



"NOT ALONE"

FREE EVENT for teens

www.ishawarriors.com/notalone

PROMOTING MENTAL HEALTH & SUICIDE PREVENTION



Honor a loved one

Lanterns can be pre-ordered or purchased the night of for \$15 while supplies last.



Teen Speakers & Yoga

Bring a mat! Get inspired and uplifted doing a beginner level yoga class with Isha Warriors owner, Alli Louthain.



Lanterns on the Lake

Feel hope as you connect with others while taking a moment to remember those we have lost.



**THURSDAY,
SEPTEMBER 7TH,
2023**

AVON, INDIANA
Washington Township Park
7-9PM AGES 13 & UP

