



# Physical Education

## 9<sup>th</sup>-10<sup>th</sup> Grade

- PS 1 The physically literate individual demonstrates competency in a variety of motor skills and movement patterns.
- PS 2 The physically literate individual applies knowledge of concepts, principles, strategies, and tactics related to movement and performance.
- PS 3 The physically literate individual demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness.
- PS 4 The physically literate individual exhibits responsible personal and social behavior that respects self and others.
- PS 5 They physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression, and or social interaction.
- PS 6 9-10.RST.4 Determine the meaning of symbols, key terms, and other domain-specific words and phrases as they are used in a specific scientific or technical context relevant to grades 9–10 texts and topics.
- PS 7 9-10.WHST.9 Draw evidence from informational texts to support analysis, reflection, and research.