

If you have tested positive for COVID-19, please follow the [CDC](#) and [Utah Department of Health and Human Services](#) guidelines for isolation before returning to campus. Please note the recommendation is to mask around others for 5 days after your isolation ends.

This is a handy [calculator](#) for figuring out how long you need to isolate. Keep your supervisor and [Nicholas Renzo](#), Director of People, updated about the time you will be home. Remember to enter any sick-time into Paycom.

Take time to [notify individuals](#) who were within 6 feet of you for more than 15 total minutes in a 24-hour period of time beginning two days before your symptoms started.

You can find all of these links and more on [rowlandhall.org/health](#)

Please let us know if you have any questions or concerns.

Healing thoughts,

Andrea and Teal

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