Fruit
Milk

11

Breakfast Bread
Bacon Strips
Sausage and Biscuit
Assorted Fruit Juices
Fruit
Milk

12

Mini Pancakes in a Bag
Chicken Biscuit
Assorted Fruit Juices
Fruit
Milk

13

Muffins
Assorted Cereals
Apple Frudel
Assorted Fruit Juices
Fruit
Milk

14

Pop-Tarts
Assorted Cereals
Cheese Omelet
Assorted Fruit Juices
Fruit
Milk

15

Cinnamon Rolls
Bacon Strips
Cheese Omelet
Assorted Fruit Juices
Fruit
Milk

18

Bagels
Sausage and Biscuit
Assorted Fruit Juices
Fruit
Milk

19

Apple Frudel
Chicken Biscuit
Assorted Fruit Juices
Fruit
Milk

20

French Toast Sticks
Chicken Biscuit
Assorted Fruit Juices
Fruit
Milk

21

Breakfast Bread
Bacon Strips
Sausage and Biscuit
Assorted Fruit Juices
Fruit
Milk

22

Sausage and Biscuit
Pancake on a Stick
Assorted Fruit Juice
Fruit
Milk

25

Breakfast Pizza
Waffles
Assorted Fruit Juices
Fruit
Milk

26

Mini Pancakes in a Bag
Chicken Biscuit
Assorted Fruit Juices
Fruit
Milk

27

Pop-Tarts
Assorted Cereals
Cheese Omelet
Assorted Fruit Juices
Fruit
Milk

28

Mini Pancakes in a Bag
Chicken Biscuit
Assorted Fruit Juices
Fruit
Milk

29

