

# Student Health Advisory Council (SHAC) Meeting

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**Location:** Godley Middle School CLI 9401 Hwy 171 Godley TX 76044

**Date:** April 6, 2022

**Time:** 6:00 pm

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## Attendance

Committee members:

Brian Hunt – Chair Director of Safety and Well Being, Godley ISD

Brian Mourning - Co-Chair, Parent

Leslie Wilson, Teacher

Wendy Fisk, School Counselor

Alice Brooks, Classroom Teacher

Kayla Lain, Parent

Doug Gallagher, Parent

Jason Karnes- Assistant super Intendant

Marty Oliver- Technology

Community members:

Ammie Hill

Mark Wilson

## Agenda Items

1. Introduction of Members
2. Review SHAC Responsibilities
3. Wellness Policy (action items related to Wellness Policy are labeled as such)
4. Plan Date and Time for Next SHAC Meeting
5. Adjournment

## Action Items

1. Introduction of the committee members present at the meeting
2. Discussed what was expected of this meeting:
  - A. Reviewing the Responsibilities of the SHAC council and the wellness Policy to be able to become familiar with such tasks, including goals/objectives for the Wellness Policy for Godley ISD

3. (Wellness Policy) Asked for volunteers for a Fitness subcommittee. Volunteers that are willing:
  - a. Alice Brooks
  - b. Leslie Wilson
  - c. Doug Gallagher
  - d. Kayla Lain

A. Will figure the responsibilities of the subcommittee-  
One item to be discussed at future meeting of subcommittee-

  - aa. recommendations for high school students to continue fitness programs after their required 1-2 years of PE (lifetime fitness class- elective)
4. (Wellness Policy) Student Handbook and student Code of Conduct- will be the task of Brian Hunt
5. (Wellness Policy) Discussed future health related activities such as a health fair possibly in the fall. Have local health services to be included.
6. (Wellness policy) Discussed Well policy and reviewed Goals to be able to discuss objectives for goals at next meeting.
  - A. Soliciting Involvement and input
    - aa. Public meeting and invite parents
    - bb. Ask Godley ISD employees- emails and ask feedback
    - cc. Invite students to be a part of the SHAC committee and use district resources to recruit students
  - B. Nutrition
    - aa. Brian Hunt will research the specific Smart Snack Standards to be adequately prepared for goal setting at next meeting.
    - bb. Become versed in the difference in marketing vs selling – (for example- band fundraiser chocolate bars)
    - cc. Discussed the nutrition and nutrition promotion goals in depth to be prepared to make objectives for the goals and discussion at next meeting
      - Make a big push for healthy nutrition through community and the parents with community involvement (local restaurants)
      - Appeal to the low socioeconomic population including possible alternative to unhealthy snacks
      - Possible rewards program similar to reading program such as “caught you eating healthy” with some sort of reward

- Possible grab and go healthy options
- dd. Implementation of nutrition goals into the curriculum
- Lifetime fitness and nutrition elective
7. (Wellness Policy) Implementing goals for Physical Activity
- A. Ideas include youth official training for PE credit within the curriculum at the high school – if within the school day would not need to provide transportation of the students after school. Students could be active and learn to officiate for community sports and get paid for their services. Also, could be a valuable asset to the students to be able to earn income when they are in college.
8. (Wellness Policy) Implementing goals for other school based activities
- A. Idea includes healthy grab and go options.
9. (Wellness Policy) Comply with legal requirements of the legal requirements of the wellness policy- Brian Hunt will take responsibility for this
10. Date of next meeting set in agreement of the committee
11. Adjourned at 6:55 pm

## Other Notes

Group requests copy of the minutes of the meeting. Discussed that they will be posted to website as well as copies will be shared with the group.