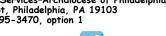


## Elementary & Middle Lunch September 2023 Slogan Winner: "School Lunch radiates positivity"

- Emily R. Nazareth Academy, grade 7

Nutritional Development Services-Archdiocese of Philadelphia 222 N 17th St, Philadelphia, PA 19103 215-895-3470, option 1



Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich, all items are pork-

	NDSSchoolLunchProgram	SchoolMealsNDS Sc	hoolMealsNDS fre	ee.
Monday	Tuesday	Wednesday	Thursday	Friday
September is National Food Safety Month!  Think FOOD Safe.	Two Cheese Chicken Quesadilla Salsa Sunset Sip Vegetable Juice Dole Pear Cup Tostito Scoops	Mac & Cheese with Broccoli Cherry Star Vegetable Juice Craisins Dinner Rolls	Cheese Pizza Dragon Punch Vegetable Juice Rosati Water Ice Football Freeze Cherry	Hamburger NEW Bagged Baby Carrots Chocolate Brownie Hummus Fresh Fruit
Meatloaf with Gravy & Mashed Potatoes Sunset Sip Vegetable Juice Mixed Berry Applesauce Honey Biscuit	Spicy Grilled Cheese NEW Marinara Sauce Dragon Punch Vegetable Juice Fresh Fruit	BBQ Popcorn Chicken with Sweet Mashed Potatoes Celery Fruit Punch Juice Dinner Roll	Waffle with Cheese Sandwich NEW Baked Beans Strawberry Gello Bowl  HISPANIC HERITAGE MONTH	Pepperoni Calzone NEW Romaine Salad with Spinach & Chickpeas Fresh Fruit
Professional Development  No School for Students	Swedish Meatballs with Noodles & Broccoli Dragon Punch Vegetable Juice Dole Mixed Fruit Cup Dinner Roll	Chicken Tenders with Corn Cherry Star Vegetable Juice Fresh Fruit Chocolate Chip Cookie	Round Cheese Pizza Romaine Salad with Spinach & Chickpeas Fruit Punch Juice	Taco Stick Salsa Sunset Sip Vegetable Juice Fresh Fruit Tostito Scoops
Meatloaf with Gravy & Mashed Potatoes Dragon Punch Vegetable Juice Cherry Craisins Hamburger Bun	Penne Pasta with Meat Sauce & Italian Vegetable Blend Wango Mango Vegetable Juice Strawberry Gello Cup Honey Biscuit	Ciabatta Cheese Melt Marinara Sauce Cheesy Pizza Hummus Fresh Fruit Cinnamon Scooby Snacks	Buffalo Chicken Calzone NEW Bagged Baby Carrots Cherry Star Vegetable Juice Apple Cherry Juice Oatmeal Cookie	Pizza Boli NEW Romaine Salad with Spinach & Chickpeas Fresh Fruit

## MENU IS SUBJECT TO CHANGE



