



Elementary & Middle Lunch September 2023

**Slogan Winner: "School Lunch radiates positivity"
- Emily R. Nazareth Academy, grade 7**

Nutritional Development Services-Archdiocese of Philadelphia
222 N 17th St, Philadelphia, PA 19103
215-895-3470, option 1



NDSSchoolLunchProgram



SchoolMealsNDS



SchoolMealsNDS

Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free.

Monday	Tuesday	Wednesday	Thursday	Friday
4  September is National Food Safety Month! 	5 Two Cheese Chicken Quesadilla Salsa Sunset Sip Vegetable Juice Dole Pear Cup Tostito Scoops	6 Mac & Cheese with Broccoli Cherry Star Vegetable Juice Craisins Dinner Rolls	7 Cheese Pizza Dragon Punch Vegetable Juice Rosati Water Ice Football Freeze Cherry 	8 Hamburger <i>NEW</i> Bagged Baby Carrots Chocolate Brownie Hummus Fresh Fruit
11 Meatloaf with Gravy & Mashed Potatoes Sunset Sip Vegetable Juice Mixed Berry Applesauce Honey Biscuit	12 Spicy Grilled Cheese <i>NEW</i> Marinara Sauce Dragon Punch Vegetable Juice Fresh Fruit	13 BBQ Popcorn Chicken with Sweet Mashed Potatoes Celery Fruit Punch Juice Dinner Roll	14 Waffle with Cheese Sandwich <i>NEW</i> Baked Beans Strawberry Gello Bowl 	15 Pepperoni Calzone <i>NEW</i> Romaine Salad with Spinach & Chickpeas Fresh Fruit
18 Professional Development No School for Students	19 Swedish Meatballs with Noodles & Broccoli Dragon Punch Vegetable Juice Dole Mixed Fruit Cup Dinner Roll	20 Chicken Tenders with Corn Cherry Star Vegetable Juice Fresh Fruit Chocolate Chip Cookie	21 Round Cheese Pizza Romaine Salad with Spinach & Chickpeas Fruit Punch Juice	22 Taco Stick Salsa Sunset Sip Vegetable Juice Fresh Fruit Tostito Scoops
25 Meatloaf with Gravy & Mashed Potatoes Dragon Punch Vegetable Juice Cherry Craisins Hamburger Bun	26 Penne Pasta with Meat Sauce & Italian Vegetable Blend Wango Mango Vegetable Juice Strawberry Gello Cup Honey Biscuit	27 Ciabatta Cheese Melt Marinara Sauce Cheesy Pizza Hummus Fresh Fruit Cinnamon Scooby Snacks	28 Buffalo Chicken Calzone <i>NEW</i> Bagged Baby Carrots Cherry Star Vegetable Juice Apple Cherry Juice Oatmeal Cookie	29 Pizza Boli <i>NEW</i> Romaine Salad with Spinach & Chickpeas Fresh Fruit

MENU IS SUBJECT TO CHANGE

***NEW*= New Item**

PLEASE READ CAREFULLY Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

