



ACADEMY- Cafeteria Menu

September 2023

Monday	Tuesday	Wednesday	Thursday	Friday
				¹ Chicken Nuggets Fries Vegetable & Fruit
⁴ NO SCHOOL LABOR DAY	⁵ Hot Dog Chips Vegetable & Fruit	⁶ Shoyu Pork Rice Vegetable & Fruit	⁷ Chicken Penne in Cream Sauce Vegetable & Fruit	⁸ Beef Stew Rice Vegetable & Fruit
¹¹ Turkey on a Hoagie Chips Vegetable & Fruit	¹² Chicken Patty w/gravy Mashed Potatoes Vegetable & Fruit	¹³ Kalua Pig & Cabbage Rice Vegetable & Fruit	¹⁴ Chow Fun (w/meat & vegetable) Fruit	¹⁵ Hamburger Steak Rice Vegetable & Fruit
¹⁸ Pastrami Sandwich Chips Vegetable & Fruit	¹⁹ Cheeseburger Fries Vegetable & Fruit	²⁰ BBQ Meatballs Rice Vegetable & Fruit	²¹ Shoyu Chicken Rice Vegetable & Fruit	²² Fish Sticks Fries Vegetable & Fruit
²⁵ Tuna on a Hoagie Chips Vegetable & Fruit	²⁶ Bacon Mac & Cheese Vegetable & Fruit	²⁷ Hamburger Curry Rice Vegetable & Fruit	²⁸ Chicken Adobo Rice Vegetable & Fruit	²⁹ Spaghetti (Penne) Garlic Bread Vegetable & Fruit

Menu subject to change with notice