

Dear ECISD families,

East Central ISD is a trauma informed district and is currently working diligently to meet the social/emotional needs of our students and to provide support to help them be successful. Students who have gone through a traumatic life event and may need additional support at school are identified as an EC Cares student. The following are opportunities for support children may receive:

- Referrals to appropriate community agencies
- Small group counseling
- Short term individual counseling
- Behavior supports; check-in/check-out mentor; Daily Behavior Report Card

Attached is a resource sheet for your use if there are other services you or your student may need or find useful.

Please don't hesitate to contact me at (school #) or our ECISD Social Worker, Raquel Hernandez, at 210-634-6281, any time if you have questions, concerns, or to notify us if your family or a family you know needs assistance.

Sincerely,

School Counselor