

At HILLS CHAPEL, we take the safety and wellbeing of our students seriously. In the event that your child experiences a crisis situation after school hours, over the weekend, or during holidays or breaks, we want you to be equipped with resources to ensure their safety.

If a child is experiencing:

- Depression/Anxiety
- Suicidal thoughts or makes a definite threat to commit suicide
- Shows evidence of self-injurious behavior (cutting, burning, or other evidence of self-inflicted harm)

DON'T DELAY! You should do any of the following:

- Call 911
- Immediately take your child to the nearest emergency room
- Contact the National Suicide Prevention Lifeline for guidance
- Contact a local mental health provider and ask for information on the process for having a safety assessment completed.

After having the safety assessment completed, you should notify an Administrator or Counselor at HILLS CHAPEL and provide documentation indicating that the student is safe to return to school.

IMPORTANT RESOURCES AND CONTACT INFORMATION

988 Suicide & Crisis Lifeline

We can all help prevent suicide. The 988 Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States.

