

MALE Required Hair Style and Other Uniform Restrictions for AFJROTC: The below list applies when the cadet is wearing the AFJROTC Uniform:

1. Hair: Will not exceed 2.5 inch in bulk on the top of the head regardless of the length. Bulk is the distance that the hair projects from the scalp when groomed (as opposed to length of the hair).
2. Hair should be no longer than 1/4 inch at the termination point around the base of the neck and ears.
3. Must be able to wear the Air Force hat with no long hair sticking out the front or sides of the cap.
4. Your hair must have a tapered appearance on both sides and back. A tapered appearance means that, when viewed from any angle, the outline of the hair on the side and back will generally match the shape of the skull, curving inward to the end point.
5. Hair must be a natural color (no faddish hair styles/colors), and hair must be all one color. No designs may be cut into the hair, no mohawks, no "fo-hawks". No "twists/fusing" or braids.
6. Shaving: All males must be cleanly shaved in uniform and PT gear. May wear a mustache cut at corners of mouth, and no hair hanging over the lip.
7. Sideburns: You may have sideburns if they are neatly trimmed and tapered in the same manner as your haircut. Sideburns must be straight and of even width (not flared or cut to a point) and end in a clean-shaven horizontal line. They may not extend below the lowest part of the outer ear opening.
8. Jewelry: No more than 3 rings on your 8 fingers (no thumb rings), and no earrings on boys. No visible necklaces. A conservative bracelet up to 1/2 inch wide is allowed. No rubber cause bracelets.

NOTE: You will not be given your uniform until hair and shave are within standards.

FEMALE Required Hair Style and Other Uniform Restrictions for JROTC: The below items apply when the student is wearing the AFJROTC Uniform:

1. Hair: Will not exceed 4 inches in bulk on the top of the head. Bulk is the distance that the hair projects from the scalp when groomed (as opposed to length of the hair). Do not cut into faddish style or shave a portion of the hair.
2. Girls may shave their entire head, but it must be one length. Hair must allow proper wear of the uniform flight cap.

3. Hair Color: Female cadets will not dye their hair multiple colors or any single color that is not natural (born with) or does not compliment the skin tone. No designs may be cut into the hair or eyebrows.
4. Hair Bun: Girls will put their hair up in a “bun” centered at the base of the neck or cut to a length where it does not hang below the bottom of the shirt collar. Must be able to wear the Air Force Hat properly. Buns will NOT be on the top of the head. Bun may be no more than the width of the head. When hair is in a bun, the bun must be a single bun; all loose ends must be tucked in and secured.
5. Ponytail: When hair is in a ponytail or equivalent, it must be a single ponytail or equivalent that does not extend below a horizontal line running between the top of each sleeve inseam at the under arm through the shoulder blades. **Exception:** While wearing the Physical Training Gear (PTG), long hair will be secured but may have loose ends and may extend below a horizontal line running between the top of each sleeve inseam at the under arm through the shoulder blades.
6. One or two braids or a single ponytail or equivalent may be worn down the member’s back with length not extending below a horizontal line running between the top of each sleeve inseam at the under arm through the shoulder blades. The braid(s) or ponytail or equivalent cannot be worn over the shoulder or pulled in front of the body. They shall extend down the member’s back. Bangs, or side-swiped hair, may touch eyebrows but will not touch or cover eyes.
7. Hair bobby pins and rubber bands will be the same color as the hair (or close to it) or black. No bows or metal fashion clips in hair with the uniform.



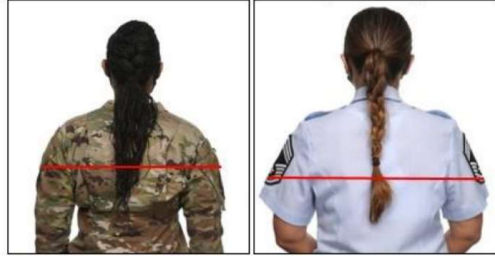
Figure 3.5. Authorized Female Ponytails/Equivalent and Long braid(s) Hair Styles Examples.



Unbraided Single Ponytail/Pull-through Ponytail Style/Braided Ponytail



FIGURE 3.6 Unauthorized Female Ponytail Examples.



Exceeds Length Requirement



Ponytail Fasten on the Crown of Head.

8. Makeup/Nails: Makeup should be conservative and professional looking. If painting nails, use one color and must be a conservative color or French manicure. Black, pink, white, gold, etc. are not allowed.
9. Earrings: Only ONE earring in each ear, lowest part of ear lobe; can only be round or square white diamond, silver, gold, or white pearl stud.
10. Jewelry: No more than 3 rings on your 8 fingers (no thumb rings). No visible necklaces. A conservative bracelet up to ½ inch wide is allowed. No rubber cause bracelets.

CADET AGREEMENT: I understand these instructions as listed above and agree to follow them FOR as long as I am enrolled in AFJROTC.

STUDENT SIGNATURE: _____ DATE _____

PARENT SIGNATURE: _____ DATE _____